

Scheduled Care Network Webinar

Waiting List Action Plan- 'Beyond the Wait'





Sharon Geraghty Access Programme



This month's webinar will feature two inspiring integrated initiatives:

- HSE National OA Hip and Knee Pathway
- Cardiology Integrated Care

Register now



Wednesday 10 Sept 2025 12:00pm - 1:00pm



Housekeeping



Please note that this session will be recorded



Please remain muted during the presentation



Please Type questions to our Chat Box
We will do our best to answer any questions during the session and at the end.



Please complete the **survey** at the end of Webinar to tell us what you need to know in Scheduled Care





Access.Programme@hse.ie



Chat Box for Questions!

Timing	Agenda Item	Speaker	
12.00– 12.05	Introduction	Sharon Geraghty	
12.05-12.15	HSE National OA Hip and Knee Pathway	Mr Alan Walsh/Ms Ruth Kiely	
12:15-12:20	Q&A		
12.20 – 12.40	Cardiology Integrated Care at University Hospital/ Galway City Hub	Dr Susan Connolly	
12:40-12:50	Q&A	Speakers and panellists: Ms Ruth Kiely Dr Noel Howard	
12.50 – 13.00	Thank you & next Steps	Sharon Geraghty	



HSE National OA Hip and Knee Pathway Mr Alan Walsh/Ms Ruth Kiely

HSE Scheduled Care Network Webinar – Reducing Patient Waiting Times Testing of a National Osteoarthritis (OA) Hip and Knee Pathway Mr Alan Walsh

Consultant Orthopaedic Surgeon – Our Lady's Hospital, Navan











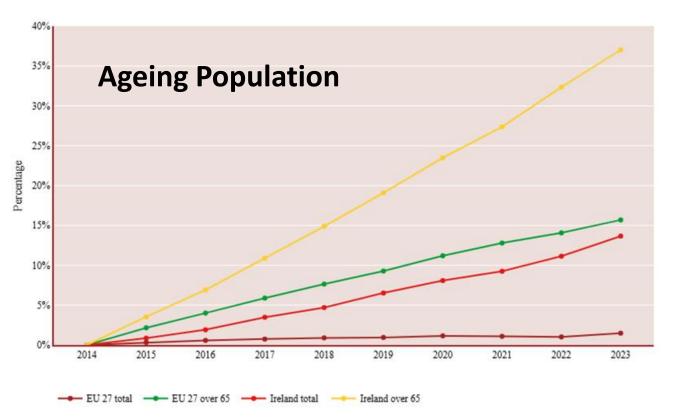




The Challenge

Census 2022:

5.1 Million people \longrightarrow 6.1 Million (2042)





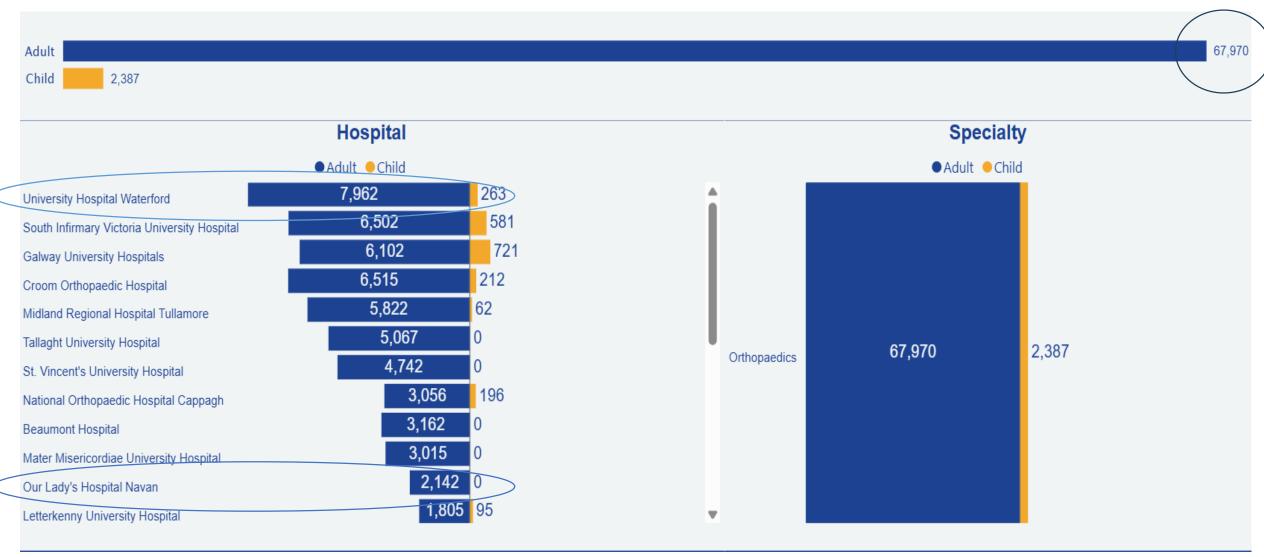


41% of population live with a long term diagnosed health condition. Arthritis accounts for **6**% of this population. (HI Survey 2024)



French et al (2016) using Wave 1 TILDA data reported a prevalence of **12.9%** of self-reported OA in a sample of 8,175 people

Increased Demand for Orthopaedic Services



Source: NTPF (2025)

Suitable Patients:

- 1.Patients aged > 50 years
- 2. Diagnosis of OA

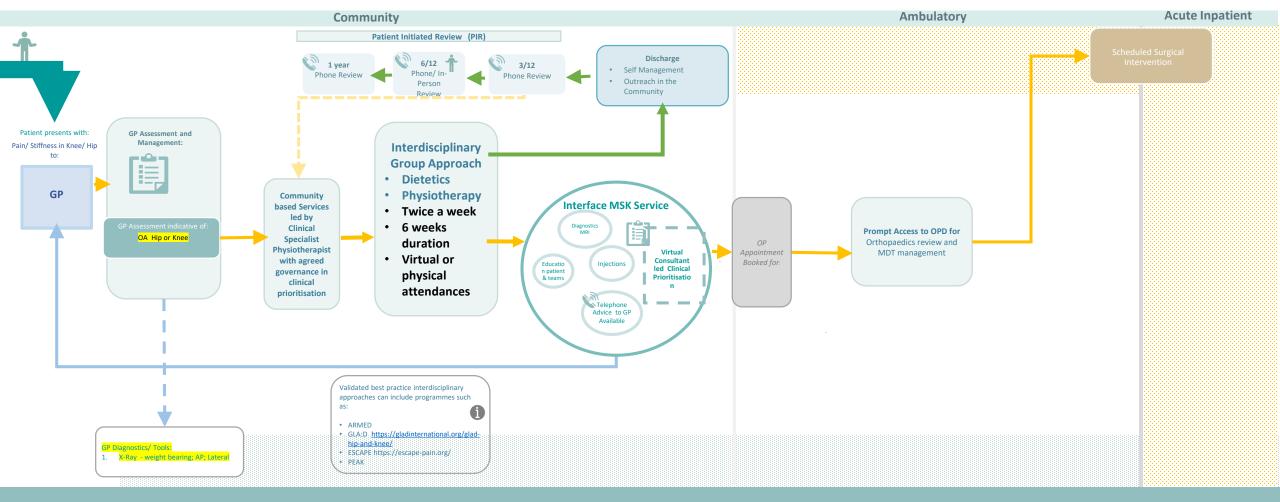
Unsuitable Patients:

- 1. History of Trauma
- 2.Aged under 50 years

The Solution









Pilot Sites

Carlow/Kilkenny Team (Waterford)



Helen Fitzgerald 0.6 WTE Clinical Specialist Physiotherapist



Ruth Loughlin 1.0 WTE Senior Physiotherapist



Paul Bolger 0.4 WTE Private Practitioner (March 24 – June 25)



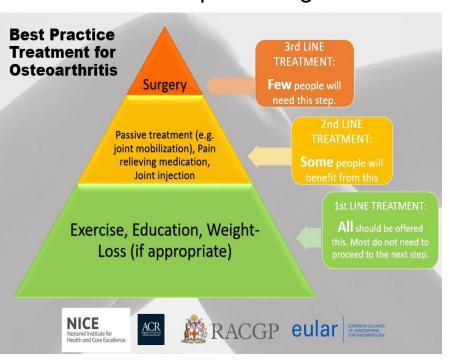
Vacant position 1.0 WTE Senior Dietitian



Sarah Kennedy, 0.5 WTE Administrative Support (Waterford based)



Clinical Advisor
Alan Walsh
Consultant Orthopaedic Surgeon



Meath Team (Our Lady's Hospital, Navan)





Keelan O'Connor I.0 WTE Senior Physiotherapist

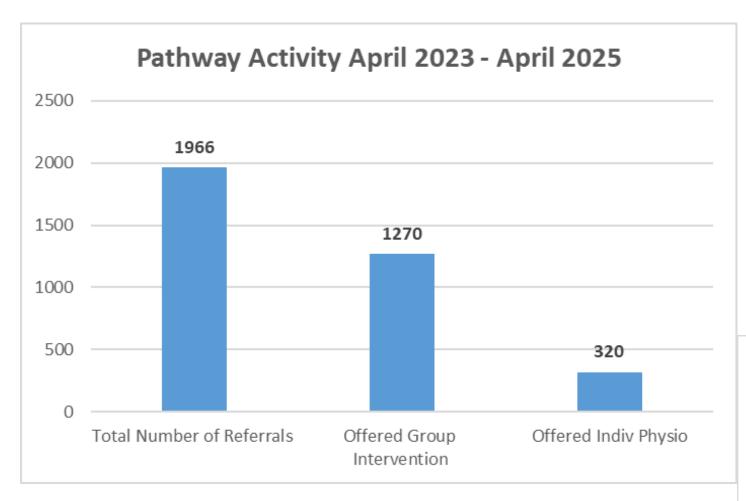


Kathleen Bradley, I.0 WTE Senior Dietitian

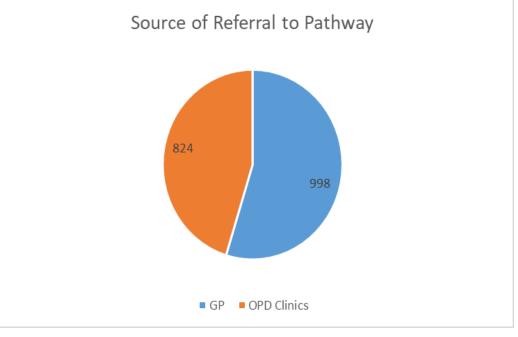


Diane Doherty 0.5 WTE Administrative Support



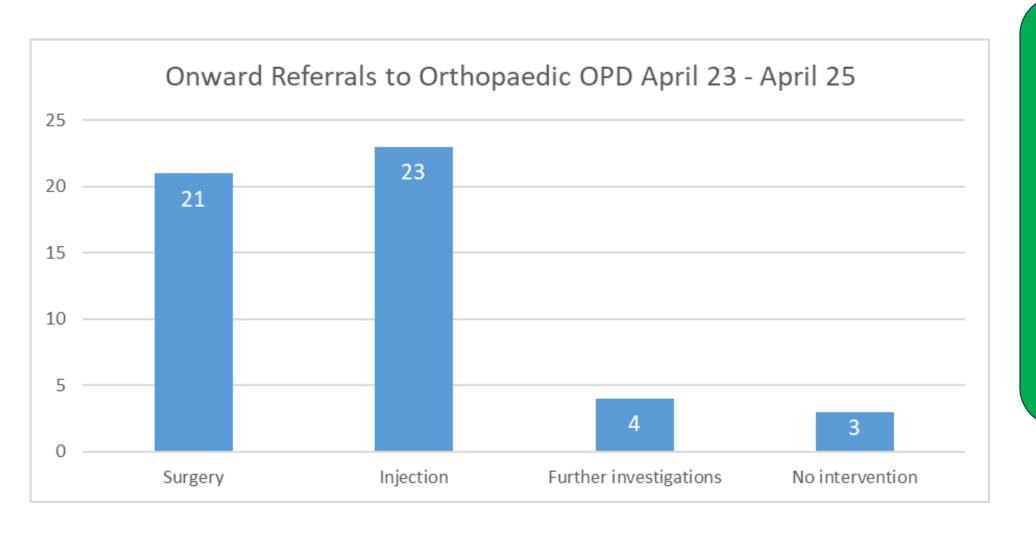


51% GP Referral Rate to Pathway1,915 OPD Appointments saved



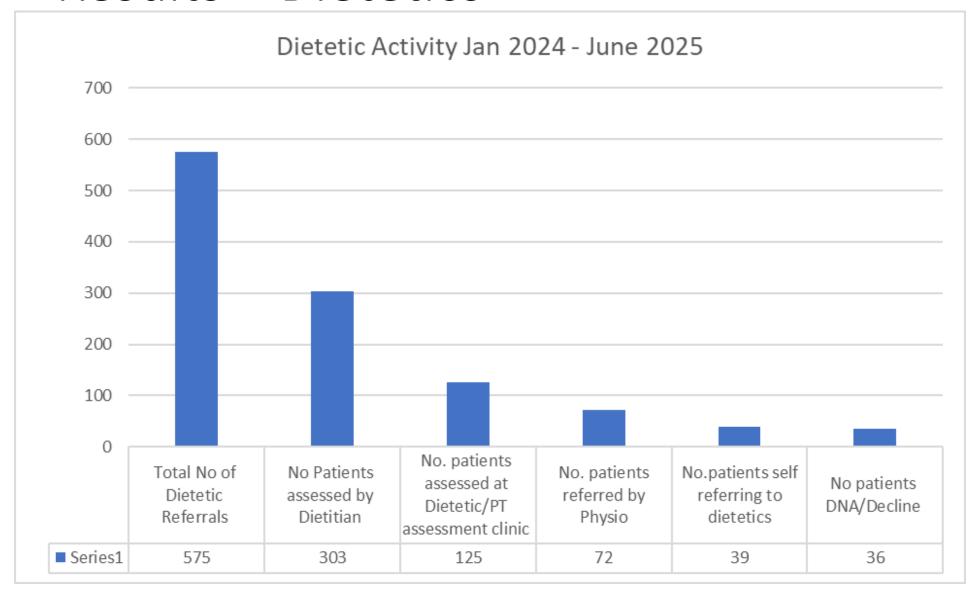
Results

Conversion for Specialist Orthopaedic Opinion



51 patients
(2.59%)
referred for a specialist opinion
1% required surgical interventions

Results – Dietetics



29% of patients referred to Senior Dietitian for individual consultations

22% of patients jointly assessed with physiotherapists

7% of patients were self referrals



The exercises have been brilliant, what if I don't remember them?

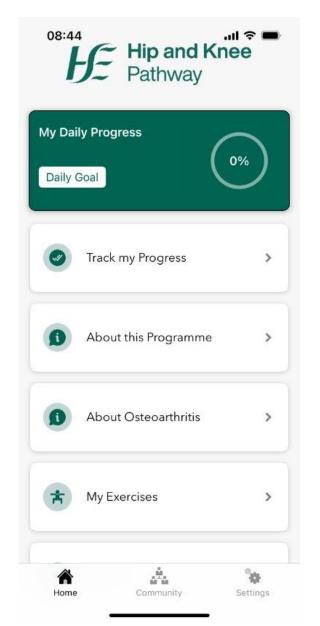
How can we support patients to understand their condition and selfmanage?

I'll really miss the group, Where do I go from here?

What if my symptoms get worse? Will I have any follow up?

How can we signpost safely to community resources?

How do I get in contact if I need to?

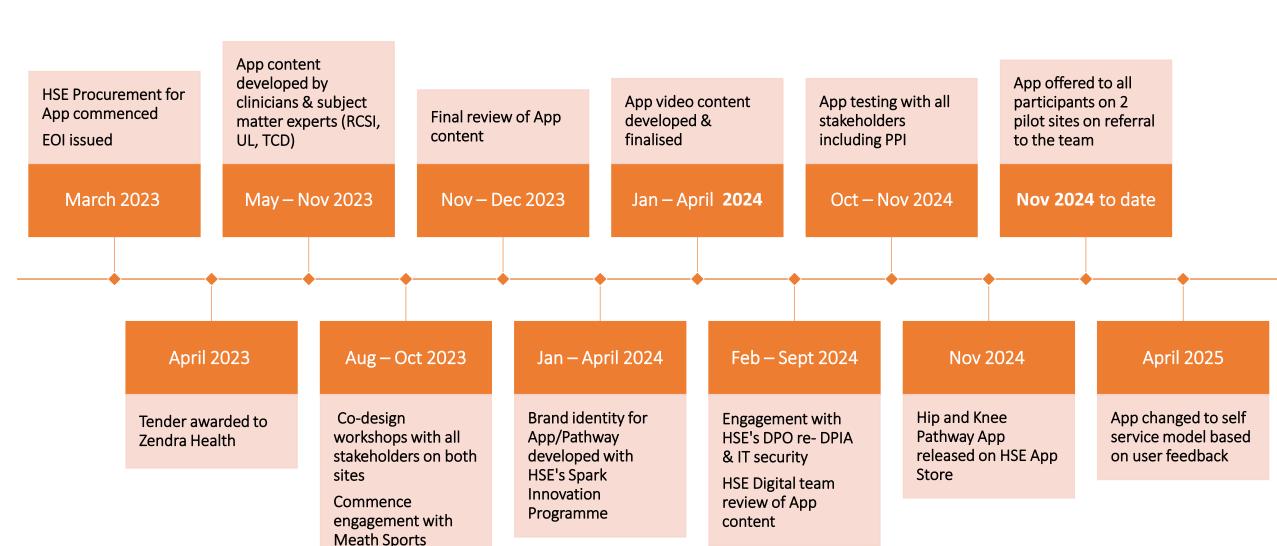




Development of Patient Hip and Knee Pathway App

Partnership





App development co-design Process











An Roinn SláinteDepartment of Health





government supporting communities

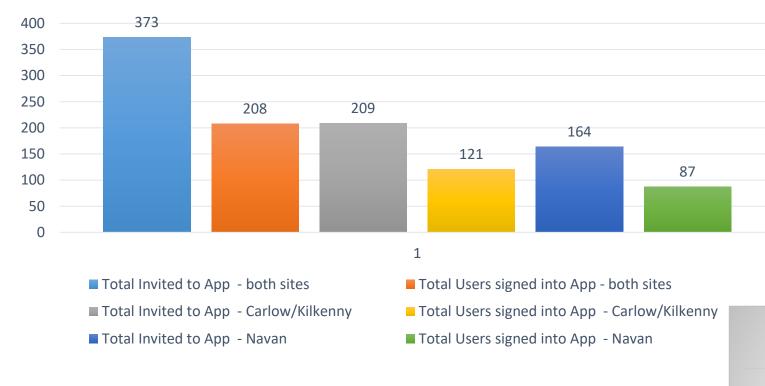






—— SPORT IRELAND ——

App Utilisation November 2024 – August 2025





Project Impact





Cost Effective

Initial Sláintecare Budget Allocation Dec 2022 €1,159,640
Revised Budget Allocation (2023) €1,023,898.94

Actual cost of implementation (pathway & app)

€ 904,701.166



Impact on Waiting Lists

Reduction from 63 weeks (UHW) and 27 months (Navan) to 8 – 10

weeks

Impact on Patients and all stakeholders

- ✓ High levels of patient satisfaction
- ✓ Click the link to hear their stories

https://youtu.be/Olcz59o318E





Hip & Knee OA Group Classes Feedback

So reassuring to be with other people who understand my pain

I came with knee pain and stiffness and left feeling so much better all around





It's given me the confidence to be more active than I thought was possible at my age

It's only
week 3 and I
haven't
needed my
pain
medication
this week.
I'm thrilled!





I've stopped panicking that I need surgery every time my knee gets sore or stiff. I know what to do and how to get it to settle down

Mr Paddy Kenny
Mr Finbarr Condon, Mr Tom McCarthy
Irish Institute of Trauma and Orthopaedic
Surgery (IITOS)
Mr Alan Walsh (OLHN)
Mr Terence Murphy (UHW)

Ms Ita Hegarty (HSE)

Dr Sarah Casserley-Feeney

Ms Niamh Keane

Ms Siobhan Corcoran

Dr Brenda Monaghan

Ms Ciara Rowe (OLHN)

Ms Jennifer O'Toole (OLHN)

Ms Eileen Long (UHW)

Ms Sinead Gavin (Carlow PC)

Ms Catherine Farrell

Ms Edel Callanan

Mr John O'Hora

Ms Grace Rothwell /Ben O'Sullivan (UHW)

Ms Anne Brennan (OLHN)

Ms Stacey Grealis

Ms Aislinn Gannon HSE

Ms Niamh Sneyd HSE



Dr Helen French (RCSI)
Dr Helen O'Leary/Dr Clodagh Toomey (UL)
Ms Marcella Kenny, Ms Marianne O'Connor, Ms
Susan Curtis (HSE PIR)
Ms Lorraine Smyth e- enabler HSE

Ms Lorraine Smyth e- enabler HSE Karen Gaynor (PM Obesity NCP)

Niamh Keane

Pauline Robinson

Helen Fitzgerald

Keelan O'Connor

Kathleen Bradley

Diane Doherty

Ruth O'Loughlin

Paul Bolger

Sarah Kennedy

Finance teams Navan & UHW

Amy Lowther & the Pobal Team

Mr Kieran Ryan (RCSI)

Thomas Coleman (Zendra Health)

Dermot Burke (Spark Innovation Programme)

Oxford Outcomes Centre

Department of Health

Sláintecare Integration Innovation Fund



Questions?





Cardiology Integrated Care at University Hospital/ Galway City Hub

Dr Susan Connolly



The Integrated Care Programme for the Prevention & Management of Chronic Disease (ICPCD)

Focuses on the prevention, early diagnosis and proactive management of chronic disease (GP-led in primary care and chronic disease community specialist teams in the integrated care hubs) with the ultimate aim of providing end-to-end care for individuals living with chronic disease and multimorbidity in the community.

Consultant Led Modernised Care Pathways (MCP) for Chronic Disease

An important enabler of the ICPCD is timely access to specialist opinion in a flexible, efficient and patient-centred manner. The IC Cardiology Consultant supported by the CD-CST is responsible implementing the MCPs across their hospital and hub for

- 1. Deteriorating/Worsening heart failure
- 2. First presentation Atrial Fibrillation
- 3. Heart Murmur
- 4. Undifferentiated Dyspnoea



- Face-to-face clinic
- Specialist Nurse-/HSCP- led clinics
 - Virtual clinic: Consultant to GP
- Virtual appointment: Consultant to patient
- Clinical queries (letter/email with advice)
 - Direct access echo



ECC and Waiting List Action Project 2024-2025



Objectives

1. To demonstrate the potential impact of the IC Consultant/team on the existing hospital OPD list using the MCP approach for all referrals



- 2. To develop a SOP across acute and hub to (i) sustain improvements and (ii) that would be adopted/adapted by other acute/hub services
- 3. To identify the barriers and facilitators to enable scale up across other hospital and aligned hub teams



ECC and WLAP Project: Methods

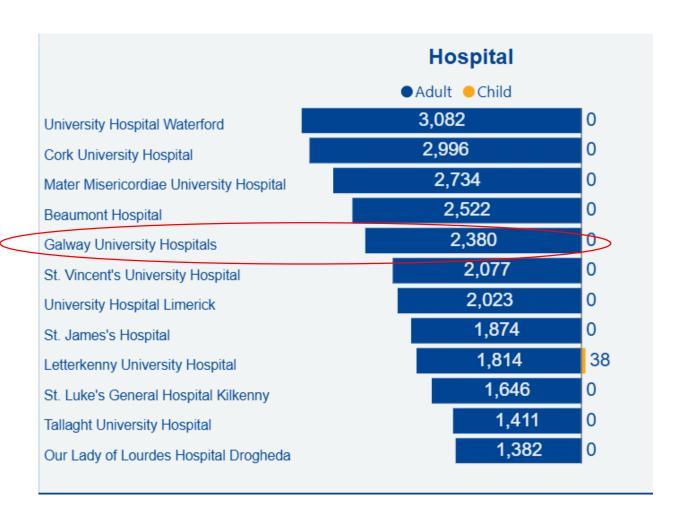
- Joint approach with National Services & Schemes, Access & Integration & ICPCD at national level
- Working group established: Chaired by ICPCD, Acute (GUH WL Office/Admin/Business Support), IC Consultant, Hub, iPMS team
- Funding provided by National Services & Schemes for WL investigations (echo)
- 2 phases
- (1) Retrospective validation of existing OPD WL June-August 2024
- (2) Prospective single consultant triage of all cardiology OPD and hub referrals

 November 2024-June 2025
- → Streaming of all referrals into alternative pathways, including palpitations super clinic (Phase 1)





Baseline Analysis May 2024 Cardiology OPD Wait List



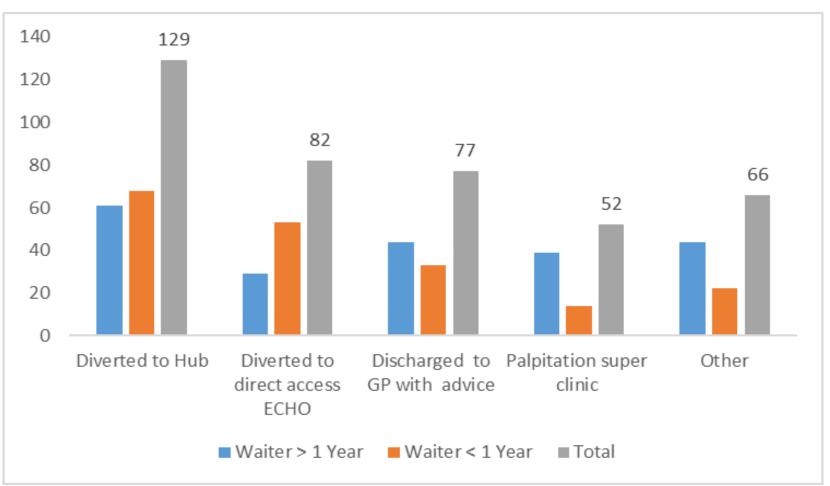
Total number waiting n=2384

Waiting > 1 Year $n=237 (\sim 10\%)$

Average 65 referrals per week (~3400/year)

Weekly core capacity n=40 (1840/year)

Results Phase 1 (June-August 2024) Retrospective Validation and Use of Alternative Pathways



N=744 retrospectively clinically validated

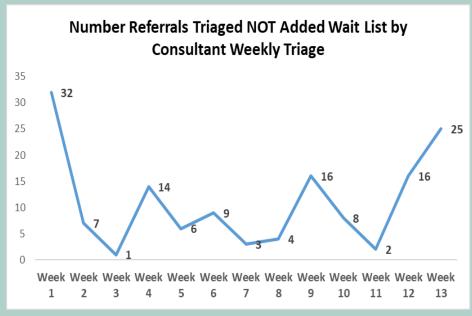
N=403 removed from WL by using alternative pathways (1/3 to IC Hub)

54% reduction in number of individuals waiting ≥12 months



Phase 2: Rationale for Move to Single Consultant Triage November 2024-June 2025

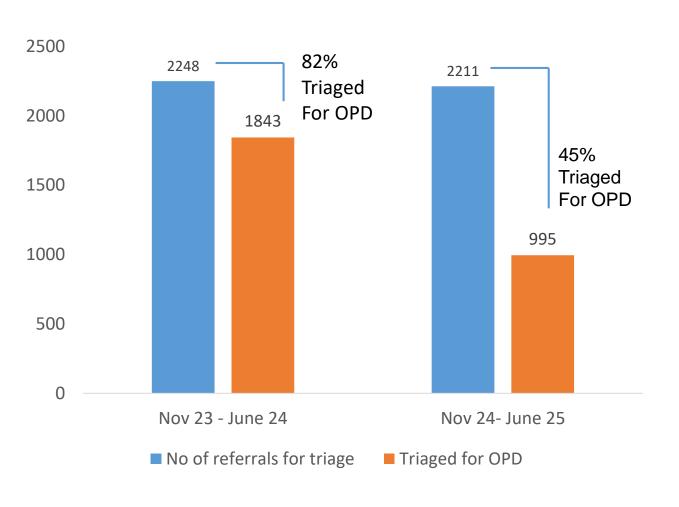
- Large referral folder given to different consultant each week
- Unpredictable, no dedicated time in work plan
- Full referral review requires opening hospital record (Evolve)
- Referral information sometimes incomplete (e.g. 12 lead ECG, NT BNP result)
- Communication back to GP requires dictation
- Significant variation in numbers triaged to WL by consultant

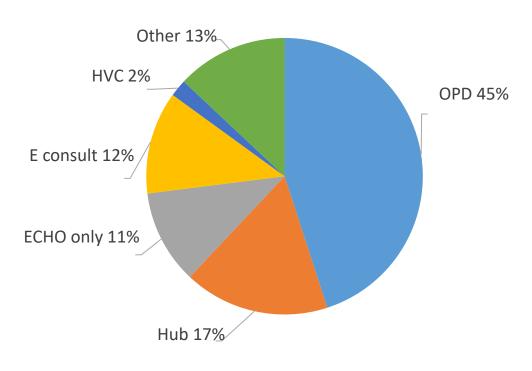






Results Phase 2: Single Consultant "Advanced" Clinical Triage Nov 24 to June 25





Use of Alternative Pathways and Advanced Clinical Triage



Overall Impact on Cardiology OPD Waiting List

Impact

↓42% overall WL

↓94% in number of individuals waiting ≥12 months

GUH has moved from 4th highest WL to 11th place

Since Jan 25 the % waiting<10 weeks has gone from 27% to 48%

OPD Cardiology WL By Hospital Jun 25





Key Enablers to Support Broader Scale-up of this Model

Collaboration:

- → Scheduled Care Working Group with Scheduled Care Lead & senior decision-makers in community & the aligned acute hospital
- Sharing of clinical information:
 - → Hub team have access to clinical patient information e.g. patient record, labs, radiology
- Sharing of patient administrative information:
 - → Hub team have access to patient administrative & waiting list information e.g. access to acute hospital Patient Administration System (PAS)
- Access to diagnostics e.g. echo:
 - → This a key enabler to reduce waiting times and access must be enabled across acute and hub services to reduce waiting times



Sustainable Solutions to WL Management

Enable Advanced Clinical Triage

- √ Electronic triage system with ability to communicate with GP
- ✓ Dedicated work plan time for consultant triage (takes 3-4 hours per week)
- √ E-consults should be formally recorded as new patient activity
- √ Standardise consultant triage approach to common referrals

2. Support Staffing Integrated Care Hubs

1/3 Acute Referrals Suitable for Same

Full resourcing of the Community Specialist Team supports direct GP access to hub services using Healthlink, bypassing OPD waiting list

3. Maximise core OPD capacity

3. Collective Ownership to Sustain the Changes



GUH Team

Jean Boyle	Business Manager, Waiting List Office	Connie Lambert	Cardiac Investigation Secretary
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Tim Cameron Outpatient & Inpatient Waiting List Manager Rachel Letsome Line Manager, Medical Directorate

Beata Czegledi Clinic coordinator & Medical Secretary Kathleen McDonnell Cardiac Investigation Waiting List Co-ordinator

Ann Dooley Directorate Business Manager, Medical Directorate Eileen Nee Medical Secretary

Carrie Fletcher Scheduled Care Transformation Programme Manager Caroline Nolan Cardiac Investigation Receptionist

Nuala Harlowe Staff Officer, Waiting List Department Liz O'Reilly Chief Cardiac Physiologist

Integrated Care Programme Chronic Disease Team

Marcella Feeley Project Officer, ICPCD, Galway City Integrated Hub

Siobhan Woods, Interim Operational Lead, ICPCD, Galway City Hub

Sinead Duke, Acute CVD CNS, Galway City Hub

National Support Team

Dawn Fletcher ICT Applications Lead, ICT & Digital Health Maria O'Brien Service Improvement Lead, ICPCD

Mary Garvey General Manager, I/Scheduled Care Lead Scott Anderson Senior Manager, Business Services Support Team

Mairead Gleeson

General Manager, NCAGL for Chronic Disease, Clinical Design &
Maeve Domican

Senior Manager, Business Services Support Team

Innovation

Lorna Hurley Change Manager, ECC, ICPCD Brendan Fitzgerald Resolver, Business Services Support Team

Dr. Sarah O'Brien National Clinical Advisor & Group Lead for Chronic Disease Ciaran Ward Mobiliser, Business Services Support Team



Questions for all panelists



HE News Items

 Please see the link below which links to the Integrated Conference on September 4th which featured todays Cardiology Project and a previous presentation on the Benign Gynaecology Improvement Journey in Dublin South East.

<u>Integrated Healthcare Conference 2025</u>

Waiting List Action Plan 2026 is in development and we will keep you up to date



Thank-you and Next Steps

- Thank-you for attending today
- We look forward to your feedback contained in our survey which can be filled out immediately after this Webinar.
- A copy of this Webinar will be made available on <u>Waiting List</u>
 <u>Improvements</u> and the link shared with all of you post Webinar.
- Dates for your diary:
 - **≻**October 1st
 - ➤ November 5th
 - ➤ December 3rd



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