

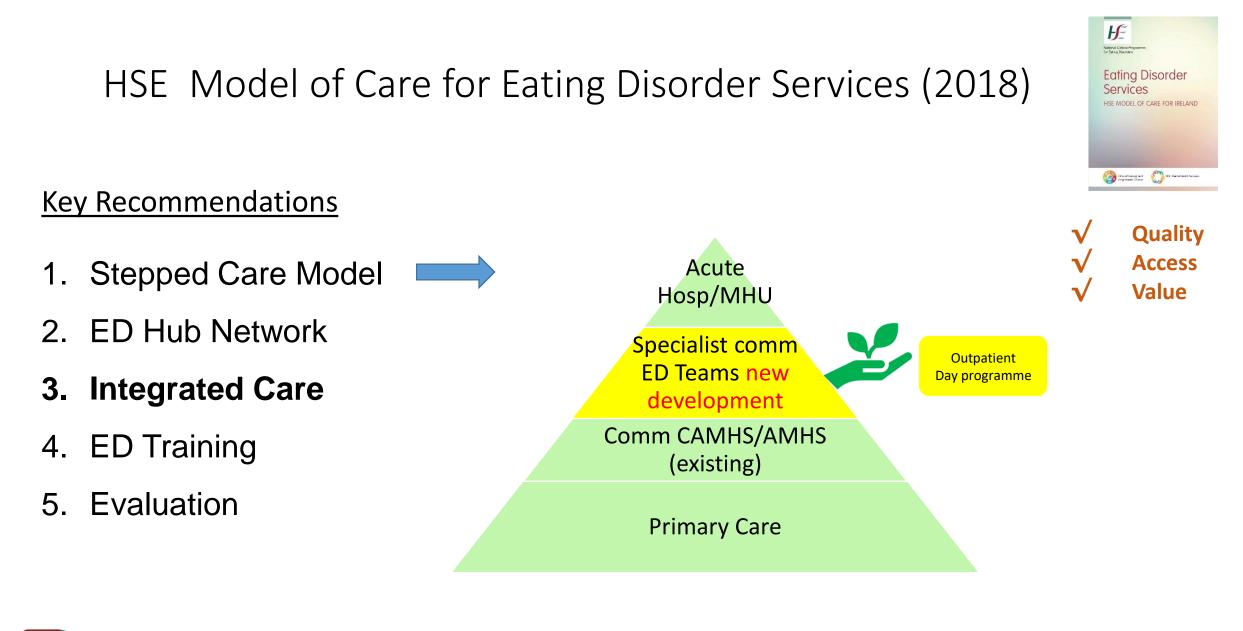
Integrated Care in safe quality Eating Disorder Services in Ireland

Dr. Michelle Clifford, Clinical Lead NCP Eating Disorders

HSE National Clinical Programmes Networking day Nov 29th 2023











Eating Disorder Network

Team locations for the National Eating Disorder Network



5 Adult ED Teams **5 CAMHS Teams** 80+ ED clinicians









HE **National Clinical Programme for Eating Disorders**

over € 8 million 833 assessments invested **1370 referrals** 255 case consultations 60 new eating disorder staff 3 in 4 under 18 unprecedented demand further 30+ in recruitment 1 in 10 males peaked 2021 Active Training & Education Progamme 2 in 3 (452) Anorexia Nervosa **HSE Model of Care for Eating Access Times** Disorders 65% (482) within 4 weeks after 2018 - 2022 54% (456) assessed within 4 weeks 76% (565) within 8 weeks after 76% (634) assessed within 8 weeks **Partnership with Discharges** Self Care App 2 in 3 discharged to GP since 2020 **BodyWhys** 51/833 admitted to inpatient mental 3500+ families/carers have health care (6%) Over 230k page views accessed support programmes Mortality 2 deaths BODYWHYS

Almost 16K users since 2020 Refresh planned in 2023

742 started treatment

Bridging gap between mental and physical health settings

- Each Adult and CAMHS ED Team linked with an acute medical or paediatric hospital
- Consultant Paediatrician/ Physician and hospital dietitian as members of NCPED MDT
- Formal Care Pathways



ICGP Guidelines



Quality and Safety in Practice Committee



QUICK REFERENCE GUIDE

Eating Disorders: Guide to Assessment and Management in Primary Care



AUTHORS

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Dr Sara McDevitt The HSE National Clinical Leaa Eating Disorders



• March 2021

- GP representative as member of NCPED Implementation and Advisory Group
- Active wait list supports/resources

Emergency Department Guidelines Đ

- Guideline for the Assessment and Management of Patients with Suspected or Confirmed Eating Disorders in the Emergency Department
- October 2023
- Collaboration with NCP Emergency Medicine
- EMERGENCY
- Approved by Irish Association for Emergency Medicine
- MEED risk assessment framework



HSE Clinical Programme for **Eating Disorders**

IAEM Clinical Guideline

Guideline for the Assessment and Management of Patients with Suspected or Confirmed Eating Disorders in the Emergency Department

Version 1.0

October 2023

Autors: Arbon MilCabe, Onstrop Ref. Pauline Boyle, Sineal Ferner, Sarah Deary Arle MilCaney, Briste Naklo, Paule Milhale Others

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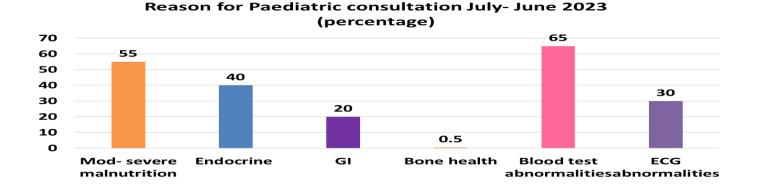
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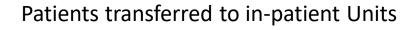
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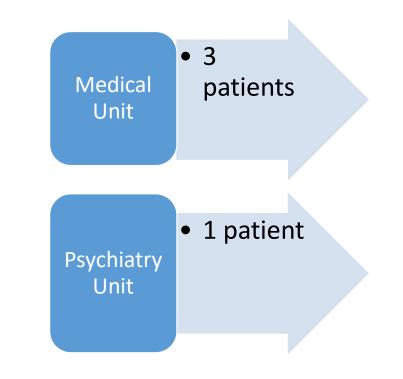


Integrated Care : Role of paediatrician

- CAMHS ED Team CHO 4
- WTE 0.5 consultant paediatrician Jan23
- To date 206 paeds consultations









Paediatric Role in within outpatient CAMHS ED Teams:

- Conducting thorough medical assessments for early detection of at-risk patients.
- Providing medical psychoeducation to enhance treatment engagement.
- Implementing accelerated re-nourishment strategies by clinical and biochemical parameters.
- Integrating medical comorbidity monitoring into the overall treatment plan.
- Fostering interdisciplinary collaboration to enhance communication between medical and psychological teams.

Training and Education



• National Eating Disorder Webinar March 2022

Recognising and Managing Medical emergencies in eating Disorders

- 500+ attended across mental and physical healthcare settings
- Collaboration with NCP EM, Paediatrics and Acute Medicine
- Local Training and Education Initiatives

Thank You



