

Handout - Gender word list

These are just some of the ways gender, gender identity and gender expression are described.

Gender	Gender refers to the characteristics that a society associates with being a man and with being a woman.
Gender Identity	Gender identity is a person's internal and individual experience of gender. Most people's gender identity matches the gender associated with their sex at birth (ie. people with female genitalia identify as a girl/woman and people with male genitalia identify as a boy/man). Some people's gender identity is different to the gender associated with their sex at birth. These people may identify as transgender or non-binary.
Gender expression	How a person expresses their gender to the world, e.g. through their name, clothes, style, movements and gestures, speech and communication, roles and their general behaviour.
Transgender or trans	A person whose gender identity is different to the gender associated with their sex at birth.
Cisgender	A person whose gender identity matches the gender associated with their sex at birth.
Gender non-binary	A person whose gender identity does not fit into the two categories of boy/man or girl/woman.

