



Worksheet - The journey of alcohol through the body

  
**★ ENTRY TICKET ★**

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*Circle your best guess of the correct answer. We will check the answers at the end of the video activity.*

1. Most alcohol is broken down in the STOMACH or LIVER.
2. The only way to sober up is TIME or COFFEE.
3. The first thing badly affected is MOVEMENT or JUDGEMENT.



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**★ EXIT TICKET ★**

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*Fill in the blanks using the word bank:*

**Depressant – Liver – Hangover – Shower – Vomit – One – Slows**

Alcohol is a \_\_\_\_\_ substance. This means it \_\_\_\_\_ down messages from the brain to the body. It is mostly broken down in the \_\_\_\_\_ which can break down \_\_\_\_\_ ‘standard drink’ measure of alcohol per hour. A person may pee more or \_\_\_\_\_ as the body tries to get rid of alcohol and avoid poisoning. Drinking coffee or having a cold \_\_\_\_\_ cannot speed up the liver. Only time and not taking any more alcohol can help. The headache and stomach sickness after taking alcohol is known as a \_\_\_\_\_.



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