

NATIONAL CLINICAL PROGRAMME FOR EATING DISORDERS

Our Growth in 2020

3 Specialist Community Eating Disorder Teams in place
 COVID pandemic from March 2020
 Rapid Adoption of Telehealth



150 ASSESSMENTS

4 in 5 female
 83 % under 18



130 HAD AN EATING DISORDER

75 58% Anorexia Nervosa
 23 18% Bulimia Nervosa
 11 8% ARFID
 5 3.5% Binge eating disorder
 15 10% OSFED

18% Self harm / suicidal ideation
 15% had additional medical condition



228 REFERRALS

4 in 5 reached referral criteria
 60% from hospital medical or community mental health team
 1 in 4 urgent



2020 ACCESS TIMES FOR ASSESSMENT

2 in 3 urgent within 1 week
 81% under 18yrs routine within 4 weeks
 84% all referrals within 8 weeks



2020 ACCESS TIMES FOR TREATMENT

138 started treatment
 55% within 2 weeks
 81% within 4 weeks



86 DISCHARGES

71% reliable or partial recovery
 75% discharged to GP/primary care
 1 death



2019 COMPARISONS

60% rise in referrals received
 43% increase in assessments completed

Twice as many started treatment

X2



ADMISSIONS ACTIVITY

Inpatient HSE Mental Health Unit = 5.3% admission rate
 22 admissions to acute hospitals = 15%
 No admissions to private hospitals
 No admissions via Treatment Abroad Scheme