



REO staff vaccination appeal

Protect yourself and others by getting vaccinated

Dear Colleagues,

As we prepare for the busiest time of year across our health services, I am appealing to all staff across the Dublin and Midlands health region to avail of their FREE winter vaccinations. If you work in a healthcare setting, you are at a higher risk of contracting flu and COVID-19 and more likely to pass it on to our patients and family members. [Watch my video message to staff.](#)

Why get vaccinated?

The flu vaccine is strongly recommended for all healthcare workers. Working in healthcare, we are more exposed to the risk of flu, and vaccination offers the best available protection against the serious complications infection can cause. Getting your vaccination will also reduce the risk of shedding and spreading infection to vulnerable people and co-workers.

The COVID-19 vaccine is also recommended for healthcare workers aged 60 years and older, or those with underlying medical conditions. However, any healthcare worker who wants to get a COVID-19 vaccine can do so.

Where to get vaccinated?

Free flu and COVID-19 vaccines are available at local staff vaccination clinics.

[Find your local flu and COVID-19 vaccination clinic](#)

If a clinic isn't convenient, you can also get vaccinated for free at participating pharmacies or speak to your GP. [Find your local participating pharmacy](#)

By getting vaccinated, you will protect:

- Yourself
- Your patients and service users
- Your families
- More vulnerable members of our communities

Let's work together to ensure we can continue to provide vital services to our communities this winter.

Please protect yourself and those around you and get vaccinated.

Thank you

Kate Killeen White,
Regional Executive Officer
HSE Dublin and Midlands