

National Clinical Programme for Eating Disorders

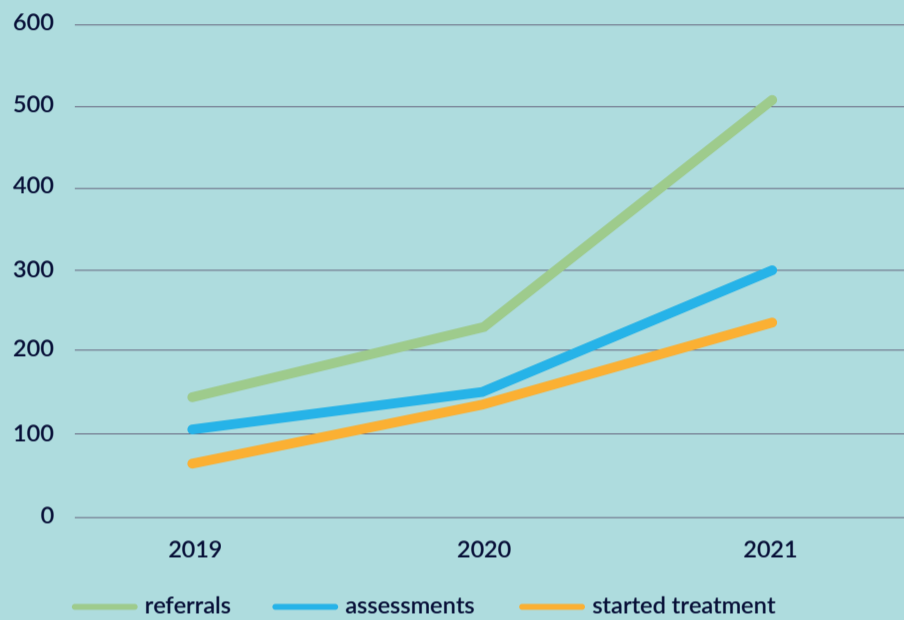
Our response to increased demand in 2021

- + In line with global rise in Eating Disorders since onset of COVID pandemic
- + Data from 3 HSE community specialist eating disorder teams

504 referrals

- + 78% accepted
- + 39% urgent
- + Over half from GP
- + 1 in 12 referred from a hospital

Increasing demand and capacity 2019-2021

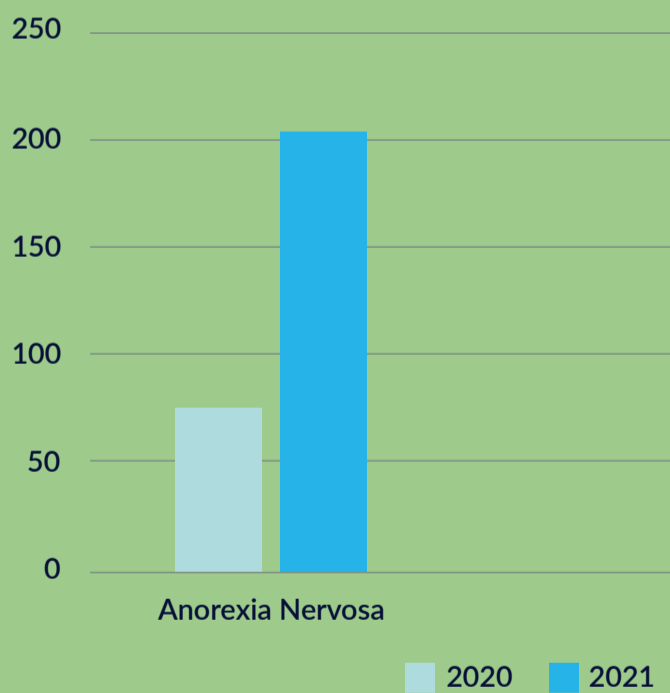


301 assessments completed

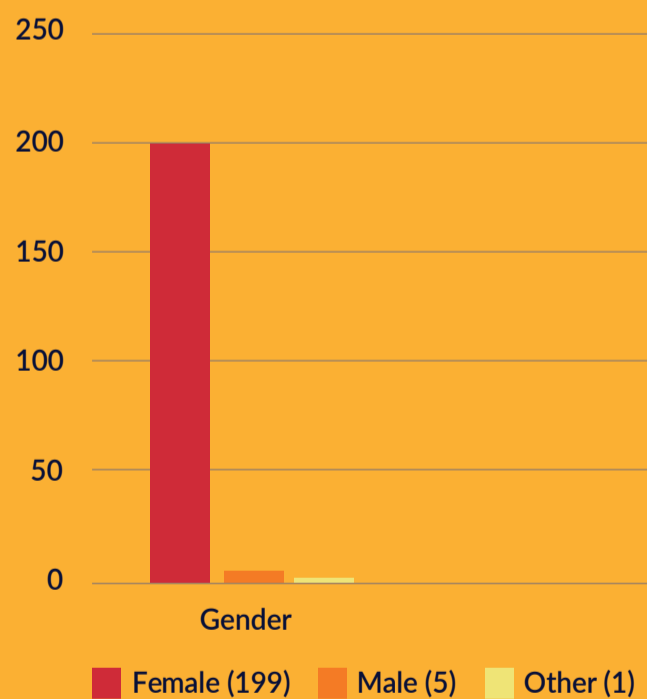
- + 94% female
- + 78% under 18



Diagnosis of Anorexia Nervosa increase (172%)



Gender in diagnosis of Anorexia Nervosa



278 had an Eating Disorder

Anorexia Nervosa	204	73%
Bulimia Nervosa	23	4%
OSFED	42	15%
ARFID	11	6%
BED	5	1%

Almost 3 in 4 had Anorexia Nervosa



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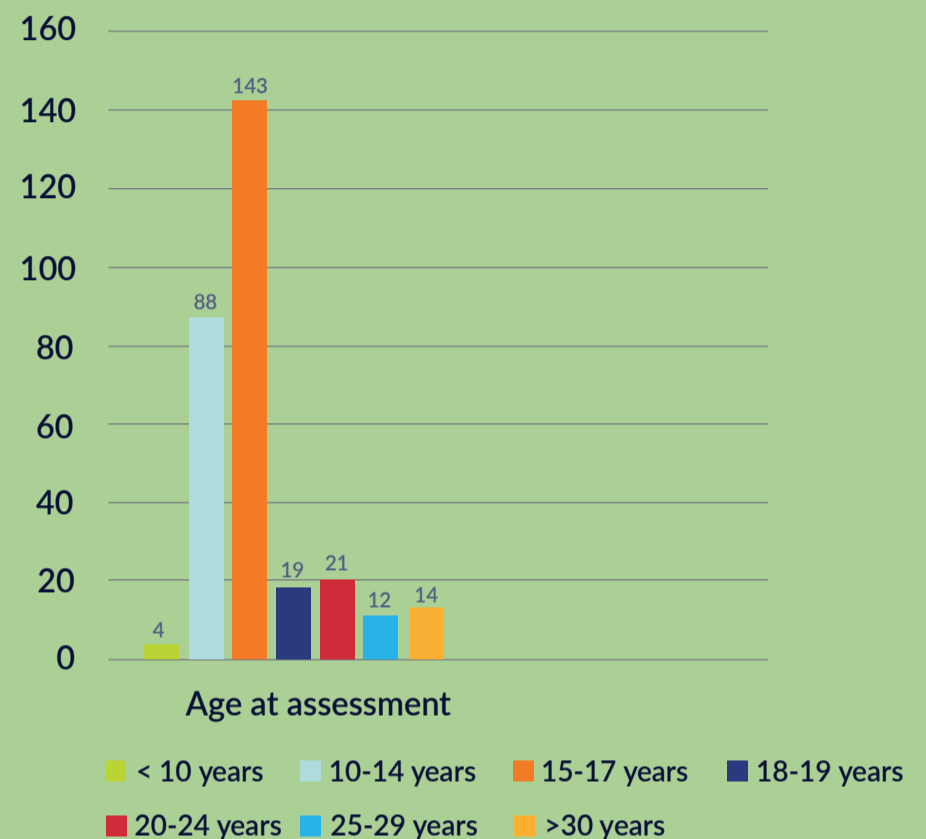
Access times to assessment

- + 46% (138) accessed assessment in 4 weeks
- + 73% (220) accessed assessment in 8 weeks
- + Twice as many accessed assessment

Access times to treatment

- + 55% started treatment within 4 weeks
- + 72% started treatment within 8 weeks
- + 73% rise in those receiving evidence based treatments

Age at assessment



Referrals to hospital

- + Twice as many admitted for inpatient mental health care
- + 42/235 (18%) of under 18's admitted to acute hospital

113 discharges

- + 75% full or partial recovery
- + Recovery rates maintained
- + Over half discharged back to primary care
- + 47% discharged to MHS

Twice as many assessments



120% increase in referrals

71% more receiving treatment

