

Table 1: CHO 1 (Donegal LHO, Sligo/Leitrim/West Cavan LHO, Cavan/Monaghan LHO)

DM	CHD	COPD	Asthma	CVA	Multiple/Generic
Structured Education HSE: Berger (T1) DI: CODE (T2)* HSE:XPERT (T2)* HSE: DESMOND (T2)*	Rehab HSE: Cardiac rehab	Other education HSE: COPD classes run by practice nurses World COPD day	Structured Education ASI: Asthma Education for the Travelling Community*	Support “North West Stroke Group” IHF: Letterkenny Stroke Club BRI: Monaghan Bri Group	Education HSE: Carers course
Other education DI: Public meetings DI: DM weekends		Rehab HSE: Pulmonary rehab	Telehealth ASI: Asthma AdviceLine*		Psychological HSE: “Counselling in Primary Care” HSE: “Gardening Mindfulness” HSE: Stress control HSE: WRAP
Telehealth HSE: Diabetes CNS support		Telehealth COPD IRELAND: COPD helpline*			Information “Family Resource Centre”
		Support COPD IRELAND: COPD Support Group*			Support HSE: Carer's support “Men's Shed”
		Other HSE: Pulmonary Outreach			Lifestyle HSE: Smoking cessation HSE: Community dietician HSE: Park run HSE: Chairobics HSE: “Want 2 Move” Programme

					Other HSE: QoL programme (due to commence Spring 2017 Donegal only) HSE: Social prescribing HSE: Falls prevention HSE: SOLAS LYFS: MEET
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*Further details available in Appendix