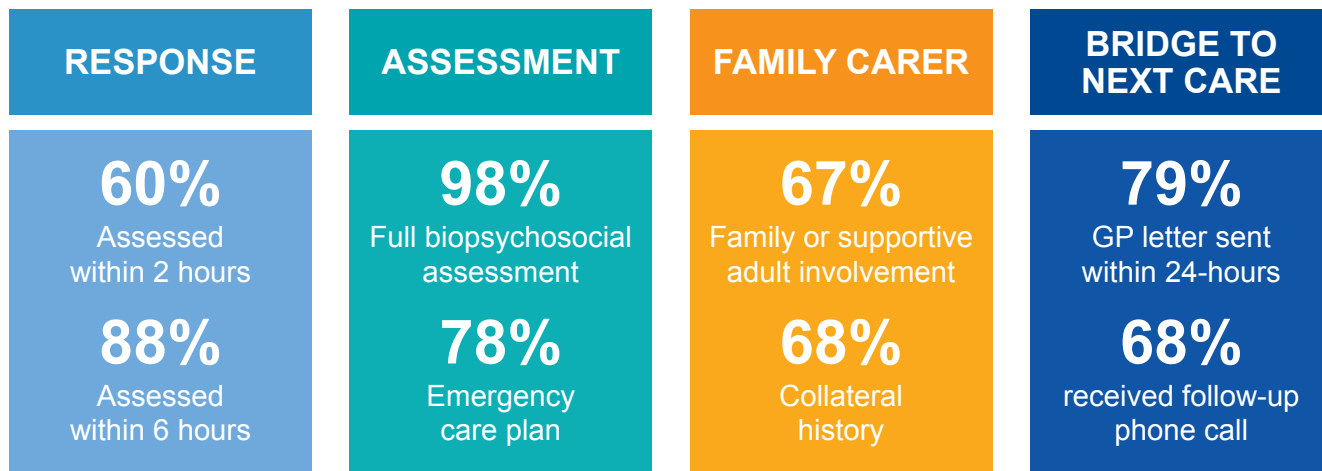




# SUMMARY OF THE NATIONAL CLINICAL PROGRAMME FOR SELF-HARM AND SUICIDAL-RELATED IDEATION (NCPSHI) DELIVERY IN EMERGENCY DEPARTMENTS IN 2023

*Embedding expert, timely and compassionate care for everyone who presents and their families/supporters*

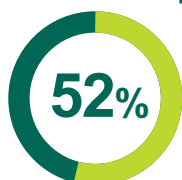


## Four Pillars of Intervention

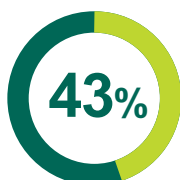
### ED PRESENTATIONS

**18,111**

presentations of self-harm and suicidal-related ideation reported



suicidal-related ideation  
(5% unknown)



self-harm

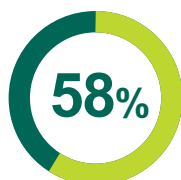
Most common methods of self harm:



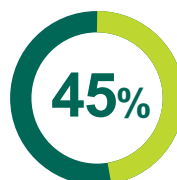
**52%**  
Intentional drug overdose

**24%**  
Self-cutting

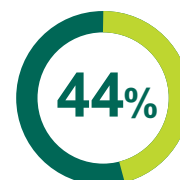
**7%**  
Attempted hanging



history of either self-harm or suicidal ideation



engaged with mental health services at time of ED presentations



had substance misuse noted as a contributing factor

### DEMOGRAPHICS



**Males**  
represented

**51%**



**Females**  
represented

**49%**



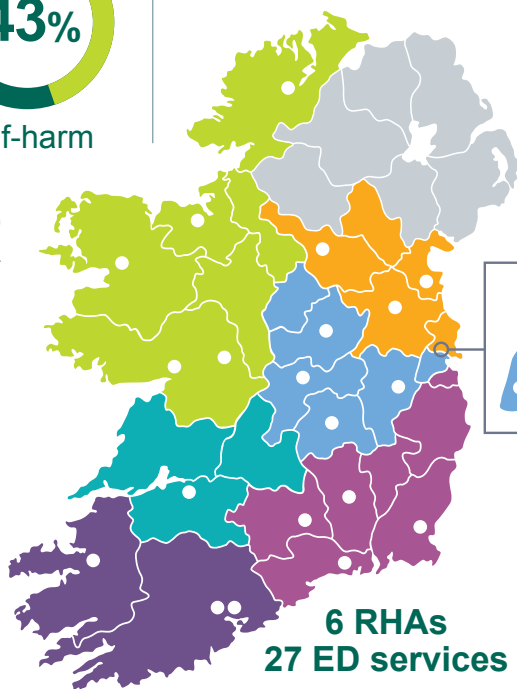
**Children**  
represented

**8%**

(Under 18)

Non-binary gender represented less than 1%

80% White Irish, 7% White Other, 3% Irish Traveller, 1% each of other ethnic backgrounds including mixed



### TEMPORAL TRENDS



attended Mon-Fri 8am-5pm  
(peaked Tuesday)



attended out of hours (evenings and overnight)  
Mon-Fri 5pm-8am



attended ED on weekends  
(lowest on Saturday)