

Choosing Wisely®

Statements

Choosing Wisely® recommendations should not be used to establish coverage decisions or exclusions. Rather, they are meant to spur conversation about what is appropriate and necessary treatment. As each patient situation is unique, providers and patients should use the recommendations as guidelines to determine an appropriate treatment plan together. See *Choosing Wisely website* for more details.

Statements relevant to Pathology as numbered in the Choosing Wisely Guideline and Patient Friendly Resources	Choosing Wisely® Guideline / Patient Friendly Resources
1. Don't order diagnostic tests at regular intervals (such as every day), but rather in response to specific clinical questions.	Critical Care Societies Collaborative - Critical Care http://www.choosingwisely.org/doctor-patient-lists/critical-care-societies-collaborative-critical-care/
4. Don't order a total or free T3 level when assessing levothyroxine (T4) dose in hypothyroid patients.	American Association of Clinical Endocrinologists and The Endocrine Society http://www.choosingwisely.org/doctor-patient-lists/the-endocrine-society-and-american-association-of-clinical-endocrinologists/
1. Don't do work up for clotting disorder (order hypercoagulable testing) for patients who develop first episode of deep vein thrombosis (DVT) in the setting of a known cause.	Society for Vascular Medicine http://www.choosingwisely.org/doctor-patient-lists/society-for-vascular-medicine/
5. Don't perform repetitive CBC and chemistry testing in the face of clinical and lab stability.	Society of Hospital Medicine – Adult Hospital Medicine http://www.choosingwisely.org/societies/society-of-hospital-medicine-adult/
Choosing Wisely Patient Friendly Resources	
2. Don't transfuse red blood cells for iron deficiency without hemodynamic instability.	AABB http://www.choosingwisely.org/doctor-patient-lists/american-association-of-blood-banks/
1. Don't test ANA sub-serologies without a positive ANA and clinical suspicion of immune-mediated disease.	American College of Rheumatology http://www.choosingwisely.org/doctor-patient-lists/american-college-of-rheumatology/
1. Don't order autoantibody panels unless positive antinuclear antibodies (ANA) and evidence of rheumatic disease. 4. Don't perform methotrexate toxicity labs more often than every 12 weeks on stable doses. 5. Don't repeat a confirmed positive ANA in patients with established JIA or systemic lupus erythematosus (SLE).	American College of Rheumatology – Pediatric Rheumatology http://www.choosingwisely.org/doctor-patient-lists/american-college-of-rheumatology-pediatric-rheumatology/
5. Don't perform repetitive CBC and chemistry testing in the face of clinical and lab stability.	Society of Hospital Medicine – Adult Hospital Medicine http://www.choosingwisely.org/doctor-patient-lists/society-of-hospital-medicine-adult-hospital-medicine/