

The MMP recommends a preferred BGTS (List A) with an associated meter for:

- ✓ People who are newly diagnosed with diabetes (type 1 and type 2) and require self monitoring of blood glucose (SMBG).
- ✓ People with diabetes where continued SMBG is recommended on review.
- ✓ People with diabetes changing their current meter where SMBG is recommended.

Prescribers should give due consideration to the use of preferred BGTS when commencing SMBG and when changing a meter in established patients.

Preferred BGTS (List A)			Associated meters	Practice Point															
BGTS	Reimbursement			As part of diabetes care, the meter should be reviewed regularly and, where suitable, a patient should be considered for a preferred BGTS (List A) with associated meter. Meters should be registered with the company at the time of initiation of use.															
	Code	Price (as of 1 st March 2025)																	
Finetest Lite blood glucose test strips	85131	€6.95	Finetest Lite Finetest Lite Smart		Lancet Recommendation														
Accu-Chek Instant test strips	85132	€8.54	Accu-Chek Instant	The use of a universal lancing device with lancets costing ≤ €6 per 200 for all patients undertaking SMBG is recommended.															
Glucomen Areo Sensor test strips	85110	€8.63	Glucomen Areo GK*	* Compatible blood ketone test strips															
Mylife Aveo test strips	97630	€8.75	Mylife Aveo**	<table><tr><th>Code</th><th>Blood ketone test strip (10)</th><th>Price</th></tr><tr><td>97605</td><td>4Sure B-ketone strips</td><td>€11.22</td></tr><tr><td>85140</td><td>Glucomen Areo B-ketone sensors</td><td>€11.24</td></tr><tr><td>97601</td><td>GlucoRx HCT ketone strips</td><td>€11.27</td></tr><tr><td>85106</td><td>Freestyle Optium B-ketone strips</td><td>€22.83</td></tr></table>	Code	Blood ketone test strip (10)	Price	97605	4Sure B-ketone strips	€11.22	85140	Glucomen Areo B-ketone sensors	€11.24	97601	GlucoRx HCT ketone strips	€11.27	85106	Freestyle Optium B-ketone strips	€22.83
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85106	Freestyle Optium B-ketone strips	€22.83																	
TD-4183-4363 blood glucose test strips	85579	€10.25	TD-4183	** Insulin pumps															
4Sure blood glucose test strips	94170	€11.22	4Sure SMART 4Sure SMART DUO*	There are BGTS with associated meters available on List A that have compatibility with insulin pumps (see overleaf).															
GlucoRx Nexus test strips	85120	€11.27	GlucoRx Nexus GlucoRx Nexus Mini Ultra GlucoRx Nexus Voice [□]	Full evaluation report is available at: www.hse.ie/mmp															
GlucoRx HCT glucose test strips	85139	€11.27	GlucoRx HCT* GlucoRx HCT Connecti*	See overleaf for further information.															
Freestyle Optium test strips	10051	€13.30	Freestyle Optium Neo*	MMP															
Contour Next blood glucose test strips	15963	€13.90	Contour Next One Contour Next Contour Next Link 2.4**	Version 4															
One Touch Verio test strips	68321	€13.90	One Touch Verio Reflect	March 2025															
Accu-Chek Mobile test cassette (Code: 85543, Price: €11.81) is considered a list A product for existing users only.																			
All featured BGTS come in packs of 50 strips (some as 2x25 strips) * Compatible with blood ketone testing ** Compatible with insulin pumps [□] 'Talking' capability This list is not exhaustive and represents information submitted to the MMP by suppliers. Refer to individual suppliers for further information. Prices listed (for preferred BGTS, blood ketone test strips) are correct as of 1 st March 2025.																			

Finetest Lite blood glucose test strips (85131) €6.95		Accu-Chek Instant test strips (85132) €8.54		Glucomen Areo Sensor test strips (85110) €8.63		Mylife Aveo test strips (97630) €8.75		TD-4183-4363 blood glucose test strips (85579) €10.25		
Blood volume (µL): 0.5 Haematocrit (%): 20-65 Open pack expiry: 6 months (2x25 pack) Test range (mmol/L): 1.1-33.3		Blood volume (µL): 0.6 Haematocrit (%): 10-65 Open pack expiry: up to 21 months (expiry not affected by opening) Test range (mmol/L): 0.6-33.3		Blood volume (µL): 0.5 (glucose), 0.8 (ketone) Haematocrit (%): 10-70 (glucose), 20-60 (ketone) Open pack expiry: 12 months Test range (mmol/L): 1.1-33.3 (glucose), 0.1-8.0 (ketone)		Blood volume (µL): 0.5 Haematocrit (%): 15-70 Open pack expiry: 12 months (expiry not affected by opening) Test range (mmol/L): 0.6-33.3		Blood volume (µL): 0.5 Haematocrit (%): 20-65 Open pack expiry: 6 months Test range (mmol/L): 1.1-36.1		
Neon Diagnostics Ltd. TO ORDER FREE METERS Phone: 1800 932 297 or Email: info@neondiagnostics.ie Patient supports: www.neondiagnostics.ie		Roche Diagnostics Ltd. TO ORDER FREE METERS Phone: 1800 931 078 or Email: Burgesshill.dccountmanagers@roche.com Patient supports: www.accu-chek.ie		Medicon Ireland Ltd. TO ORDER FREE METERS Phone: 1800 709 903 or Email: customerservice@mediconire.com Patient supports: www.mediconire.com		Pikdare SpA TO ORDER FREE METERS Phone: +39 335 75 67 130 or Email: cs.export@pikdare.com Patient supports: www.mylife-diabetescare.com		Critical Healthcare Ltd. TO ORDER FREE METERS Phone: 057 93 33111 Email: diagnostics@criticalhealthcare.com Patient supports: https://criticalhealthcare.com/clinical-portal.html		
Finetest Lite	Finetest Lite Smart	Accu-Chek Instant		Glucomen Areo GK		Mylife Aveo		TD-4183		
Meter memory: 500 App: No	Meter memory: 500 App: Yes, connectivity via BT	Meter memory: 720 App: Yes, connectivity via BT		Meter memory: 730 App: Yes, connectivity via NFC Compatible with: Glucomen Areo B-ketone sensors (85140) €11.24		Meter memory: 1000 App: Yes, connectivity via BT <i>Contact supplier for a list of compatible insulin pumps</i>		Meter memory: 1000 App: Yes, connectivity via BT dongle. <i>Contact supplier to order BT dongle separately.</i>		
4Sure blood glucose test strips (94170) €11.22		GlucorX HCT glucose test strips (85139) €11.27				GlucorX Nexus test strips (85120) €11.27				
Blood volume (µL): 0.5 (glucose), 0.8 (ketone) Haematocrit (%): 0-70 (glucose), 10-70 (ketone) Open pack expiry: up to 24 months (expiry not affected by opening) Test range (mmol/L): 0.5-33.3 (glucose), 0.1-8.0 (ketone)		Blood volume (µL): 1.0 (glucose and ketone) Haematocrit (%): 0-70 (glucose), 10-70 (ketone) Open pack expiry: up to 24 months (expiry not affected by opening) Test range (mmol/L): 0.5-38.9 (glucose), 0.1-8.0 (ketone)				Blood volume (µL): 0.5 Haematocrit (%): 30-60 Open pack expiry: up to 24 months (expiry not affected by opening) Test range (mmol/L): 1.1-33.3				
Clonmel Healthcare TO ORDER FREE METERS Phone: 1800 26 26 26 or Email: salesorders@clonmel-health.ie Patient supports: https://www.nipro-diagnostics.co.uk/patients/4sure-products		Windzor Pharma Ltd. TO ORDER FREE METERS Phone: 01 6950401 or Email: info@windzorpharma.com Patient supports: www.glucorx.ie				Windzor Pharma Ltd. TO ORDER FREE METERS Phone: 01 6950401 or Email: info@windzorpharma.com Patient supports: www.glucorx.ie				
4Sure SMART	4Sure SMART DUO	GlucorX HCT	GlucorX HCT Connecti		GlucorX Nexus	GlucorX Nexus Mini Ultra	GlucorX Nexus Voice			
Meter memory: 1000 App: Yes, connectivity via BT	Meter memory: 1000 App: Yes, Connectivity via BT Compatible with: 4sure B-ketone strips (97605) €11.22	Meter memory: 1000 App: No	Memory: Unlimited (with App) App: Yes Note: consult supplier for compatible devices		Meter memory: 1000 App: No	Meter memory: 1000 App: No	Meter memory: 450 App: No			
				Compatible with: GlucorX HCT ketone strips (97601) €11.27						
Accu-Chek Mobile test cassette (85543) €11.81		Freestyle Optium test strips (10051) €13.30		Contour Next blood glucose test strips (15963) €13.90			One Touch Verio test strips (68321) €13.90			
Considered a list A product for existing users only. Blood volume (µL): 0.3 (approximately) Haematocrit (%): 25-55 Open pack expiry: 90 days (after opening) Test range (mmol/L): 0.6-33.3		Blood volume (µL): 0.6 (glucose), 1.5 (ketone) Haematocrit (%): 30-60 (glucose and ketone) Open pack expiry: use immediately (individual foil packet) Test range (mmol/L): 1.1-27.8 (glucose), 0.0-8.0 (ketone)		Blood volume (µL): 0.6 Haematocrit (%): 0-70 Open pack expiry: up to 24 months (expiry not affected by opening) Test range (mmol/L): 0.6-33.3			Blood volume (µL): 0.4 Haematocrit (%): 20-60 Open pack expiry: 6 months Test range (mmol/L): 1.1-33.3			
Legend and abbreviations		Abbott Diabetes Care TO ORDER FREE METERS: Contact your local representative Email: freestylelibre.ie@abbott.com Patient supports: www.freestylediabetes.ie		Ascensia Diabetes Care Ireland Ltd. TO ORDER FREE METERS Phone: 1800 920 111 or Email: diabetesupport@ascensia.com Patient supports: www.diabetes.ascensia.ie			Lifescan Ireland Ltd. TO ORDER FREE METERS Phone: 1800 535 676 Patient supports: www.mynetouch.ie			
Blue: Compatible with ketone testing		Freestyle Optium Neo		Contour Next One	Contour Next	Contour Next Link 2.4	One Touch Verio Reflect			
Pink: “Talking” capability										
Orange: Compatible with insulin Pumps										
Wireless connectivity: BT: Bluetooth®; NFC: Near field communication		Meter memory: 1000 App: No Compatible with: Freestyle Optium B-ketone strips (85106) €22.83		Meter memory: 800 App: Yes, connectivity via BT	Meter memory: 800 App: Yes, connectivity via BT	Meter memory: 1000 App: No <i>Contact supplier for a list of compatible insulin pumps</i>	Meter memory: 750 App: Yes, connectivity via BT			