

Preferred Blood Glucose Test Strips (BGTS) for adults with type 1 and type 2 diabetes

The MMP recommends a preferred BGTS (List A) with an associated meter for:

- ✓ People who are newly diagnosed with diabetes (type 1 and type 2) and require self monitoring of blood glucose (SMBG).
- ✓ People with diabetes (type 2) where continued SMBG is recommended on review.
- ✓ People with diabetes (type 1 and type 2) changing their current meter where SMBG is recommended.

Prescribers should give due consideration to the use of preferred BGTS when commencing SMBG and when changing a meter in established patients.

Implementation of the preferred BGTS will lead to significant savings for the HSE, in the order of millions of euros.

Preferred BGTS (List A)			Associated meters
BGTS	Reimbursement		
	Code	Price (as of 1 st February 2021)	
Finetest Lite blood glucose test strips	85131	€6.95	Finetest Lite Finetest Lite Smart
Microdot Max blood glucose test strips	97637	€7.46	Microdot Max
Glucomen Areo Sensor test strips	85110	€9.44	Glucomen Areo Glucomen Areo 2K*
Mylife Unio test strips	97607	€10.50	Mylife Unio Cara** Mylife Unio Neva**
4Sure blood glucose test strips	94170	€11.22	4Sure SMART 4Sure SMART DUO*
GlucoRx Nexus test strips	85120	€11.27	GlucoRx Nexus (TD-4277) † GlucoRx Nexus mini ultra (TD-4141) GlucoRx Nexus Voice (TD-4280) †
GlucoRx HCT glucose test strips	85139	€11.27	GlucoRx HCT (TD-4279)* GlucoRx HCT Connect (TD-4140)* GlucoRx HCT Connect/ (TD-4140b)*
Accu-Chek Mobile test cassette (50)	85543	€11.81	Accu-Chek Mobile
Contour Next blood glucose test strips	15963	€14.30	Contour Next One Contour XT Contour Next Link 2.4**
One Touch Verio test strips	68321	€14.30	One Touch Verio Reflect

Practice Point

As part of diabetes care, the meter in use by patients should be reviewed regularly. If a meter has not been replaced in the previous 2 years, **change to a preferred BGTS (List A) with associated meter.** Meters should be registered with the company at the time of initiation of use.

Lancet Recommendation

The use of a universal lancing device with lancets costing ≤€6 per 200 for all patients undertaking SMBG is recommended.
Note: GlucoRx lancets pack of 200 (97602) include a lancing device.

* Compatible blood ketone test strips

Code	Blood ketone test strip (10)	Price
97605	4Sure B-ketone strips	€11.22
85140	Glucomen Areo B ketone sensors	€11.24
97601	GlucoRx HCT ketone strips	€11.27

** Insulin pumps

There are BGTS with associated meters available on List A that have compatibility with insulin pumps (see overleaf).

Full evaluation report is available at:
www.hse.ie/yourmedicines
See overleaf for further information.

All featured BGTS come in packs of 50 strips (some as 2x25 strips) * Compatible with blood ketone testing ** Compatible with insulin pumps † 'Talking' capability This list is not exhaustive and represents meters submitted to the MMP at the time of the evaluation process. Refer to individual suppliers for further information.
†Also available: GlucoRx GO (recommended for use by healthcare professionals, therefore not included overleaf). BGTS are listed in order of ascending price.

Preferred BGTS (List A) with associated meters

Finetest Lite blood glucose test strips (85131) €6.95		Microdot Max blood glucose test strips (97637) €7.46		Glucomen Aro Sensor test strips (85110) €9.44		Mylife Unio test strips (97607) €10.50		
Blood volume (µL): 0.5 Haematocrit (%): 20-65 Open pack expiry: 6 months (2x25 pack) Test range (mmol/L): 1.1-33.3		Blood volume (µL): 0.5 Haematocrit (%): 0-70 Open pack expiry: 6 months Test range (mmol/L): 0.6-33.3		Blood volume (µL): 0.5 (glucose), 0.8 (ketone) Haematocrit (%): 10-70 (glucose), 20-60 (ketone) Open pack expiry: 12 months Test range (mmol/L): 1.1-33.3 (glucose), 0.1-8.0 (ketone)		Blood volume (µL): 0.7 Haematocrit (%): 20-70 Open pack expiry: 12 months Test range (mmol/L): 0.6-33.3		
Neon Diagnostics Ltd. TO ORDER FREE METERS Phone: 1800 932 297 or Email: info@neondiagnosics.ie Patient supports: www.neondiagnosics.ie		Cambridge Sensors Ltd. TO ORDER FREE METERS Phone: 1850 211 896 or Email: sales@microdot.biz Patient supports: www.microdot.biz		Medicon Ireland Ltd. TO ORDER FREE METERS Phone: 1800 709 903 or Email: customerservice@mediconire.com Patient supports: www.mediconire.com		Ypsomed Ltd. TO ORDER FREE METERS Phone: 1800 911 522 or Email: info@ypsomed.co.uk Patient supports: www.mylife-diabetescare.com		
Finetest Lite	Finetest Lite Smart	Microdot Max		Glucomen Aro	Glucomen Aro 2K	Mylife Unio Cara	MyLife Unio Neva	
Meter memory: 500 App: No 	Meter memory: 500 App: Yes 	Meter memory: 500 App: Yes 		Meter memory: 730 App: Yes 	Meter memory: 730 App: Yes Compatible with: Glucomen Aro B ketone sensors (85140) €11.24 	Meter memory: 1000 App: Yes Contact supplier for a list of compatible insulin pumps 	Meter memory: 1000 App: Yes Contact supplier for a list of compatible insulin pumps 	
4Sure blood glucose test strips (94170) €11.22		GlucoRx HCT glucose test strips (85139) €11.27			GlucoRx Nexus test strips (85120) €11.27			
Blood volume (µL): 0.5 (glucose), 0.8 (ketone) Haematocrit (%): 0-70 (glucose), 10-70 (ketone) Open pack expiry: up to 24 months (expiry not affected by opening) Test range (mmol/L): 0.5-33.3 (glucose), 0.1-8.0 (ketone)		Blood volume (µL): 1.0 (glucose and ketone) Haematocrit (%): 0-70 (glucose), 10-70 (ketone) Open pack expiry: up to 24 months (expiry not affected by opening) Test range (mmol/L): 0.5-38.9 (glucose), 0.1-8.0 (ketone)			Blood volume (µL): 0.5 Haematocrit (%): 30-60 Open pack expiry: up to 24 months (expiry not affected by opening) Test range (mmol/L): 1.1- 33.3			
Clonmel Healthcare TO ORDER FREE METERS Phone: 1800 26 26 26 or Email: salesorders@clonmel-health.ie Patient supports: www.nipro-group.com/en-en/products		Windzor Pharma Ltd. TO ORDER FREE METERS Phone: 01 6950401 or Email: info@windzorpharma.com Patient supports: www.glucoRx.ie			Windzor Pharma Ltd. TO ORDER FREE METERS Phone: 01 6950401 or Email: info@windzorpharma.com Patient supports: www.glucoRx.ie			
4Sure SMART	4Sure SMART DUO	GlucoRx HCT (TD-4279)	GlucoRx HCT Connect (TD-4140)	GlucoRx HCT Connect/ (TD-4140b)		GlucoRx Nexus (TD-4277)	GlucoRx Nexus Mini Ultra (TD-4141)	GlucoRx Nexus Voice (TD-4280)
Meter memory: 1000 App: Yes 	Meter memory: 1000 App: Yes Compatible with: 4sure B-ketone strips (97605) €11.22 	Meter memory: 1000 App: No 	Memory: Unlimited (with App) App: Yes Note: consult supplier for compatible devices 	Memory: Unlimited (with App) App: Yes Note: consult supplier for compatible devices 		Meter memory: 1000 App: No 	Meter memory: 1000 App: Yes 	Meter memory: 450 App: No
Compatible with: GlucoRx HCT ketone strips (97601) €11.27								
Accu-Chek Mobile test cassette (50) (85543) €11.81		Contour Next blood glucose test strips (15963) €14.30			One Touch Verio test strips (68321) €14.30			
Blood volume (µL): 0.3-0.5 Haematocrit (%): 25-55 Open pack expiry: 3 months (once in meter) Test range (mmol/L): 0.6-33.3		Blood volume (µL): 0.6 Haematocrit (%): 0-70 Open pack expiry: up to 24 months (expiry not affected by opening) Test range (mmol/L): 0.6-33.3			Blood volume (µL): 0.4 Haematocrit (%): 20-60 Open pack expiry: 6 months Test range (mmol/L): 1.1-33.3			
Roche Diabetes Care Ltd. TO ORDER FREE METERS Phone: 1800 931 078 or Email: Burgesshill.dcaccountmanagers@roche.com Patient supports: www.accu-chek.ie		Ascensia Diabetes Care Ireland Ltd. TO ORDER FREE METERS Phone: 1890 920 111 or Email: diabetessupport@ascensia.com Patient supports: www.diabetes.ascensia.ie			Lifescan Ireland Ltd. TO ORDER FREE METERS Phone: 1800 535 676 Patient supports: www.myonetouch.ie			
Accu-Chek Mobile		Contour Next One	Contour XT	Contour Next Link 2.4		One Touch Verio Reflect		
Meter memory: 2000 App: Yes 		Meter memory: 800 App: Yes 	Meter memory: 480 App: No 	Meter memory: 1000 App: No Contact supplier for a list of compatible insulin pumps 		Meter memory: 750 App: Yes 		

Meters with ketone testing, insulin pump compatibility and 'talking' capability as per coding:

Blue: Compatible with ketone testing

Orange: Compatible with insulin Pumps

Pink: 'Talking' capability

This list is a guide only and is not exhaustive. It is based on information submitted to the MMP by suppliers during the evaluation process. Healthcare professional clinical judgement should be used when choosing a suitable meter for individuals. Images are for illustrative purposes only. Please refer to individual suppliers for further information.

MMP Version 1
February 2021