

## Worksheet – Sexual orientation words and explanations

The terms below are some of the words used about people’s sexual orientation. Can you match these words to their closest explanations in the table below? These are just an example of the different terms people use and their common meaning. It is always up to an individual as to how they describe their sexual orientation.

**Bisexual, gay, asexual, heterosexual, lesbian, pansexual, coming out, LGB+, homophobia heteronormativity.**

	A person who rarely or never feels sexual desire. They may feel romantic attractions.
	A person who is sexually and/or romantically attracted to men and women.
	Negative attitudes and feelings towards people who are, or who are thought to be, lesbian, gay, bisexual or another sexual orientation other than heterosexual.
	A woman who sexually and/or romantically is attracted to other women.
	A man who is sexually and/or romantically attracted to other men. Some women use ‘gay’ instead of ‘lesbian’ to describe their sexual orientation.
	Someone who is sexually and/or romantically attracted to people of the opposite sex
	A person who is sexually and/or romantically attracted to people of all gender identities
	A collective name for lesbian, gay, and bisexual people, and people of other sexual orientations, apart from heterosexual.
	Understanding and accepting your sexual orientation and/or gender identity and telling others about it.
	The assumption that everyone is heterosexual, and that heterosexuality is “the norm”.

