

Rapid Risk Assessment Tool for VTE Thromboprophylaxis in Pregnancy / Post-partum *

All pregnant women require risk assessment for VTE:

■ At first booking visit
 ■ At every antenatal admission
 ■ With current COVID-19 Infection

| Pre-existing Risk Factors | TICK |
|---------------------------|--------------------------|
| Family history VTE | <input type="checkbox"/> |
| BMI >30 | <input type="checkbox"/> |
| Parity > 3 | <input type="checkbox"/> |
| Maternal Age >35 | <input type="checkbox"/> |
| Smoking | <input type="checkbox"/> |

| Transient Risk Factors | TICK |
|------------------------------|--------------------------|
| COVID-19 infection (current) | <input type="checkbox"/> |
| Hospital admission | <input type="checkbox"/> |
| Immobility (>4 days bedrest) | <input type="checkbox"/> |
| Surgery in/after pregnancy | <input type="checkbox"/> |
| Caesarean section | <input type="checkbox"/> |
| Instrumental delivery | <input type="checkbox"/> |
| Excessive blood loss (>1L) | <input type="checkbox"/> |
| Blood transfusion | <input type="checkbox"/> |
| Pre-eclampsia | <input type="checkbox"/> |
| Systemic infection | <input type="checkbox"/> |
| Multiple Pregnancy | <input type="checkbox"/> |
| Assisted Reproduction | <input type="checkbox"/> |
| Hyperemesis gravidarum | <input type="checkbox"/> |
| Dehydration | <input type="checkbox"/> |
| Post-partum wound infection | <input type="checkbox"/> |

| Medical Co-morbidities | TICK |
|-----------------------------------|--------------------------|
| Varicose Veins | <input type="checkbox"/> |
| Paraplegia | <input type="checkbox"/> |
| Nephrotic syndrome | <input type="checkbox"/> |
| IV drug user | <input type="checkbox"/> |
| Inflammatory bowel disease | <input type="checkbox"/> |
| Haematological condition | <input type="checkbox"/> |
| - Sickle cell anaemia | <input type="checkbox"/> |
| - Polycythaemia /Thrombocythaemia | <input type="checkbox"/> |
| - Myeloproliferative d/o | <input type="checkbox"/> |
| Diabetes requiring insulin | <input type="checkbox"/> |
| Active SLE | <input type="checkbox"/> |
| Other relevant risk factor | <input type="checkbox"/> |

Women with **THREE** or more of the above risk factors



Consider LMWH Thromboprophylaxis

*Women with a personal history of VTE = LMWH Thromboprophylaxis