

# SUMMARY OF THE NATIONAL CLINICAL PROGRAMME FOR SELF-HARM AND SUICIDAL-RELATED IDEATION (NCPSHI) **DELIVERY IN EMERGENCY DEPARTMENTS IN 2023**

Embedding expert, timely and compassionate care for everyone who presents and their families/supporters

### **RESPONSE**

60%

Assessed within 2 hours

88%

Assessed within 6 hours

### **ASSESSMENT**

98%

Full biopsychosocial assessment

**78%** 

**Emergency** care plan

## **FAMILY CARER**

67%

Family or supportive adult involvement

68%

Collateral history

## **BRIDGE TO NEXT CARE**

**79%** 

**GP** letter sent within 24-hours

68%

received follow-up phone call

# Four Pillars of Intervention

**ED PRESENTATIONS** 

18,111

presentations of self-harm and suicidal-related ideation reported

self-harm

suicidal-related ideation

(5% unknown)

Most common methods of self harm:



Intentional drug overdose

> 24% Self-cutting

Attempted hanging



history of either self-harm or suicidal ideation



engaged with mental health services at time of ED presentations



had substance misuse noted as a contributing factor



6 RHAs

27 ED services

(26 adult and 1 paeds hospital)

#### **DEMOGRAPHICS**

Males represented 51%

**Females** 

represented

49%

Children represented

Non-binary gender represented less than 1%

80% White Irish, 7% White Other, 3% Irish Traveller, 1% each of other ethnic backgrounds including mixed

#### **TEMPORAL TRENDS**



attended Mon-Fri 8am-5pm (peaked Tuesday)



attended out of hours (evenings and overnight) Mon-Fri 5pm-8am

