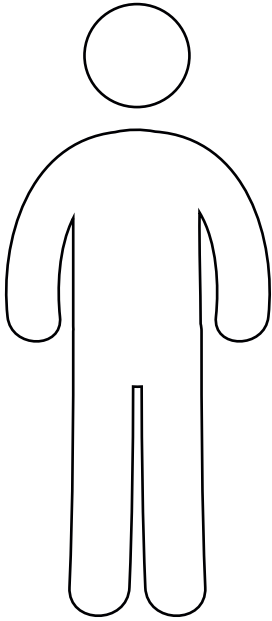
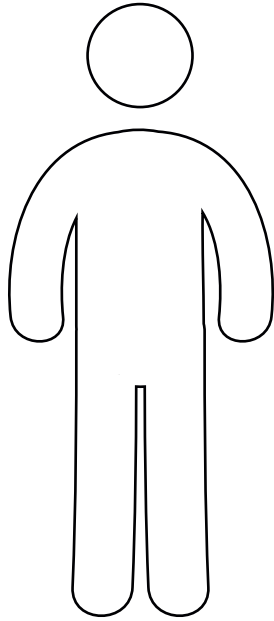


Worksheet – Where you feel emotion in your body

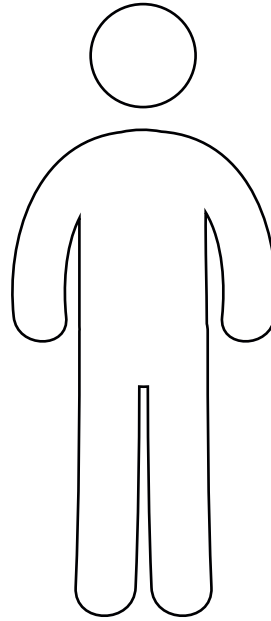
Colour the areas of your body where you feel...



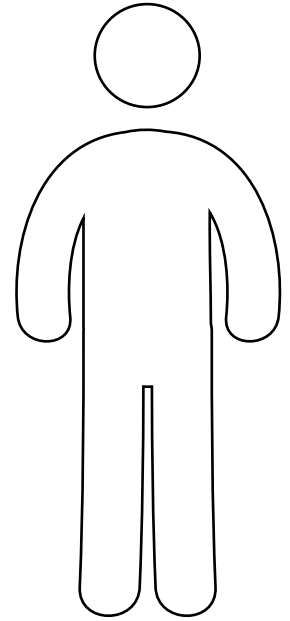
Anger



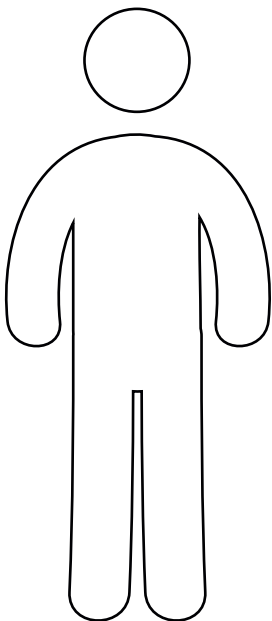
Sadness



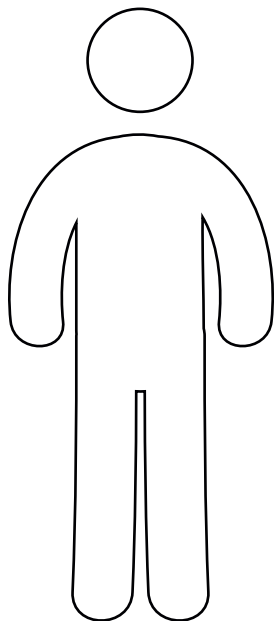
Disgust



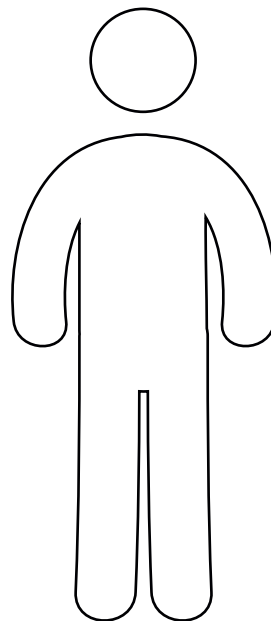
Fear



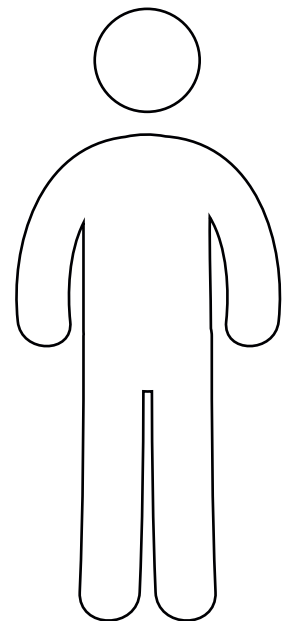
Surprise



Happiness



Worry



Frustration