

Surface:

**Make sure your patients are seated and lying on the correct support surface.**

Keep:

**Keep your patient moving.**

Skin Inspection:

**Early inspection means early detection. Show patients and carers what to look for.**

Incontinence/Moisture:

**Make sure your patients are not lying or sitting on a wet surface. Keep skin clean and moisturised.**

Nutrition/Hydration:

**Help patients have the right diet and fluid intake.**



SSKIN