



## Changes which you may consider:

- Adopt a multidisciplinary approach to reducing falls
- Standardise multifactorial falls risk assessment tool
- Undertake **Multifactorial Falls Risk Assessment (MFFRA)**
- Early recognition of falls risk – Clinical judgement in combination **MFFRA**
- Able to differentiate between orthostatic hypotension and falls risk
- Undertake compliance audit of **MFFRA**
- Ensure safety stick/data collection system in place
- Partner with patients and families in preventing falls
- Identification of governance and ownership of data
- Integrate data into existing governance structure within your system
- Identify the mechanism to communicate risk with all staff
- Apply a falls risk identifier in your area
- Undertake safety briefings/daily huddles/include update on “at Risk “ patients
- Use your white board with identifier and posters promoting falls prevention
- Promote MDT education sessions
- Equipment required is accessible/available
- Referral pathway is clear, easy and timely
- Identify the actions required to understand **Medication** considerations
- Identify the actions required to understand **Orthostatic Hypotension (OH)** status
- Identify the actions required to understand **Mobility** status
- Identify the actions required to understand **Exercise** routines for muscle and bone health
- Identify the actions required to understand **Dietary** considerations for muscle and bone health
- Identify the actions required to understand **Safety** considerations in the Environment
- Identify the actions required to understand **Personal Safety** (e.g. ADLs) and level of assistance required
- Provide accessible information for everybody