



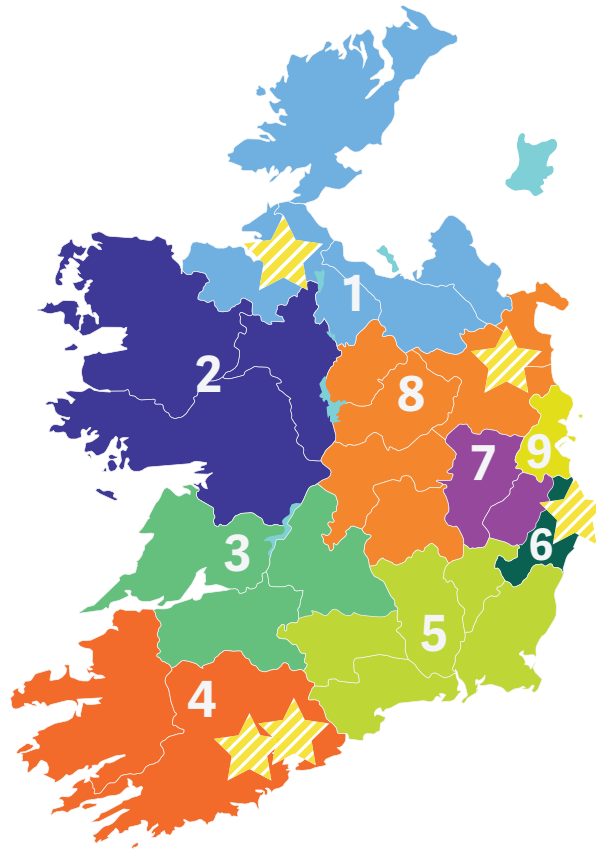
# National Clinical Programme for Early Intervention in Psychosis

Early Intervention in Psychosis (EIP) is an evidence based approach that can transform the experience and outcomes of people facing psychosis. EIP services can change a message of despair to a message of realistic hope and optimism.

## Where are we at with EIP Team implementation in Ireland?

### Implementation progress to date

- Five EIP Teams
- 19% of the adult population have access to an EIP service
- Currently there are no CAMHS EIP teams in Ireland. However, the Women’s Health Fund announced investment in an at risk for psychosis clinic for CHO6 in July 2022.



## Why invest in EIP?

### Service Users and their families like it

“I wasn’t always ready for the support, but they stuck with me until I was ready. I struggled to accept what was happening ... but I’ve come to realise that with the support I can have a good future and I can do what I want with my life” EIP Service User

“Having a keyworker that actually listened to me and was a constant person in my care really helped me recover.” EIP Service User

“We came from a place of turmoil and we have been supported” EIP Family member

“We need more EIP services, they should be in every county” EIP Family Member

### People get better

“The EIP Team involved the whole family in B’s recovery ... EIP gave us an individual map to help us find the way out of the hopeless place we were in. His hopes for the future are back” EIP Family Member

“With the support, you slowly start to believe that recovery is possible ... I am now in a place I never thought I could be, in a relationship, working in a better job, I know myself better now” EIP Service User

### Clinicians want to work in EIP Teams

#### Recruitment Success in EIP Teams:

2019 Funding:

100% recruited

2020 New development funding:

100% recruited

2021 New development funding:

95% recruited

“EIP is just such a positive, hopeful way of working, more holistic, more proactive, you feel you are really meeting peoples individual needs and supporting real recovery”

“It’s something people would have known instinctively ... that it’s better to treat people as early as you can ... the other highlight is it’s really bio psycho social, very much the emphasis on early identification of physical health problems and that most definitely wasn’t there before”

## EIP Teams bring the Four Principles of 'Sharing The Vision' to life

1. **Recovery** – Hope, choice, empowerment
2. **Trauma informed** – Individualised care, sensitive to trauma & risk of re-traumatisation
3. **Human Rights** – Collaborative care delivered in least restrictive environment
4. **Valuing and learning** – Learning culture, EIP Network days & team meetings

## EIP a modest investment that has a big impact

- A small investment in existing teams in 2023 will facilitate reach into CAMHS for 2023
- Three new EIP teams have been selected for 2023 on the basis of:
  - Team and management readiness
  - Ability to recruit
  - High rates of psychosis in their areas

## Planned implementation progress for 2023

- Eight EIP services
- Including four services now offering EIP care to under 18's
- 30% of the adult population would have access to an EIP service in Ireland
- 14% of children would have access to an EIP service in Ireland

