

Worksheet 1 – Maintaining healthy relationships case study cards (page 1)



Daniel and Raj	Lee and Sam
<p>Daniel and Raj have been friends since they started secondary school last September. They are both jokers and get on really well. However, last night Daniel played a mean joke on Raj. He recorded the incident and uploaded the recording on social media. Everyone in the school has seen it and Raj is completely mortified.</p> <ol style="list-style-type: none"> 1. What is the problem? 2. Why might they be behaving this way? 3. What needs to happen in order to make this situation better? 4. Who could they seek help or advice from? 	<p>Lee and Sam started secondary school together. They are in all the same classes and have become the best of friends. Lee has a larger group of friends than Sam and this group has recently started vaping around the back of the school in the mornings. Lee keeps on and on at Sam to join them. Sam really doesn't want to vape, but is afraid of losing Lee's friendship.</p> <ol style="list-style-type: none"> 1. What is the problem? 2. Why might they be behaving this way? 3. What needs to happen in order to make this situation better? 4. Who could they seek help or advice from?
Zara and Jules	Harry and Mo
<p>Zara and Jules have been best friends since primary school. They always have something to talk about and they have the same sense of humour. They have fallen out because Zara saw a picture on social media of Jules kissing someone she fancies. Zara has unfriended Jules and doesn't want to talk to Jules again.</p> <ol style="list-style-type: none"> 1. What is the problem? 2. Why might they be behaving this way? 3. What needs to happen in order to make this situation better? 4. Who could they seek help or advice from? 	<p>Harry and Mo have been friends a long time. Almost every morning when they get on the bus, Harry copies Mo's homework. Mo has made a few protests, but Harry just laughs at him. This situation is really annoying Mo, but as it has been going on for so long, he doesn't know how to stop it.</p> <ol style="list-style-type: none"> 1. What is the problem? 2. Why might they be behaving this way? 3. What needs to happen in order to make this situation better? 4. Who could they seek help or advice from?

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Jamie and Kai	Jordan and Chris
<p>The school tour is coming up and everyone has paid their money. Jamie tells Kai one morning, when they're on their own, that he hasn't paid yet. He'd love to go, but he has no way of getting the money to pay for it. He jokes that Kai could easily steal the money from the shop where he works on weekends: "Sure €50 is nothing to them!" Jamie is one of Kai's best friends and Kai would love for him to go on the school tour. He feels under pressure to steal the money in order to help Jamie pay for the tour.</p> <ol style="list-style-type: none"> 1. What is the problem? 2. Why might they be behaving this way? 3. What needs to happen in order to make this situation better? 4. Who could they seek help or advice from? 	<p>Jordan and Chris have started going out with each other. They have been to the cinema a few times and spend most lunchtimes at school together. Chris is buzzing, having fancied Jordan since the start of first year!</p> <p>Chris's basketball team has been training during lunchtime over the last week, as they are competing this coming weekend. Jordan has become distant, not replying to text messages, and not being very happy when they are together; saying that Chris was putting basketball over their relationship.</p> <p>Chris is totally shocked and has skipped training in the days leading up to the game, to be with Jordan</p> <ol style="list-style-type: none"> 1. What is the problem? 2. Why might they be behaving this way? 3. What needs to happen in order to make this situation better? 4. Who could they seek help or advice from?