



# Health Services Healthy Ireland Implementation Plan 2023 - 2027 Summary



This summary brochure outlines the strategic priority areas, purpose statement and key principles of the *Health Services Healthy Ireland Implementation Plan 2023-2027*. This *Health Services Healthy Ireland Implementation Plan 2023-2027* aims to build the role of the Health Services in:

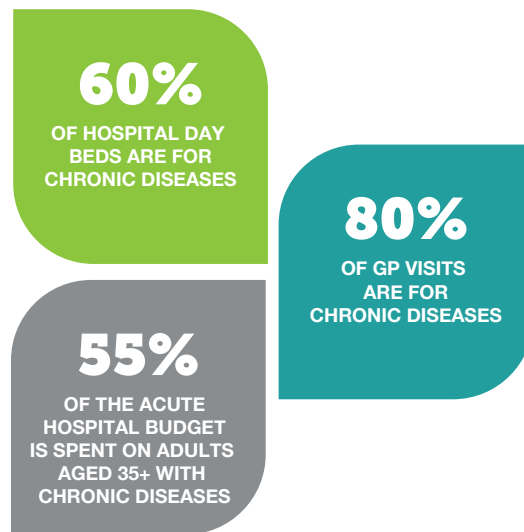
Enabling individuals to live longer, healthier lives through all stages of their life by supporting them to adopt healthy behaviours

Supporting people to self-manage and live well with their chronic health condition(s)

Supporting the development of healthy environments that help people and staff to adopt healthy behaviours

The development of this *Health Services Healthy Ireland Implementation Plan 2023-2027* has been informed by Government's Healthy Ireland strategic direction and aligns with the implementation of the HSE Health Regions and the focus on the development of fully integrated, clinically informed services. This plan seeks to promote and support the embedding of health and wellbeing as a key operational workstream in each HSE Health Region.

Promoting health and wellbeing and preventing chronic disease is a critical component of creating a sustainable shift in our national approach to delivering healthcare.



The HSE Healthy Ireland Plan was developed through extensive consultation with both internal and external stakeholders.

The stakeholder discussions and information resulted in four strategic priority areas, 6 key principles and 72 actions.

## STAKEHOLDER ENGAGEMENT TO INFORM THE IDENTIFICATION OF PRIORITY AREAS

Oversight Group input throughout

Stakeholder Engagement

Desktop Research

Four Strategic Priority Areas and associated actions identified

Development and validation of Plan



Final Plan



## Four strategic priority areas

The four strategic priority areas are interdependent, with the achievement of the focus areas of ‘embedding health and wellbeing in health service delivery’ and ‘supporting healthy behaviours from childhood through to healthy ageing’ being highly dependent on the other two strategic priorities, ‘strengthening partnership and community working’ and ‘supporting staff personal health and wellbeing’.

-  Embedding health and wellbeing in health service delivery
-  Strengthening partnership and community working
-  Supporting healthy behaviours from childhood through to healthy ageing
-  Supporting staff personal health and wellbeing

The consultation process included the identification of a purpose statement and six key principles guiding the implementation of these four strategic priority areas.

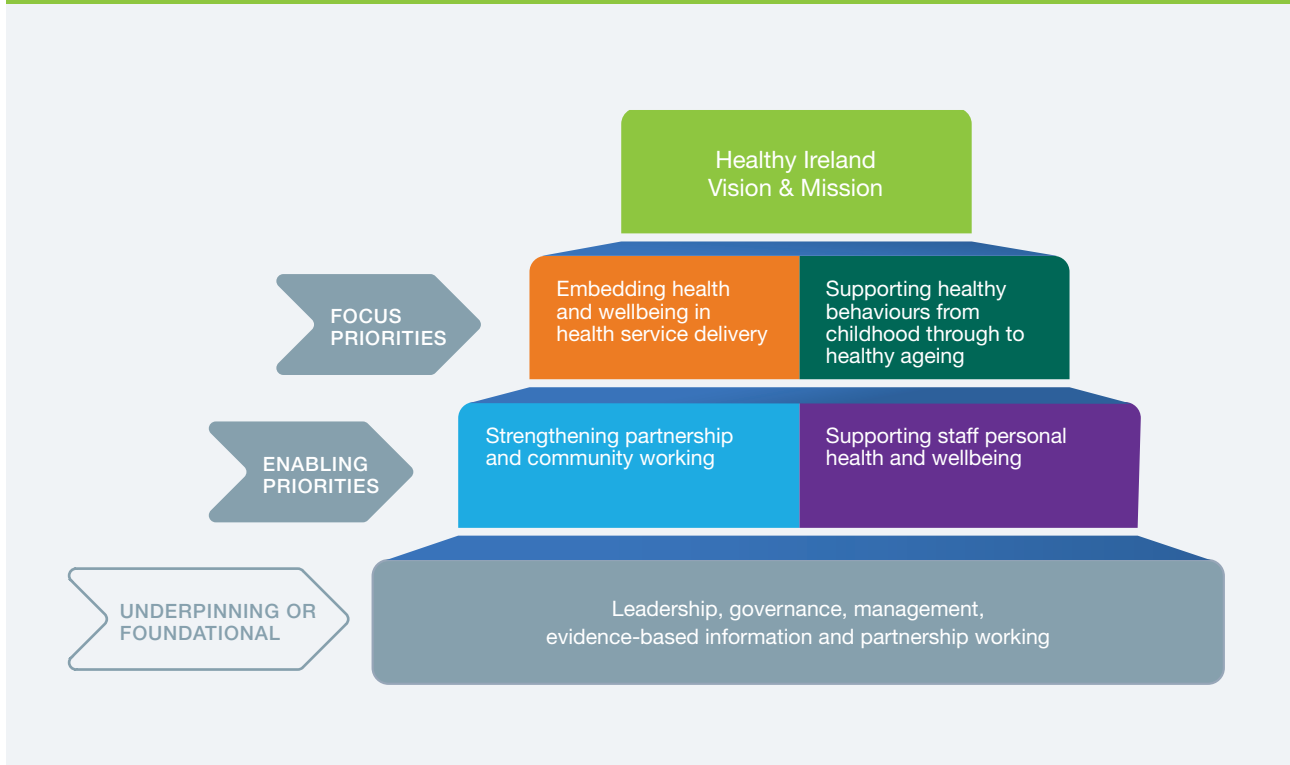
## Purpose statement



We will promote and support healthy living and healthy behaviours for all age groups of our population and our staff as part of our core business in the delivery of health and social care services.

The healthcare system will continue to play an important leadership role in driving the whole healthcare system to shift towards a culture that places greater emphasis and value on prevention and keeping people well.

FIGURE 4. THE FOUR STRATEGIC PRIORITY AREAS INTERDEPENDENCIES



## Key principles

Seeking to deliver on the Department of Health's Healthy Ireland Framework vision, "everyone can enjoy physical and mental health and wellbeing to their full potential", and using this as our guide, we will:

01.

Leverage our unique opportunity as the organisation in Ireland with the largest public sector workforce and the greatest societal reach **to promote and support healthy behaviours** across all age groups in our population.

02.

**Promote the Healthy Ireland vision** as we provide and procure services and products and **as part of our partnership work** with voluntary, statutory, and other organisations.

03.

Support people to improve their health and wellbeing, and work with public sector organisations and departments to address the social determinants of health in order to **reduce health inequalities**.

04.

Demonstrate **our commitment to tackling climate change** and promote sustainability by recognising that climate change is having a direct effect on our health and wellbeing, and on the environment.

05.

Aim to maximise the benefits of the implementation and **use of digital technology** to support people's health and wellbeing.

06.

**Provide a working environment that supports staff** in their own health and wellbeing, demonstrating that we care about them by providing positive working environments where staff feel respected and valued.

## Summary actions and measures of success



Embedding health and wellbeing in health service delivery

8 ACTIONS | 6 MEASURES OF SUCCESS



Strengthening partnership and community working

13 ACTIONS | 7 MEASURES OF SUCCESS



Supporting healthy behaviours from childhood through to healthy ageing

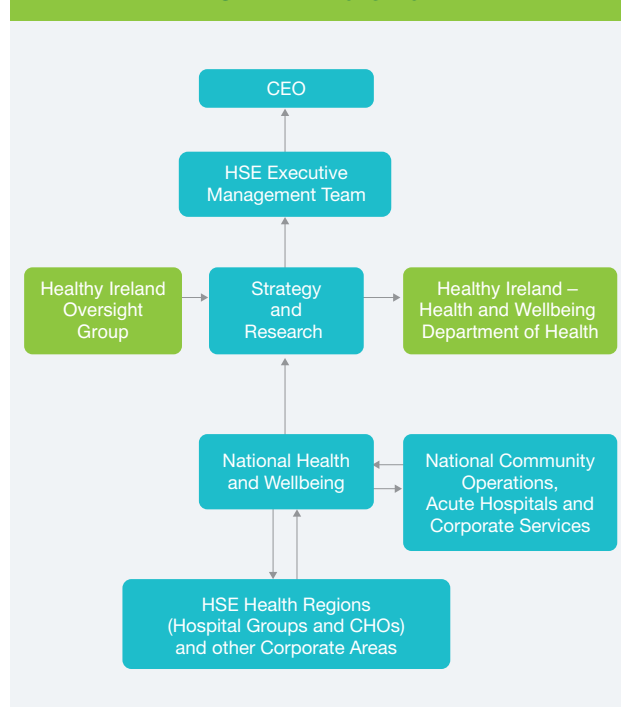
46 ACTIONS | 8 MEASURES OF SUCCESS



Supporting staff personal health and wellbeing

5 ACTIONS | 8 MEASURES OF SUCCESS

**FIGURE 6. GOVERNANCE STRUCTURE FOR THE HEALTH SERVICES HEALTHY IRELAND IMPLEMENTATION PLAN 2023–2027**





# Healthy Ireland Framework

## Goals

- 1 Increase the proportion of people who are healthy at all stages of life
- 2 Reduce health inequalities
- 3 Protect the public from threats to health and wellbeing
- 4 Create an environment where every individual and sector of society can play their part in achieving a *Healthy Ireland*

## Vision

A Healthy Ireland, where everyone can enjoy physical and mental health and wellbeing to their full potential, where wellbeing is valued and supported at every level of society and is everyone's responsibility.

# The Implementation of Healthy Ireland in the Health Service

## The HSE's response to the Government's Healthy Ireland Framework

In 2015, the HSE commenced the implementation journey of Healthy Ireland across the health services and continues to build momentum and awareness of Healthy Ireland with the publication *Health Services Healthy Ireland Implementation Plan 2023-2027*.



- National Implementation Plan 2015-2017
- 9 Community Healthcare Organisations Healthy Ireland Plans
- 6 Hospital Group Healthy Ireland Plans



- Progress Report 2015-2020
- Health Services Healthy Ireland Implementation Plan 2023 - 2027
- HSE Health Regions Healthy Ireland Implementation Plans  
*Work to commence*

To view or download a copy of the *Health Services Healthy Ireland Implementation Plan 2023-2027* visit [www.hse.ie/healthyireland/](http://www.hse.ie/healthyireland/)

To contact the HSE Healthy Ireland Office email: [healthyireland@hse.ie](mailto:healthyireland@hse.ie)

