

National Clinical Programme for Eating Disorders



over €8 million invested

60 new eating disorder staff further 30+ in recruitment **Active Training & Education Progamme**



1370 referrals

unprecedented demand peaked 2021



255 case consultations 3 in 4 under 18 1 in 10 males 2 in 3 (452) Anorexia Nervosa



Access Times

54% (456) assessed within 4 weeks 76% (634) assessed within 8 weeks

HSE Model of Care for Eating Disorders 2018 - 2022

742 started treatment

65% (482) within 4 weeks after assessment 76% (565) within 8 weeks after assessment

Self Care App

Almost 16K users since 2020 Over 230k page views Refresh planned in 2023



2 in 3 discharged to GP since 2020 51/833 admitted to inpatient mental health care (6%)

> Mortality 2 deaths

Partnership with **BodyWhys**

3500+ families/carers have accessed support programmes

