## Worksheet - 'How to...'

| 1) | HOW do you manage if you meet a stranger who is loud and drunk on the street or on <br> the bus/train? |
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| 2) | HOW do you react if you see another young person slumped down on the ground, and they <br> seem to be intoxicated and alone? |
| 3) | HOW could a group of friends encourage one of their team players not to keep missing <br> training/games due to a hangover? |
| 4$)$ | HOW could you tell a friend that you do not want them getting sick on a night out like they <br> did the last time? |
| 5) | HOW do you tell a friend they are drinking too much at a party? |
| 6) | HOW do you deal with a friend who puts you down if you choose not to drink or smoke? |


| Our group's scenario is (circle one) <br> Our ideas: | 1 | 2 | 3 | 4 | 5 | 6 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Do |  | Don't |  |  |  |  |
| $\square$ | - |  |  |  |  |  |

