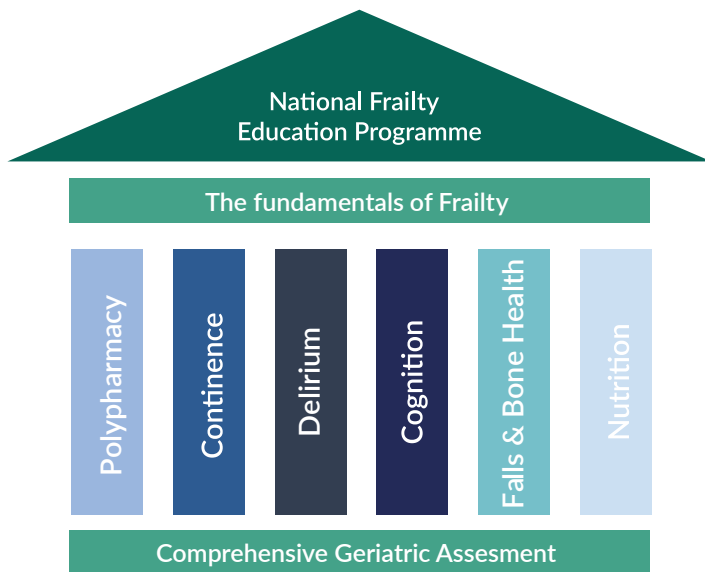


Benefits of the National Frailty Education Programme



WHAT ARE YOU GOING TO STOP DOING?

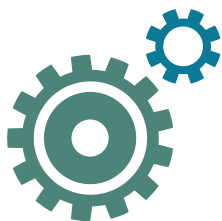


Putting things down to age / assuming all older people are frail.



Rushing patients.

I now recognise that staff's fear of falls impacts/exacerbates the fear of falling in a patient, will try stop this.



Assuming patient can't return to their pre-admission baseline function.

Agreeing to inappropriate bed moves.



Assuming that continence is a normal part of ageing.

WHAT ARE YOU GOING TO FEEDBACK TO YOUR COLLEAGUES?

This course is the way forward and should be mandated.

How important CGA is for all patients deemed at risk in all wards and settings.

In my 18 years as a nurse this is the best course I have ever attended.

Highlight the importance of identifying and acknowledging frailty.

Education and frailty will enhance our understanding and change our perception of taking care of the frail older person, highly recommended to all levels of staff

So much of this relates to my own family situation. It makes much more sense now