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37. University of Zaragoza, UNIZAR, Spain
38. Agency for Health Quality and Assessment for Catalonia, AQUAS, Spain
39. Portuguese Diabetes Association, APDP, Portugal



This leaflet originates from the Joint Action on Chronic Diseases and Promoting Healthy Ageing across the Life Cycle (JA-CHRODIS) which has received funding from the European Union, in the framework of the Health Programme (2008-2013).

LEADER: ISCIII, CO-LEADER: MSSSI

## WP1 - COORDINATION

Responsible for overall and day-to-day management and implementation of JA-CHRODIS and the coordination of the Advisory Board as well as the Governing Board.

LEADER: EUROHEALTHNET

## WP2 - COMMUNICATION

Responsible for the successful dissemination of JA-CHRODIS outputs (e.g. website, newsletter, marketing material) with the goal of making target audiences and stakeholders aware of and engaged in the Joint Action.

LEADER: AQUAS, CO-LEADER: APDP

## WP3 - EVALUATION

Responsible for the evaluation of the work of JA-CHRODIS to ensure that it is being implemented as agreed and is achieving its objectives.



## WHY DO WE NEED TO WORK TOGETHER?

Chronic diseases, like diabetes and cardiovascular diseases, affect 8 out of 10 people aged over 65 in Europe. Approximately 70% to 80% of health care budgets across the EU are spent on the treatment of chronic diseases. There is a wealth of knowledge within EU Member States on effective and efficient ways to prevent and manage chronic conditions.

This Joint Action (2014-2017) on Chronic Diseases and Promoting Healthy Ageing across the Life Cycle (JA-CHRODIS) aims to capture the best of this knowledge and make it accessible across Europe.

## WHAT DO WE WANT TO ACHIEVE?

The general objective is to promote and facilitate the **exchange and transfer of good practices on chronic diseases** between European countries and regions. These good practices address chronic conditions, with a specific focus on health promotion and primary prevention of chronic conditions, multimorbidity and type 2 diabetes.

The Joint Action CHRODIS will lead to recommendations based on the best available evidence on and how to effectively prevent, manage and treat chronic diseases across the life cycle. This information will be available to policy makers, healthcare professionals and managers, the general public and other interested stakeholders.

JA-CHRODIS aims to make a strong contribution to reduce the burden of chronic diseases and to promote healthy living and active ageing in Europe. It will collaborate closely with the European Innovation Partnership on Active and Healthy Ageing (EIP-AHA) as well as others active in this field. As a main JA-CHRODIS output, the Platform for Knowledge Exchange (PKE) will be a sustainable tool for those that want to identify and exchange on the best ways to achieve these aims. The JA-CHRODIS Governing Board, comprised of nominated representatives of health ministries of Member States, will strive to keep chronic diseases at the forefront of the political agenda even beyond the three years of EU co-funding.



### WP4 - PLATFORM FOR KNOWLEDGE EXCHANGE

LEADER: IACS

This work package will build a Platform for Knowledge Exchange to enable decision-makers, caregivers, patients, and researchers, to identify and exchange the best knowledge on healthy ageing and chronic care. The platform will be comprised of:

- A **clearinghouse** of excellent chronic disease prevention practices and policies across Europe;
- An **online tool** to allow users to **evaluate** practices, interventions and policies;
- An **online helpdesk** with expert consultants to advise users on the development, implementation and evaluation of chronic disease practices.

This work package will also support other thematic work packages in the process of identifying good practice assessment criteria by using a modified Delphi methodology involving key experts in each of the specific fields.



### WP5 - HEALTH PROMOTION

LEADER: BZGA, CO-LEADER: EUROHEALTHNET

Work package 5 aims to identify highly promising, cost-effective and innovative policies as well as health promotion interventions to prevent the onset of cardiovascular diseases and type 2 diabetes. The work takes into account lifestyles and health-related behaviours as well as the socioeconomic determinants of health with the aim to validate and transfer these policies and interventions. A specific focus will be put on addressing the needs of elderly and socially disadvantaged groups.

### WP6 - MULTIMORBIDITY

LEADER: AIFA, CO-LEADER: VULSK

The aim of work package 6 is to review existing patient-centred comprehensive care programs. It will identify the particular needs of the participating countries' healthcare systems and advise on the best possible care models for multimorbid patients, taking into account outcomes, cost-effectiveness, applicability and replicability of these models.



### WP7 - DIABETES

LEADER: ISS, CO-LEADER: NIJZ

The main objective of work package 7 is to improve coordination and cooperation among countries to act on diabetes, including the exchange of good practices across the EU, and to create ground for innovative approaches to reduce the burden of chronic diseases.

The WP is focused on the identification of people at high risk, early diagnosis and comprehensive multifactorial care. Special emphasis is given to support the development and implementation of national diabetes plans.

