At the eye appointment:

What happens in an eye test?



Today you have come to have your eyes checked.

I will talk with your Mam or Dad about you and your eyes.



I will ask you to sit down in a chair in my clinic room

You might wear an eye patch or special glasses.



I will ask you to look at letters or pictures on our cards.



You can sign, point or use gesture to tell us what you can see. We can also give you a matching card to hold so you can point to the matching picture.



I will check to see how well your eye muscles work together



I may ask to put drops in your eyes to check if your eyes are healthy and if you need glasses.

This may feel strange.

This may make it hard to see your book or a phone afterwards but it will get better after a few hours.



Once the drops go in you will have a little break while the drops work.



We'll turn off the light. The eye care person will put lots of lenses near your eyes.



I may get you to put your chin on a rest and look at your eyes with a microscope.

A light will shine in your eyes but nothing will touch your eyes



I may also wear a funny hat to check your eyes are healthy.



Then you can go home or go back to school.



You may need to get glasses to see well.

If you need to get in touch our email address is Tallaght.eyeclinic@hse.ie