



26 September 2025

Deputy Colm Burke, TD
Dáil Éireann
Leinster House
Kildare Street
Dublin 2

RE: PQ 48195/25

To ask the Minister for Health the number of type 2 diabetics who receive multiple daily insulin injections; the waiting list times to be considered, for this method of treatment; and if she will make a statement on the matter.

Dear Deputy Burke,

The Health Service Executive has been requested to reply directly to you in relation to the above parliamentary question, which you submitted to the Minister for Health for response. I have consulted with the National Clinical Programme (NCP) for Diabetes on your question and have been informed that the following outlines the position.

Type 2 diabetes is a condition where the body does not produce enough insulin for the body's requirements, resulting in high glucose levels. Several treatment options for lowering glucose levels are available.

Insulin treatment is an injectable therapy and, in type 2 diabetes, is usually used either temporarily (e.g. during periods of illness, steroid use), or when other suitable treatment options have not provided acceptable glucose control.

Multiple daily insulin injections refer to a regimen consisting of three or more self-administered insulin injections per day. This is a commonly used regimen when insulin is required, allowing for good control and flexibility.

However, the number of people with type 2 diabetes on insulin is unclear, as any available data does not differentiate between the different types of diabetes.

There is no specific waiting list time for this treatment. People being considered for escalation of treatment are usually referred for a specialist opinion to an endocrinologist and multiple daily injection regimen insulin is one of several potential treatment options.

I trust this information is of assistance to you, but should you have any further queries please do not hesitate to contact me.

Yours sincerely

Anne Horgan
General Manager