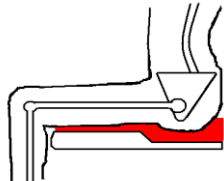


SPECIALISED POSTURE & WHEELED MOBILITY CARE PLAN


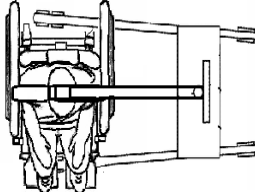
Page 1 of 2

Patient Name		MRN		DOB	
Patient Location		O.T.	Name, designation, bleep no.	Date	



Equipment Description

Seating System:		Accessories:	
Purpose:			
Pressure Cushion Type & Size:	(picture if applicable)	Pressure Cushion Orientation Instructions:	Note: Aim for Neutral pelvis if possible
Purpose:			

Transfer Technique (please circle)

Standing Hoist Transfer Assistance of: <input type="checkbox"/> 1 <input type="checkbox"/> 2		Full Hoist Transfer 	Other (please describe):
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Positioning in the Seating System

Pelvis <ul style="list-style-type: none"> Ensure patient is centred in the chair Ensure pelvis is level and not rotated Ensure bottom is well back in chair Hips <ul style="list-style-type: none"> Hips are level and facing forward His hips are flexed to approx 90° Knees & Thighs <ul style="list-style-type: none"> Ensure knees are flexed to approx 90° Thighs must be evenly supported by the seat cushion Feet <ul style="list-style-type: none"> Ensure ankles are in a neutral position (90° foot/leg angle) Both feet must be supported by the foot supports Patient may move and stretch his lower limbs whilst sitting out - please re-position them as per the photograph. Head <ul style="list-style-type: none"> Head must be centred and supported by the head support Trunk <ul style="list-style-type: none"> From the front, patient's trunk should be upright. Please reposition or return to bed if patient fatigues & repetitively falls to one side DO NOT position with a large C-shape to the spine. Arms <ul style="list-style-type: none"> Patient's arms are to be supported on the lap tray/armrests 	Front View 
	Side View 

Patient:

MRN:

Date:

Guidance for Achieving Posture & Position with Full Hoist

- Ensure client is **centred in the hoist sling** before hoisting.
- Use the hoist-to-chair-side-approach, Tilt-in-Space & gravity to help **get the bottom far back** on the seat surface.
- Ensure patient is **centred in the chair**, this may require **re-positioning using the hoist/sling**.
- Successful sitting is dynamic- it enables movement of head, arms and legs if possible - this is expected.
- Sitting tolerance may vary from day to day: sit patient out when alert, & return him/her to bed if s/he fatigues or becomes agitated or distressed.
- Use the Tilt-in-Space position intermittently throughout the task of sitting to **rest or offload pressure**.
- Seek patient feedback or use patient's **communication aids** if applicable to check pain & comfort levels.

Secondary Support Devices

Device:

Four-point padded **Pelvic Positioning Belt**.

Purpose:

- This belt is a **secondary support device**.
- It **maintains the pelvis in neutral** in order to promote stability, and allow movement in the head, upper limbs
- During propulsion it will prevent injuries due to tips, falls or ejection.

Position of Application:

- The belt must not be twisted. Padding should face the body; the buckle centred & easily accessed.
- It must be **applied across the junction between the pelvis and hips** (with the 'pelvic bones' or iliac crests above the belt).
- Tighten the belt securely (but not too tightly) using the adjuster (see photograph)

Warning: It **MUST NEVER** be used as a form of restraint or in lieu of supervision.



Recommended Seating Programme (please tick)

- | | |
|---|---|
| <input type="checkbox"/> Can sit out for meals only | <input type="checkbox"/> Can sit out for 30 minutes at a time |
| <input type="checkbox"/> Can sit out for one hour at a time | <input type="checkbox"/> Can sit out for 2-4 hours at a time |
| <input type="checkbox"/> Can sit out to tolerance | <input type="checkbox"/> Requires full tilt-in-space for 15 minutes within every hour |
| <input type="checkbox"/> Benefits from 30 minutes in full tilt-in-space when fatigued | |
| <input type="checkbox"/> <u>Other</u> (please describe): | |

Precautions & Risk Factors

- This seating system should be used by the above named person only
- Any adjustment to the wheelchair set-up position, accessories and moveable parts may constitute a risk and should only be performed by an OT or a trained staff member.
- 'Tilt in Space' and 'Recline' features may be used only as recommended by the OT
- If there is a significant change of function, Waterlow Score and/or pressure sore/s, medical status or weight the client should be referred for re-assessment
- If travelling in a vehicle, an additional vehicular safety belt system must be applied.

Cleaning

The equipment must be **wiped down after each use & cleaned each week**.

See Manufacturer's Instruction for further details

Maintenance

The system should be **checked weekly by the user &/or staff**

See Manufacturer's Instruction for details

Servicing & Repair

Service **every 6 months** by a trained technician.

Repairs completed as/when identified, by a trained technician.

Follow up

For more information please refer to the Specialised Posture & Wheeled Mobility Assessment Report in the client chart.