



# A guide to translating information materials into Ukrainian and Russian

May 2022





# Introduction

Ireland is welcoming Beneficiaries of Temporary Protection (BOTPs) from Ukraine who are fleeing war in their home nation.

A high percentage of people arriving in the country are women and children. There is a need to provide timely, accurate and simple translated communications about local and national health services.



**New arrivals include children, young people, older adults and people with existing health conditions.**



# Developing a new resource

## HSE Visual Identity Guidelines

If you're developing a new resource, in any language, use HSE Visual Identity Guidelines for all produced materials. Templates and a guide to print, design and distribution is available at: [www.hse.ie/branding](http://www.hse.ie/branding)



Web content in Ukrainian and Russian is available at:  
[www.hse.ie/Ukraine](http://www.hse.ie/Ukraine)

There is information for staff available at:  
<https://healthservice.hse.ie/staff/benefits-services/benefits/supporting-ukrainian-people-in-ireland.html>

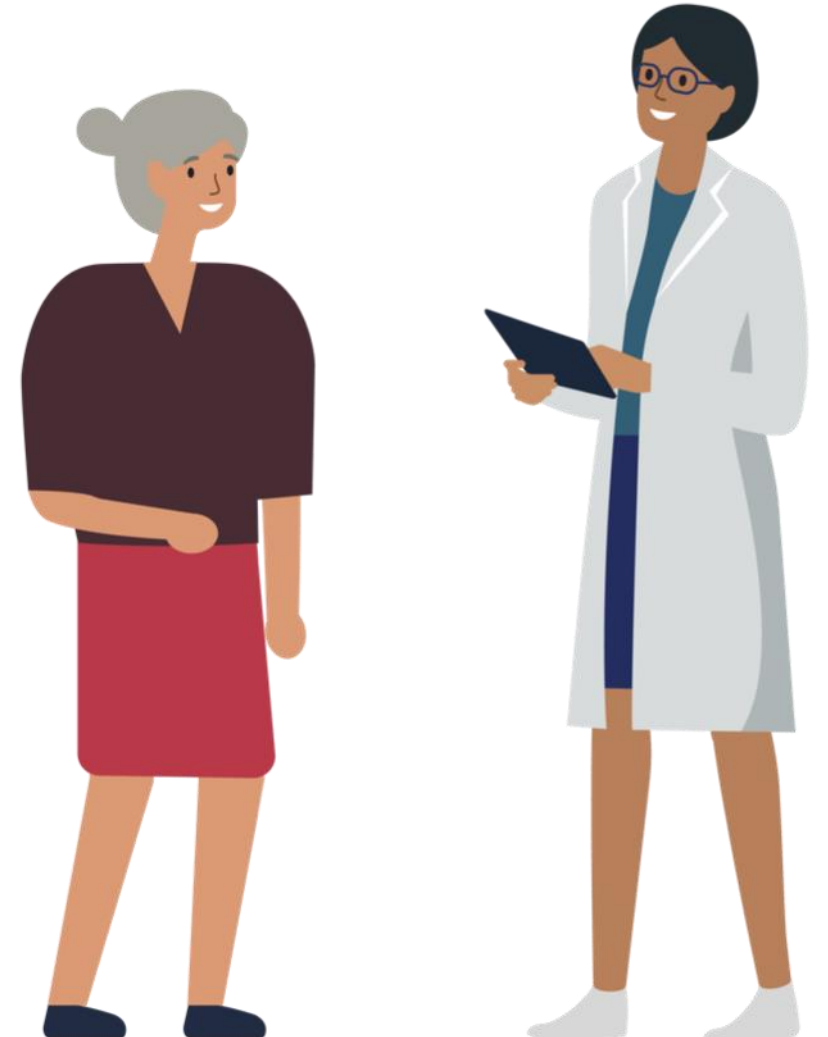


# Pre-translation checklist

**Before translating any existing or new resources, consider the following:**

- Is a printed resource the best way to get information to the audience I am trying to reach?
- Do I have the right distribution channels, how will people receive the printed materials?
- Is the information already available?
- Should this be web/online content or a printed resource?

**If you need advice, contact your local Communications team.**





# Suppliers and quotes

## Suppliers

You can seek quotes from any available suppliers. The HSE Communications team keep a list of suppliers they have used, if you would like a copy of this list, please email [lynda.murphy@hse.ie](mailto:lynda.murphy@hse.ie)

## Seeking quotes

Different translation companies will have different technical requirements for how they receive the resource and how they handle amendments to the resource. Some suppliers will translate on a Word document, others will take packaged design files. Some have designers in-house that can quickly amend an existing design file with your translated text. It's a good idea to ask for detail on this with quotes so you can be sure it meets your needs and if you have the necessary format available.



## Ask for the following in a quote:

- costs for translation by a native speaker
- costs for a second translator to proof the document before it is returned to you
- costs for formatting/design layout if needed



# Tips on translating your document

## Check cultural context

- There are phrases or terms that are used here that might not always be obvious to someone who hasn't lived here for long, review your document with this in mind and explain anything unique to the Irish health service.
- It's helpful to create resources with Ukrainian people. Before creating your resource, link with your local communications support for advice on networks who may be able to help with sense checking on look, feel, tone and accuracy.





# Tips on translating your document

## Design

- The language and title of the resource should appear on the front of the document in both English, Ukrainian and Russian so that the contents can be easily and quickly identified by English speaking healthcare workers and other staff.
- If adding images, use images that are representative of the community.
- When returning files in PDF format, ask for a print ready quality format so that they can be printed.
- If uploading a PDF version to a website, make sure to update the properties of the PDF file with the translated title, author and subject of your document.





# Tips on translating your document

## Distribution

- Consider and plan your distribution channels before design and print.
- Standard PDF files **do not meet** requirements for accessibility legislation and so should not be uploaded to websites or used online unless intended for download and print.



## Interpreter Services

*Lost in Translation? Good Practice Guidelines for HSE Staff in Planning, Managing and Assuring Quality Translations of Health Related Material into Other Languages*

is produced by HSE Social Inclusion and is a useful resource for local teams producing translated materials.

A guide to using Interpreter services is also available from your local Communications team.



# Formatting checklist

11 font Arial	<input type="checkbox"/>	logos meet brand guidelines, are clear and not distorted	<input type="checkbox"/>	margins are set to normal	<input type="checkbox"/>
1.5 line spacing	<input type="checkbox"/>	hyperlink URLS	<input type="checkbox"/>	headings are not the last line on a page	<input type="checkbox"/>
headings are bold	<input type="checkbox"/>	check links are correct	<input type="checkbox"/>	bullets points not to run over the page	<input type="checkbox"/>
headings are 14 font Arial (coloured heading)	<input type="checkbox"/>	lowercase hse on hyperlinks	<input type="checkbox"/>	check for blank pages	<input type="checkbox"/>
insert page numbers	<input type="checkbox"/>	remove full stops after hyperlinks	<input type="checkbox"/>	make sure there are gaps between each of the paragraphs and consistent gaps/spacing between the sections	<input type="checkbox"/>
any bullets or coloured headings match colour scheme of document	<input type="checkbox"/>	bold hyperlinks and include the www.	<input type="checkbox"/>	version number and date are updated (on first and last page of the doc) e.g. version x/month/year	<input type="checkbox"/>
remove line spacing between sentence and list of bullets	<input type="checkbox"/>	remove brackets, exclamation marks, except for languages where this is appropriate	<input type="checkbox"/>	check file has no English present apart from in the title to support staff with identification	<input type="checkbox"/>



It can be helpful to give the translation company a checklist for formatting.

**This is a sample formatting checklist. You may adapt this for your document.**

Please note that the length and formatting may change for some languages.

Translation supplier should approve formatting.



If you need advice or more information, contact the Resources team from HSE Communications on:

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