





















# Walk to School Record Card - One week

Name: \_\_\_\_\_

Class: \_\_\_\_\_

- Colour in a foot for each day of the week you walk to school.
- Start with Monday and so on.
- If you miss a day walking do not colour in the foot for that day.
- Once you reach the end of the week count the number of feet you have coloured in and put that number in the “total” box at the end.
- Make sure your feet are nice and colourful and try to have as many as you can.

	MORNING		AFTERNOON		
Monday					
Tuesday					
Wednesday					
Thursday					
Friday					TOTAL

# 1 week