



## National Hand Hygiene Train the Trainer Programme Agenda Template for Healthcare Workers in Acute Hospital

9.00-9.15	Registration and Introduction to RESIST hand Hygiene Train the Trainer Programme (Hospital management)
9.15-9.45	Overview of RESIST and Hand Hygiene Trainer Programme and introduction of trainers
9.45 -10.15	Understanding HCAs and MDRO/AMROs and how they cause harm
10.15-10.30	Hand hygiene and how it works
10.45-11.00	Break
11.00-12.30	Getting to grips with the 5 moments in hand hygiene
12,30-1.00	Lunch
1.00-2.00	Practical demonstration of hand hygiene techniques: Application of Alcohol hand Rub Technique Hand washing technique
2-2.30 pm	Glove usage: When, why and how gloves are donned and removed
2.30-3.30	Delivering hand hygiene Training to staff – how trainers practically deliver training to staff using the training folders/materials
3.30-3.45	Next steps for trainers to make hand hygiene improvements in local department /service
3. 45-4.00	Hand Hygiene attendance recording and local hospital arrangements for central reporting
4-4.30pm	Completion of knowledge assessment part 2 Evaluation of Trainer Programme