



Improving the Hospital ED and Primary Care Response to Self-Harm and Suicide-related ideation

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What is our Vision?

- To ensure that this clinical programme is embedded in clinical practice
- So that every individual who presents with suicidal ideation or self-harm in any clinical setting will receive a timely expert assessment of their needs and is connected to appropriate next care
- That the individual and their family are valued and supported by staff who themselves are valued and supported



Recovery

How did we set the foundations for future growth and development?

4 Pillars of the NCPSH

Empathic, Compassionate Response

Interventionist Assessment including **Emergency Care Plan**

Expert

Next of Kin involved at assessment and discharge planning

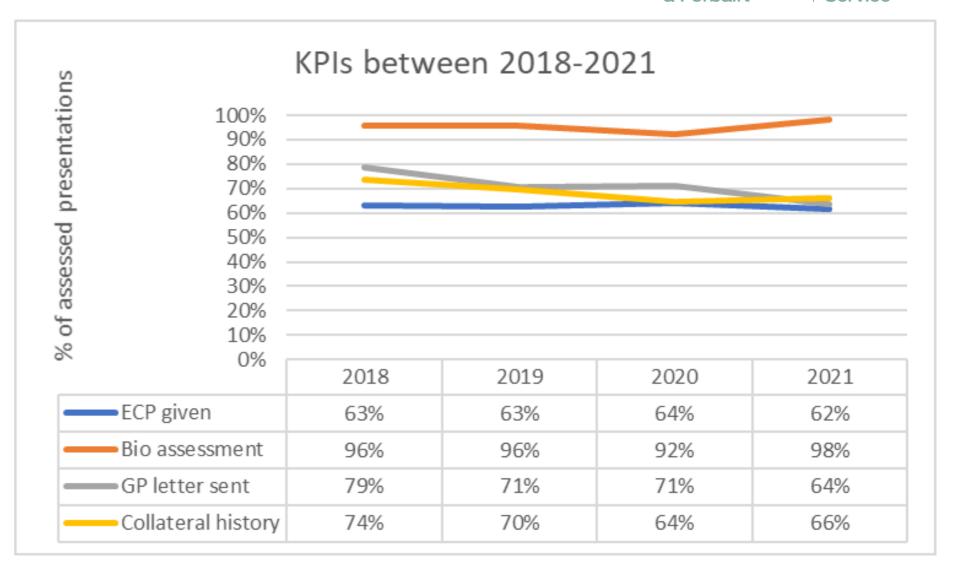
Follow-up and bridging to next care





Resilience

"If you can't measure it you can't manage it"



Reform

How are we adapting the programme to current needs?

- Approximately 50% of NCPSHI referrals do not need an ED –based assessment
- Decision to extend the programme to Primary Care via the Suicide Crisis Assessment Nurse Service (SCAN)

National Clinical Programme for Self-Harm and Suicide-related Ideation

Updating the National Clinical Programme for the Assessment and Management of Patients presenting to the Emergency Department following Self-Harm







Developing the Suicide Crisis Assessment Nurse Service (SCAN)

- A service to referring GPs
- Delivered by a Clinical Nurse Specialist (CNS) reporting clinically to an Advanced Nurse Practitioner or a Consultant Psychiatrist.
- The patient remains in Primary Care
- If referral to a Community Mental Health Team is required, the normal referral process will be followed
- 6 New SCAN CNS posts funded for 2022
- Longer term plan to roll out SCAN nationally





The Future Challenge

- To further develop the quality of the ED response while also providing rapid access to a person-centred and effective community alternative
- To refine the approach to groups with specifically identified needs

Key Facilitators:

- -Leadership, coordination and broad collaboration
- -Availability and effective use of resources
- -Education training and support of Staff
- -High quality data and ongoing evaluation



Thank you!

Updated NCPSHI Model of Care 2022:

https://www.hse.ie/eng/about/who/cspd/ncps/self-harm-suicide-related-ideation/