

# Before you take it...

## KNOW

**your medicines  
and keep a list**

## CHECK

**that you are using  
the right medicine  
the right way**

## ASK

**your healthcare  
professional  
if you're unsure**



[www.safermeds.ie](http://www.safermeds.ie)



World Health  
Organization



IRISH  
PHARMACY  
UNION



Seirbhís Sláinte  
Níos Fearr  
á Forbairt

Building a  
Better Health  
Service