## We're taking climate action

## Simple ways to reduce your environmental impact in work



Reduce your energy use - turn off when not in use



Eliminate excessive testing and investigations



Encourage active travel



Use recycled paper where possible



Promote disease prevention



**Encourage Social** Prescribing initiatives



Switch from using disposable items to reuseables where

possible



Remember hand hygiene. Use gloves as appropriate



Use online meetings and remote consultations where clinically appropriate



Bin it right - recycle where possible





medication to eliminate excessive dispensing

**Review discharge** 

Reduce water usage



Promote and develop use of green spaces



Reduce, reuse and repurpose where possible

## Advocate for change - Talk to your colleagues and manager. Get involved with your local green teams.

For more information contact - climateandsustainability@hse.ie