



## Recruitment

additional 5 consultant psychiatrists recruited

## 435 referrals

25% decrease from 2021  
rate is 2.3x higher than in 2019

## Referral Sources

53% from GP  
1 in 12 from acute hospital team  
37% from other MHS

## 227 assessments

141 case consultations  
92% female  
46% 15-17 years old



# 2022

## NUMBERS AT A GLANCE

## 186 had an eating disorder

66% Anorexia Nervosa  
8% Bulimia Nervosa  
17% OSFED  
5% ARFID  
1% Binge Eating Disorder

## Complexity

Anxiety and Depression commonest mental health **co-morbidity**  
16% had medical diagnosis  
1 in 4 self harm/suicidal ideation



## 258 started treatment

205 offered Evidence Based treatment (FBT/CBT-E /MANTRA/SSCM/Group therapy)

## 213 Discharged

almost 70% to GP

