

What if I feel anxious or need a break?

Sometimes we have to take more than one picture. You can talk to us and tell us how you feel at any time.

Your parent/guardian can stay in the room while you are having the X-Ray if you wish.

You can always tell us if you need a break.



In the x-ray room we can have the lights down low or up bright. You can tell us which makes you feel safer.

We will tell you what we are doing and what way you should move for the perfect picture.

We can also help you if you find moving difficult or sore.



After you have your picture taken you might have to go back to see the doctor before you go home.

It is their job to look at your picture and see why you are hurting. The nurses and doctors will help you feel better.



You might have to come back to us to check that your bones are all better in a few weeks' time.

NOTES:

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X-Ray Information for Children



What are X-rays?

An X-ray is a picture of your bones.



Will it hurt?

It doesn't hurt to have your picture taken but we know you might be feeling sick or sore already.

Who will take my picture?

The people who take the pictures are called Radiographers.

They take all kinds of X-Ray pictures every day and you can ask them anything about your picture.



What will I see in the X-Ray room?



A big camera: This moves on the ceiling and takes your picture.



X-ray table: You might have to lie down for us to take your picture.



BUCKY: This is a board that you stand in front of or sit beside for your x-ray.



X-ray lights: These are special lights to tell everyone when an x-ray picture is being taken.

You must not go into a room with one of these lights outside without a staff member with you.



What happens in the X-Ray room?

- When you are having your X-Ray taken we might ask you to stand up, sit down or lie on the bed.
- The big camera makes a little moving sound and a 'click' when we move it around.
- It also makes a tiny 'beep' when it takes your picture. It is a quiet sound.
- It will be very important that you don't move while we are taking your picture.

How long will it take?

Having an x-ray taken is really quick, it only takes a few minutes.