



Oifig an Chomhairleora Chliniciúil
Náisiúnta agus Ceannaire Grúpa do
Mheabhairshláinte

HSE, Ospidéal an Dr Stevens, Baile Átha
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Deputy Sorca Clarke,
Dail Eireann,
Leinster House,
Kildare Street,
Dublin 2.

07.11.2025

PQ Number: 56262/25

PQ Question: To ask the Minister for Health the current waiting list figures for ADHD assessments by county; and the reduction targets or timelines being set under Budget 2026.
-Sorca Clarke

Dear Deputy Clarke,

The Health Service Executive has been requested to reply directly to you in the context of the above Parliamentary Question, which you submitted to the Minister for Health for response. I have examined the matter and the following outlines the position.

The HSE Adult ADHD National Clinical Programme (NCP) was launched by Minister Butler in 2021. Since then, she has funded all 11 catchment area teams over the past 3 years. Seven services are now in place with the service funded late 2024 due to open this November. The three remaining services funded this year are in the process of being established by the NCP's Clinical Lead who is working closely with the relevant Mental health Management Teams involved regionally.

The existing services have all been negatively impacted by very high referral numbers multiples of those anticipated when the NCP's Model of Care (MoC) was designed pre-pandemic. In addition, the HSE recruitment embargo meant this was compounded by staff vacancies not being filled. These vacant existing posts have been gradually filled this year. However, in one Region (Dublin South Central/West) there is a delay in getting approval for 2 vacant posts to be filled a delay of 2 years in filling a nursing post in the Sligo/ Leitrim/ Donegal Service

The table below shows the waiting list numbers and time for each service.

As a consequence of the unprecedented high referral numbers, the NCAGL Mental Health in conjunction with ADHD Ireland asked the NCP's Clinical Lead and ADHD Ireland's Clinical Lead to consult and design a proposal to better meet the need for assessment of ADHD in adults in Ireland. This Report is under consultation and, if approved, will lead to the development of a Primary Care Hub working in tandem with each existing service. It also identified amendments to the current MoC which would enable existing services to continue to function and specifically accept GP referrals. These amendments are being piloted in the Midlands Service and will also be implemented in the four new services being established.



HSE Health Region	Service	Comment	Number on waiting list	Waiting times
HSE Dublin and Midlands	Dublin South Central and West	Sees CAMHs transfers only	22	3 months (sees CAMHs transfers only)
	Midlands/Kildare/West Wicklow	Open July 2024 to Laois/Offaly	201	6 months
HSE Dublin and North East	Dublin North City and County	DOH allocated funding 2025	N/A	N/A
	Cavan/Monaghan/Louth/Meath	DOH allocated funding late 2024 and staff in recruitment.	N/A	N/A
HSE Dublin and South East	Dublin South East and Wicklow	Closed to GP referrals in May 2024. Has waiting list of GP referrals of 700 approx.	700+	Closed to GP referrals. Needs waiting list initiative
	Waterford/Wexford/Kilkenny/Cavan/South Tipperary	DOH allocated funding in 2025. Staff in recruitment.	N/A	N/A
HSE Mid-West	Limerick/Clare/North Tipperary	Open to all referral sources	180	15-18 months
HSE West and North West	Sligo/Leitrim/Donegal	Open to all referral sources	247	2.5 years
	Galway/Roscommon/Mayo	DOH allocated funding in 2025. Staff in recruitment	N/A	N/A
HSE South West	Kerry/West Cork	Service closed to all referrals in December 2024 when consultant retired. Replacement in	184	2 years
	Cork City and North Cork	referrals September 2024.	130	15-18 months (closed to GP referrals)

Additional staff will be requested as recommended under the revised Model of Care, especially NCHD posts for each of the new services being set up to avoid waiting lists developing.

I trust this information is of assistance to you.

Yours Sincerely,

Dr Amir Niazi
National Clinical Advisor & Group Lead for Mental Health
Clinical Design and Innovation
Health Service Executive