

The MMP recommends a preferred BGTS (List A) with an associated meter for:

- ✓ People who are newly diagnosed with diabetes (type 1 and type 2) and require self monitoring of blood glucose (SMBG).
- ✓ People with diabetes (type 2) where continued SMBG is recommended on review.
- ✓ People with diabetes (type 1 and type 2) changing their current meter where SMBG is recommended.

Prescribers should give due consideration to the use of preferred BGTS when commencing SMBG and when changing a meter in established patients.

Implementation of the preferred BGTS will lead to significant savings for the HSE, in the order of millions of euros.

Preferred BGTS (List A)			Associated meters
BGTS	Reimbursement		
	Code	Price (as of 1 st February 2023)	
Finetest Lite blood glucose test strips	85131	€6.95	Finetest Lite Finetest Lite Smart
Microdot Max blood glucose test strips	97637	€7.46	Microdot Max
Accu-Chek Instant test strips	85132	€8.54	Accu-Chek Instant
Glucomen Areo Sensor test strips	85110	€8.63	Glucomen Areo Glucomen Areo 2K*
Mylife Aveo test strips	97630	€8.75	Mylife Aveo**
Mylife Unio test strips	97607	€10.50	Mylife Unio Neva**
4Sure blood glucose test strips	94170	€11.22	4Sure SMART 4Sure SMART DUO*
GlucoRx Nexus test strips	85120	€11.27	GlucoRx Nexus [†] GlucoRx Nexus Blue GlucoRx Nexus Mini Ultra GlucoRx Nexus Voice [‡]
GlucoRx HCT glucose test strips	85139	€11.27	GlucoRx HCT* GlucoRx HCT Connecti*
Contour Next blood glucose test strips	15963	€14.30	Contour Next One Contour Next Contour Next Link 2.4**
One Touch Verio test strips	68321	€14.30	One Touch Verio Reflect
Freestyle Optium test strips	10051	€14.30	Freestyle Optium Neo*

Practice Point
As part of diabetes care, the meter in use by patients should be reviewed regularly. If a meter has not been replaced in the previous 2 years, **change to a preferred BGTS (List A) with associated meter.** Meters should be registered with the company at the time of initiation of use.

Lancet Recommendation
The use of a universal lancing device with lancets costing ≤€6 per 200 for all patients undertaking SMBG is recommended.
Note: GlucoRx lancets pack of 200 (97602) include a lancing device.

*** Compatible blood ketone test strips**

Code	Blood ketone test strip (10)	Price
97605	4Sure B-ketone strips	€11.22
85140	Glucomen Areo B-ketone sensors	€11.24
97601	GlucoRx HCT ketone strips	€11.27
85106	Freestyle Optium B-ketone strips	€22.83





















**** Insulin pumps**
There are BGTS with associated meters available on List A that have compatibility with insulin pumps (see overleaf).

Full evaluation report is available at:
www.hse.ie/yourmedicines
See overleaf for further information.

Accu-Chek Mobile test cassette (Code: 85543, Price: €11.81) is now considered a list A product for existing users only.

All featured BGTS come in packs of 50 strips (some as 2x25 strips) * Compatible with blood ketone testing ** Compatible with insulin pumps † 'Talking' capability This list is not exhaustive and represents information submitted to the MMP by suppliers. Refer to individual suppliers for further information. Prices listed (for preferred BGTS, blood ketone test strips) are correct as of 1st February 2023. ‡ Also available: GlucoRx GO (recommended for use by healthcare professionals, therefore not included overleaf)

Preferred BGTS (List A) with associated meters

Finetest Lite blood glucose test strips (85131) €6.95		Microdot Max blood glucose test strips (97637) €7.46		Accu-Chek Instant test strips (85132) €8.54		Glucomen Aro Sensor test strips (85110) €8.63		MyLife Aveo test strips (97630) €8.75					
Blood volume (µL): 0.5 Haematocrit (%): 20-65 Open pack expiry: 6 months (2x25 pack) Test range (mmol/L): 1.1-33.3		Blood volume (µL): 0.5 Haematocrit (%): 0-70 Open pack expiry: 6 months Test range (mmol/L): 0.6-33.3		Blood volume (µL): 0.6 Haematocrit (%): 10-65 Open pack expiry: up to 21 months (expiry not affected by opening) Test range (mmol/L): 0.6-33.3		Blood volume (µL): 0.5 (glucose), 0.8 (ketone) Haematocrit (%): 10-70 (glucose), 20-60 (ketone) Open pack expiry: 12 months Test range (mmol/L): 1.1-33.3 (glucose), 0.1-8.0 (ketone)		Blood volume (µL): 0.5 Haematocrit (%): 15-70 Open pack expiry: 12 months (expiry not affected by opening) Test range (mmol/L): 0.6-33.3					
Neon Diagnostics Ltd. TO ORDER FREE METERS Phone: 1800 932 297 or Email: info@neondiagnosics.ie Patient supports: www.neondiagnosics.ie		Cambridge Sensors Ltd. TO ORDER FREE METERS Phone: 1800 211 896 or Email: sales@microdot.biz Patient supports: www.microdot.biz		Roche Diabetes Care Ltd. TO ORDER FREE METERS Phone: 1800 931 078 or Email: Burgesshill.dcaccountmanagers@roche.com Patient supports: www.accu-chek.ie		Medicon Ireland Ltd. TO ORDER FREE METERS Phone: 1800 709 903 or Email: customerservice@mediconire.com Patient supports: www.mediconire.com		Ypsomed Ltd. TO ORDER FREE METERS Phone: 1800 911 522 or Email: info@ypsomed.co.uk Patient supports: www.mylife-diabetescare.com					
Finetest Lite	Finetest Lite Smart	Microdot Max		Accu-Chek Instant		Glucomen Aro	Glucomen Aro 2K		MyLife Aveo				
Meter memory: 500 App: No 	Meter memory: 500 App: Yes, connectivity via BT 	Meter memory: 500 App: Yes, connectivity via BT 		Meter memory: 720 App: Yes, connectivity via BT 		Meter memory: 730 App: Yes, connectivity via NFC 	Meter memory: 730 App: Yes, connectivity via NFC Compatible with: Glucomen Aro B-ketone sensors (85140) €11.24 		Meter memory: 1000 App: Yes, connectivity via BT Contact supplier for a list of compatible insulin pumps 				
MyLife Unio test strips (97607) €10.50		4Sure blood glucose test strips (94170) €11.22		GlucoRx HCT glucose test strips (85139) €11.27		GlucoRx Nexus test strips (85120) €11.27							
Blood volume (µL): 0.7 Haematocrit (%): 20-70 Open pack expiry: 12 months Test range (mmol/L): 0.6-33.3		Blood volume (µL): 0.5 (glucose), 0.8 (ketone) Haematocrit (%): 0-70 (glucose), 10-70 (ketone) Open pack expiry: up to 24 months (expiry not affected by opening) Test range (mmol/L): 0.5-33.3 (glucose), 0.1-8.0 (ketone)		Blood volume (µL): 1.0 (glucose and ketone) Haematocrit (%): 0-70 (glucose), 10-70 (ketone) Open pack expiry: up to 24 months (expiry not affected by opening) Test range (mmol/L): 0.5-38.9 (glucose), 0.1-8.0 (ketone)		Blood volume (µL): 0.5 Haematocrit (%): 30-60 Open pack expiry: up to 24 months (expiry not affected by opening) Test range (mmol/L): 1.1-33.3							
Ypsomed Ltd. TO ORDER FREE METERS Phone: 1800 911 522 or Email: info@ypsomed.co.uk Patient supports: www.mylife-diabetescare.com		Clonmel Healthcare TO ORDER FREE METERS Phone: 1800 26 26 26 or Email: salesorders@clonmel-health.ie Patient supports: www.nipro-group.com/en-en/products		Windzor Pharma Ltd. TO ORDER FREE METERS Phone: 01 6950401 or Email: info@windzorpharma.com Patient supports: www.glucorx.ie		Windzor Pharma Ltd. TO ORDER FREE METERS Phone: 01 6950401 or Email: info@windzorpharma.com Patient supports: www.glucorx.ie							
MyLife Unio Neva		4Sure SMART		4Sure SMART DUO		GlucoRx HCT		GlucoRx HCT Connect<i>i</i>		GlucoRx Nexus	GlucoRx Nexus Blue	GlucoRx Nexus Mini Ultra	GlucoRx Nexus Voice
Meter memory: 1000 App: Yes, connectivity via BT Contact supplier for a list of compatible insulin pumps 		Meter memory: 1000 App: Yes, connectivity via BT 	Meter memory: 1000 App: Yes, connectivity via BT Compatible with: 4sure B-ketone strips (97605) €11.22 	Meter memory: 1000 App: No 	Memory: Unlimited (with App) App: Yes Note: consult supplier for compatible devices 	Meter memory: 1000 App: No 	Meter memory: 1000 App: Yes, connectivity via BT 	Meter memory: 1000 App: Yes, connectivity via dongle 	Meter memory: 450 App: No 	Compatible with: GlucoRx HCT ketone strips (97601) €11.27			
Accu-Chek Mobile test cassette (Code: 85543, €11.81)		Contour Next blood glucose test strips (15963) €14.30				One Touch Verio test strips (68321) €14.30		Freestyle Optium test strips (10051) €14.30					
<i>Now considered a list A product for existing users only.</i> Blood volume (µL): 0.3 (approximately) Haematocrit (%): 25-55 Open pack expiry: 3 months (after opening) Test range (mmol/L): 0.6-33.3		Blood volume (µL): 0.6 Haematocrit (%): 0-70 Open pack expiry: up to 24 months (expiry not affected by opening) Test range (mmol/L): 0.6-33.3				Blood volume (µL): 0.4 Haematocrit (%): 20-60 Open pack expiry: 6 months Test range (mmol/L): 1.1-33.3		Blood volume (µL): 0.6 (glucose), 1.5 (ketone) Haematocrit (%): 30-60 (glucose and ketone) Open pack expiry: use immediately (individual foil packet) Test range (mmol/L): 1.1-27.8 (glucose), 0.0-8.0 (ketone)					
Ascensia Diabetes Care Ireland Ltd. TO ORDER FREE METERS Phone: 1800 920 111 or Email: diabetesupport@ascensia.com Patient supports: www.diabetes.ascensia.ie		Lifescan Ireland Ltd. TO ORDER FREE METERS Phone: 1800 535 676 Patient supports: www.myonetouch.ie		Abbott Laboratories Ltd. TO ORDER FREE METERS Phone: 1800 77 66 33 or Email: adchelpuk@abbott.com Patient supports: www.freestylediabetes.ie									
Blue: Compatible with ketone testing		Contour Next One		Contour Next	Contour Next Link 2.4		One Touch Verio Reflect		Freestyle Optium Neo				
Pink: 'Talking' capability		Meter memory: 800 App: Yes, connectivity via BT 		Meter memory: 800 App: Yes, connectivity via BT 	Meter memory: 1000 App: No Contact supplier for a list of compatible insulin pumps 		Meter memory: 750 App: Yes, connectivity via BT 		Meter memory: 1000 App: No Compatible with: Freestyle Optium B-ketone strips (85106) €22.83 