Figure 1: The Clinical Pathway for Adults with ADHD

1. Adult, no previous ADHD diagnosis with suggestive symptoms
   - General Adult Psychiatry Service (or POA where relevant)
   - ADHD screening positive
   - ADHD Clinic assessment
     - History and mental state examination
     - Collateral histories
     - Documents e.g. school reports
   - Diagnosis confirmed
   - Post diagnosis discussion / counselling

2. Adults with previous diagnosis and moderate/severe associated symptoms/impairments
   - Child Psychiatrist/Paediatrician
   - Joint discussion of referral by AMHT and ADHD Clinic
   - Significant co-morbid mental health needs - Yes
   - Significant co-morbid mental health needs - No

3. Transition of symptomatic 18 year olds with ADHD
   - Child Psychiatrist/Paediatrician
   - Significant co-morbid mental health needs - Yes

Multimodal treatment:
- Medication
- Group CBT/OT
- Dose stabilised
- Completed
- D/C
- GP/referring

Annual review of medication need by ADHD Clinic
1Accompanied by recent medical (cardiac) review.