



**Stiúrthóra Náisiúnta
Acmhainní Daonna**
Feidhmeannacht na Seirbhísí,
Sláinte Ospidéal Dr. Steevens',
Baile Átha Cliath 8, D08 W2A8.

**National Director
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Sorca Clarke, T.D.

26 September 2025

PQ 46529/25 (Health): To ask the Minister for Health if she will provide figures on the proportion of practising counsellors and psychotherapists who are contracted with or provide services directly to the HSE; and the proportion that operate privately and are subject to VAT. - Sorca Clarke

Dear Deputy,

I refer to your recent Parliamentary Question which was sent to the HSE for response.

Regarding the grade group of Counsellor Therapists, there are currently 310 WTE across Ireland who are employed by the HSE. 0.5 wte of this relates to the grade of "Psychotherapist". Of note there are a number of different grade groups of psychologists of which there are 1,241WTE. I refer you to the Health Services employment report [health-services-employment-report-august-2025.pdf](#) which provides details on WTE and headcount on all grade groups.

The table below shows WTE and Headcount from 2019 to present and may be useful. Please note this does not include those who are contacted privately or through agency as this information is not collated centrally.

Overall – Counsellor Therapists by Region Dec 19 to Aug 25	WTE DEC 2019	WTE DEC 2020	WTE DEC 2021	WTE DEC 2022	WTE DEC 2023	WTE DEC 2024	WTE AUG 2025	HC DEC 2019	HC DEC 2020	HC DEC 2021	HC DEC 2022	HC DEC 2023	HC DEC 2024	HC AUG 2025	WTE Change since 2019	HC Change since 2019	% WTE Change since 2019	% HC Change since 2019
Counsellor Therapists Dec 2019 to Aug 25	238	244	274	288	313	320	310	266	273	307	323	347	352	346	72	80	30%	30%
HSE Dublin & North East	69	68	68	67	77	77	70	76	75	76	74	84	83	78	2	2	2%	3%
HSE Dublin & Midlands	55	54	57	60	61	63	59	62	63	65	70	70	71	67	4	5	8%	8%
HSE Dublin & South East	26	24	37	42	45	45	45	28	27	41	45	48	48	49	18	21	69%	75%
HSE South West	41	39	42	43	50	52	50	44	42	45	47	56	57	56	10	12	24%	27%
HSE Midwest	13	16	14	16	17	18	17	15	18	16	17	18	19	19	4	4	35%	27%
HSE West & North West	28	33	42	45	47	48	52	33	37	49	54	54	55	59	24	26	87%	79%
HSE Centre	7	10	14	15	16	17	16	8	11	15	16	17	19	18	9	10	121%	125%

I trust this is of some assistance.

Yours sincerely

Mairéad Ryan
National HR