

## SKIN EXCORIATION TOOL FOR INCONTINENT PATIENTS

*Adapted from NHS Scotland*

### 0 = Healthy Skin

Health, Intact skin. No erythema (redness)



Clean skin with skin cleanser

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### 1 = Mild Excoriation

Erythema (redness) of skin only. No  
Broken areas present



Use durable barrier cream

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### 2 = Moderate Excoriation

Erythema (redness) with less than  
50% broken skin.  
Oozing and/or bleeding may be present



Use barrier film spray

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### 3 = Severe Excoriation

Erythema (redness) with more than  
50% broken skin  
Oozing and/or bleeding may be present



Seek advice from Tissue Viability Nurse where  
available for local guidelines/guidance