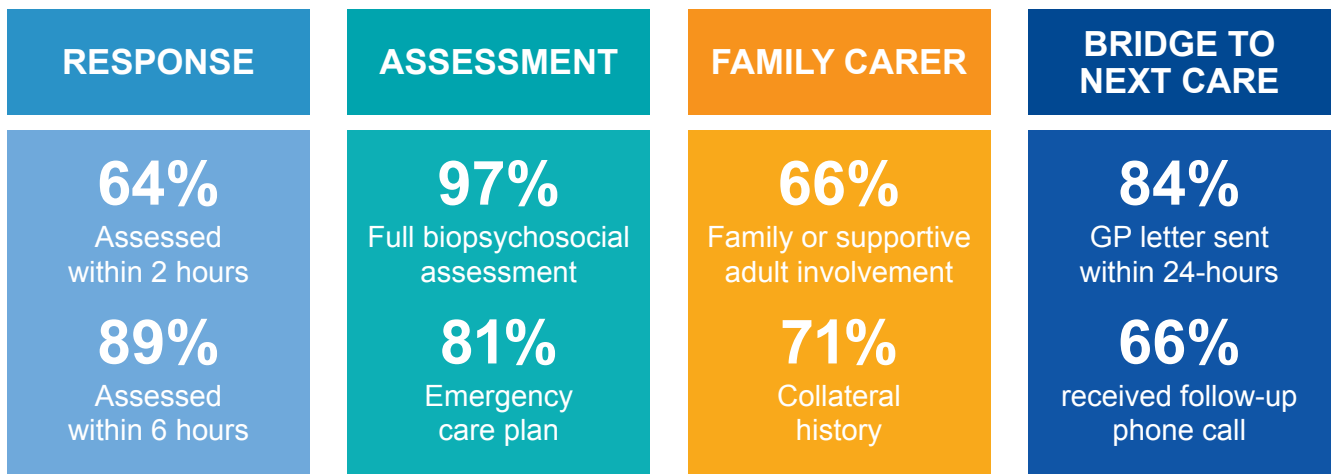




SUMMARY OF THE NATIONAL CLINICAL PROGRAMME FOR SELF-HARM AND SUICIDAL-RELATED IDEATION (NCPSHI) DELIVERY IN EMERGENCY DEPARTMENTS IN 2024

Embedding expert, timely and compassionate care for everyone who presents and their families/supporters

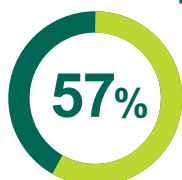


Four Pillars of Intervention

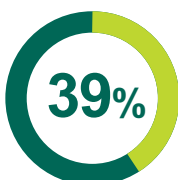
ED PRESENTATIONS

19,177

presentations of self-harm and suicidal-related ideation reported



suicidal-related ideation
(4% unknown)



self-harm

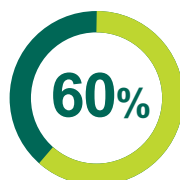
Most common methods of self harm:



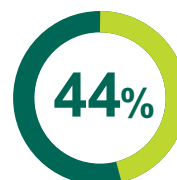
52%
Intentional drug overdose

24%
Self-cutting

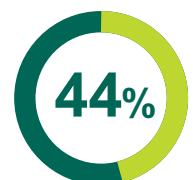
6%
Attempted hanging



history of either self-harm or suicidal ideation



engaged with mental health services at time of ED presentations



had substance misuse noted as a contributing factor

DEMOGRAPHICS



Males
represented

52%



Females
represented

47%

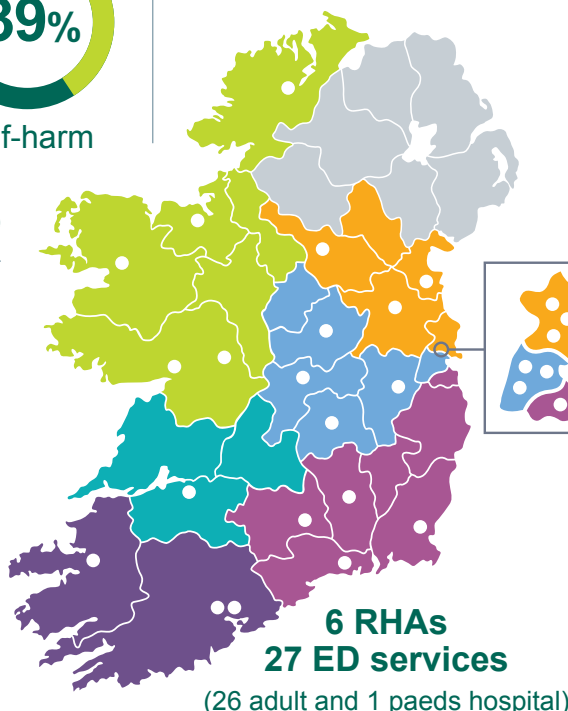


Children
represented

7%
(Under 18)

Non-binary gender represented less than 1%

80% White Irish, 7% White Other, 4% Irish Traveller, 1% each of other ethnic backgrounds including mixed



TEMPORAL TRENDS



attended Mon-Fri 8am-5pm
(peaked Monday)



attended out of hours (overnight)
Mon-Fri 5pm-8am



attended ED on weekends
(lowest on Saturday)