



# Pressure Ulcers to Zero Collaborative

Teach back,  
Evaluation  
Action period One

Learning Session One

# Teach back



- Share a “WOW” from today -something you learned that was important to you
- What today helped you to build on what you already know?
- What did you learn that you can apply/test in clinical practice?

# Evaluation



## **Purpose:**

- measure and improve the effectiveness of the learning sessions
- inform PUTZ collaborative decisions and future planning

# Action Period One



- Leadership for Quality & Staff engagement
- Measuring for improvement
- Use of Improvement methods
- Person and Family engagement
- Knowledge and skill development

# Staff engagement



- Buddy with a ward colleague, share learning from today
- Communicate aim to wards colleagues
- Encourage colleagues to come up with change ideas and record them

# Measuring for Improvement



- Maintain Safety Cross
- Do all ward colleagues understand the safety cross?
- Is it visible to staff, patients and public?

# Use of Improvement methods



## 1. Test SSKIN bundle on one patient

**Afterwards answer the following questions**

- Did you think about the test or plan it before starting?
- What did you do?
- What happened?
- Is this what you expected to happen?
- What would you change if you were to test again?
- Did you learn from this experience?

## 2. Webinar : Model for Improvement & PDSA



 Feiliméanacht na Seirbhíse Sláinte Health Service Executive	<b>SSKIN BUNDLE</b> Pressure Ulcer Prevention Care Plan Commence when Waterlow Score $\geq 10$	Addressograph
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Frequency of care delivery (circle as appropriate) 1hrly 2hrly 3hrly 4hrly	
Date	
Time (24 Hour Clock)	
<b>SURFACE</b>	See advice re surfaces on LMHG Guideline on Pressure Ulcer Prevention (on T Drive). Indicate each day if Foam <input type="checkbox"/> or Pressure Relieving Mattress <input type="checkbox"/> (tick)
Mattress appropriate & functioning correctly:	
Appropriate seating	
Heel protectors	
<b>SKIN INSPECTION</b>	Inspect skin at bony prominence every 2 – 4 hours. Existing Pressure Ulceration: Y/N (Circle). Stage* & site of existing ulceration recorded in wound assessment chart Y / N (Circle)
Pressure areas checked	
New Redness State Site:	
<b>KEEP MOVING</b>	Frequency of repositioning is determined by skin inspection. If red at least 2 hourly.
<b>B</b> R Side	
<b>E</b> L Side	
<b>D</b> Back	
<b>CHAIR</b>	
Standing / Mobilising	
<b>INCONTINENCE</b>	Incontinence Related Skin Care regimen Implemented (on T Drive, Tissue Viability Folder) Y / N
Dry and clean	
Peri-anal skin healthy	
<b>NUTRITION</b>	Fluid Balance Chart / Food Chart in progress Y/N (circle and continue). Otherwise record below
Meal / snack taken	
Drink taken	
Supplements taken	
<b>Signature</b>	
Grade: S/N = Staff Nurse,	
HCA = Health Care Attendant	
OT = Occupational Therapist	
D = Dietician	
P = Physiotherapist	
S = Student,	
<b>SALT</b>	

KEY: Care Delivered :  $\checkmark$  = YES X = NO (if NO Document & Explain in Nursing notes)

**RED SKIN – RELIEVE PRESSUE – REVERSE DAMAGE**

Patient Pressure Ulcer Prevention Information booklet given ☐

Category/ Stage: Please refer to the International NPUAP/ EPUAP Pressure Ulcer Classification system



5/2/2017



# Knowledge and Skill development



1. Placing the Problem of Pressure Ulcers in Ireland into Context – Focusing on Risk Assessment

<https://www.youtube.com/watch?v=c9XmgJLzhII&feature=youtu.be>

2. E-Integrity: Preventing Pressure Ulcers

<http://www.e-lfh.org.uk/programmes/preventing-pressure-ulcers/>


# Person & Family engagement



## OPTIONAL - COMPETITION

Design a poster for public areas in PUTZ3 sites

Criteria:

- Target audience - general public
- SSKIN bundle
- Include  Pressure Ulcers to Zero
- No limit on submissions to:  
[pressureulcerstozero@hse.ie](mailto:pressureulcerstozero@hse.ie) before 5 pm on Friday  
26<sup>th</sup> May 2017

Judges : Panel of service users

# Story Board LS 2

**Slide 1**      Your team

**Slide 2**      A Safety Cross for every month since learning session one

**Slide 3**      Experience of testing the SSKIN bundle on one patient

**Slide 4**      An overview of the team's' successes & challenges since learning session one.

**Everyone is talking about PUTZ**

