



Worksheet - Hygiene scenarios

1.	A student's dad is not well at the moment and, as a result, they have not had their uniform washed in a few weeks. It is beginning to smell.
2.	A student got their period at school. They do not have any sanitary wear with them and they are embarrassed to ask a teacher for some.
3.	A student recently caught a cold and are coughing and sneezing.
4.	A student has started getting a lot of spots on their face. They think the best thing to do is to leave them alone.
5.	A student has started to have the occasional wet dream but feels too tired in the morning to bother washing and sometimes does not even change underwear from one day to the next.
6.	A student has started getting periods and using tampons. They are sometimes left in all day, and when they are eventually taken out, they are often flushed down the toilet.
7.	A student has noticed an increased level of sweating, even when not playing sports.
8.	A student left their toothbrush behind when coming back from holidays. They are now using whichever one is in the bathroom.
9.	A student gets really nervous in class and constantly bites their nails.
10.	A student has started to shave. They cannot always afford to replace their razor so they sometimes use any razor they find in the bathroom.

