



Deputy Holly Cairns,
Dail Eireann,
Leinster House,
Kildare Street,
Dublin 2.

12.11.2025

PQ Number: 56929/25

PQ Question: To ask the Minister for Health the staffing numbers for adult ADHD assessment services for 2025, in tabular form. -Holly Cairns

Dear Deputy Cairns,

The Health Service Executive has been requested to reply directly to you in the context of the above Parliamentary Question, which you submitted to the Minister for Health for response. I have examined the matter and the following outlines the position.

I have created in tabular format indicating in one column the numbers funded by the DoH which was subsequently transferred locally for recruitment. The second column indicates the number actually in place.

The staffing in each service is recommended in the Adult ADHD National Clinical Programme Model of Care is:

- 1 Consultant Psychiatrist
- 1 Administrator Grade 4
- 1 Clinical Nurse Specialist (CNS)
- 1 Senior Occupational Therapist (OT)
- 1 Senior Psychologist

Please see below table for current staffing numbers for each team.

HSE Region	Service	Funded	In post	Comment
HSE Dublin/Midlands	Dublin South Central and West	5	3	Only seeing CAMHS transitions. CNS and OT post vacant
	Midlands/ Kildare/ West Wicklow	5	5	Psychology post converted to NCHD
HSE Dublin and North East	Dublin North City and County	5 posts funded	0	Service in process of being



				established
	Cavan/ Monaghan/ Louth/ Meath	5	4	CNS due to start. Service opened to referrals this month
HSE Dublin and South East	Dublin South East and West	6	6	Closed to GP referrals 700+ adults on waiting lists
	Waterford/ Wexford / Carlow/ Kilkenny/ S. Tipperary	5 posts funded 2025	3	CNS and Consultant in recruitment. Service to open mid 2026
HSE West and North West	Sligo/ Leitrim/ Donegal	3.5	2.5	CNS post vacant past 2 years. Waiting list of 2 ½ years
	Galway/ Roscommon/ Mayo	5 posts funded 2025	0	Recruitment due to start
HSE South West	Kerry/ West Cork	5	3+ 0.4 WTE Consultant locum	Consultant recruited and awaiting start date. OT post being filled. Closed to referrals until consultant in place.
	Cork City and North Cork	5	5	Closed to GP referrals
HSE Midwest	Limerick/ Clare/ North Tipperary	6	5	OT post vacant. waiting list of 1 ½ years.

In summary:

- Of the original 6 existing services 2 have stopped taking GP referrals to deal with the existing waiting lists. The remaining two are open to GP referrals but have significant waiting lists.
- The 7th service is a pilot site in which amendments to the original Model of Care are being tested. This is making good progress and this amended Model of Care is being implemented in the remaining 4 sites. A key development has been the addition of an NCHD to the Team.
- Of the remaining new sites, one was funded in late 2024 and opened this month. Recruitment and then training is scheduled for the remaining 3 sites.



I trust this information is of assistance to you.

Yours Sincerely,

Dr Amir Niazi
National Clinical Advisor & Group Lead for Mental Health
Clinical Design and Innovation
Health Service Executive