

## PRESSURE ULCERS TO ZERO COLLABORATIVE: PHASE 4 - KNOWLEDGE AND SKILLS SELF-ASSESSMENT

### LEARNING SESSION ONE

This self-assessment is designed to help us and to help you to measure how and to what level the Pressure Ulcer to Zero Collaborative has improved participants' knowledge and understanding of pressure ulcer prevention and quality improvement. We will ask you to complete this assessment at each learning session. To match your survey from the first learning session to the final learning session and to maintain your anonymity, please complete the details below. These questions will be repeated on each survey:

- What is the second letter of your mother's maiden name? \_\_\_\_\_
- What is the fifth digit of your primary mobile phone number? \_\_\_\_\_
- What is the last letter of the name of the town in which you were born? \_\_\_\_\_
- What is the number of your siblings? \_\_\_\_\_
- What is the second letter of the month in which you were born? \_\_\_\_\_

What is your current position? \_\_\_\_\_

Each concept/method/tool is written as a standalone statement. To score yourself put the highlighted verb from each assessment scale before the statement until the statements reads where you feel you are at this point in time. There are no right or wrong answers.

#### Example:

STATEMENT: Care to be considered for each component of SSKIN bundle	Assessment score
I have <b>no experience of/ or understanding</b> of the care to be considered for each component of SSKIN bundle	0
I can <b>identify/define</b> the care to be considered for each component of SSKIN bundle	1
I can <b>explain or illustrate</b> the care to be considered for each component of SSKIN bundle	2
I can <b>apply or consider</b> the care to be considered for each component of SSKIN bundle	3
I can <b>analyse and interpret</b> the care to be considered for each component of SSKIN bundle	4
I can <b>evaluate or appraise</b> the care to be considered for each component of SSKIN bundle	5

#### Instructions:

Please complete a self-assessment of your knowledge and skills relative to each concept/method/tool listed in the tool **at this point in time**. Please enter the score that best reflects the stage you are at. Place only one number in each cell from the 0-5 scale provided below.

No experience 0	Knowledge 1	Comprehension 2	Application/Skill 3	Analysis 4	Evaluate 5
You have <b>no experience</b> of or <b>understanding</b> of the concept, method or tool	You can <b>identify/define</b> what the concept, method or tool is	You can <b>explain or illustrate</b> the concept, method or tool	You can <b>apply or consider</b> the concept, method or tool in identified situations	You can <b>analyse and interpret</b> the concept, method or tool	You can <b>evaluate or appraise</b> the outcome after using the concept, method or tool

## KNOWLEDGE AND SKILLS SELF-ASSESSMENT TOOL

	Concept/ Method/Tool	Assessment score
<b>Pathophysiology/Aetiology</b>		
1	Define a pressure ulcer from other wound lesions	
2	Distinguish a pressure ulcer from other wound lesions	
3	The causative factors of pressure ulcers	
4	How a pressure ulcer progresses	
5	Diagnose, assess and record skin damage using a pressure ulcer classification system	
6	Comprehensive risk assessment of at risk patients using evidence based tools	
7	SSKIN bundle and each of 5 x SSKIN bundle components	
8	Care to be considered for each component of SSKIN bundle	
9	Equipment and techniques essential to preventing and managing pressure ulcers	
<p><b>The HSE Framework for Improving Quality identifies six drivers, each of which requires consideration to ensure the successful completion of quality improvement projects.</b></p> <p><b>Each of the six drivers will be addressed within the PUTZ collaborative and teams will be supported in understanding how the drivers can together support improvement.</b></p> <hr/> <p><b>Leadership for Quality (leaders create and enable the conditions for change)</b></p>		
10	Importance of leadership in any improvement project	
11	Importance of influencing colleagues	
12	What is required for sustainability and spread of improvements in healthcare	
<p><b>Person and Family engagement (to ensure appropriate considered change that will positively impact on care received)</b></p>		
13	Why engage patients in improvement	
14	How to engage patients in improvement	
<p><b>Staff engagement (to ensure a staff value base that encourages participation and ownership of change)</b></p>		
15	Learn from colleagues through use of story boards and sharing of experiences	
16	Power of frontline ownership in quality improvement	
17	Knowledge and techniques to engage colleagues in improvement initiatives	

## Use of Improvement methods (proven methods and tools to guide approaches to quality improvement)

18	Model for Improvement	
19	A SMART aim statement	
20	Small tests of change in improvement initiatives (PDSAs)	
21	Driver Diagram	

## Measurement for Improvement (drives improvement and evidences impact of changes)

22	Using a safety cross	
23	Basic principles of good data collection	
24	7 steps towards measurement for improvement	
25	Developing a run chart	

## Governance for quality

26	Pressure Ulcer Prevention as a safety priority within my organisation	
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