Lifestyle

Love Life Love Walking Day 2017

HSE STAFF FEEL THE LOVE AND GET WALKING

A HSE Operation Transformation Love Lift - with Kirkeen Taxi hire, hundreds of staff around the country on their feet recently. Many staff across all of our 258 sites nationwide walked to work or around their workplace as part of the initiative - and made sure to share their experience on social media.

Prizes of Healthy Ireland goody bags were awarded based on video clips and photos that they shared on Facebook, Twitter and Instagram using the hashtag IHSE2017. Approximately 50 groups from different work locations won these much-sought-after goody bags as runner-up prizes.

Top prize went to joint winners Saxton Hospital Group and CHO 2 (Galway, Mayo and Roscommon), captured in a brilliant collage posted by Ross Cullen.

Special mention goes to the following:
- Caroline Buckley: party with Willie Conlon, both tweeting from abroad.
- Tara Fennell: best Facebook performer.
- Ross Cullen: best performer on Twitter.

Check out all the posts on Facebook www.facebook.com/getirelandactive,
twitter: @getirelandactive or instagram www.instagram.com/getirelandactive/
Swati McCormack, Healthy Ireland Lead, said: "A big thank you to everyone for all their hard work and commitment as without it, Love Life Love Walking Day could not have happened and been such a success."

1. Staff congregated for their walk outside Mayo General Hospital, 2. Public Health nurses from Carrigaline during their walk, 3. HIL staff from the National Maternity Hospital, 4. Caroline Buckley posts all the way from sunny Tenerife, 5. A collage of pictures from the joint winners Saxton Hospital Group and CHO 2, 6. Staff on their walk at University Hospital Limerick, 7. HSE Model Farm Road staff at HSE staff from University Maternity Hospital Limerick, 8. The ladies from St. Teresa's in Our Lady of Lourdes Hospital in Drogheda get going, 9. Tara Fennell's shot from Loyola SPzNAC, 10. Staff from NAS Headquarters and HAD NICCC in Tallaght.