**PERSON-CENTRED HEALING WORKSHOP FOR TEAMS AFTER COVID-19**

**Criterion and Application Form**

**Information about the Healing Workshop**

**Purpose**

The purpose of the person-centred healing workshop is to provide a healing space for teams to reconnect after Covid-19. It is aimed at small teams, managers included, who work together on a day-to-day basis. The workshop uses person-centred processes to enable open, safe communication that values the individuality and experience of each person. It is suitable for all staff members in all services (direct service provision, administration or corporate settings) regardless of seniority or grade.

**Intention**

1. To acknowledge the impact that Covid-19 has had on you and your team
2. To refresh connections between members of the team

**Processes**

An interactive 2.5 hour workshop that uses person-centred processes to explore what teams may need from each other as they reconnect.

**Preparation in advance of the Healing Workshop**

Please read the following carefully to ensure that you can fully commit to all the requirements before submitting an application form.

* The workshop is for people from one team who work together on a day-to-day basis.
* The ideal number of participants will be 5-8 people, with an absolute maximum of 10 people.
* Before applying, you need to have a conversation with the team to gauge their interest and willingness to participate in this type of workshop.
* Each participant needs to be able to attend the full session as part of their contribution to team healing.
* While this is a gentle space, it is not uncommon for some emotional feelings to surface. Therefore we would suggest that it isn’t appropriate for people, for example, who have been recently bereaved. Each participant needs to take responsibility for the degree of personal information they share with their team mates during the workshop.

*Please note this workshop is not intended as a psychotherapeutic or HR space for resolving unmet needs*

**Healing Workshop Application Form**

Team details are to be completed by the manager.

I have read the requirements set out and have discussed and agreed this application with the team.

|  |  |
| --- | --- |
| **Name of team manager making this application** |  |
| **Mobile number** |  |
| **E-mail address** |  |
| **Name of organisation** |  |
| **Location / address** |  |
| **Short description of your service** |  |
| **Number of team members** |  |
| **Signature** |  |
| **Date** |  |

**Once your application is received a facilitator from the workshop team will be touch with you to arrange a conversation ahead of setting a workshop date.**

**\*GDPR:** Applicant details will be held by the workshop team and used only for work related to the National Person-Centred Culture Programme. We will not share your information with third parties without your permission and all information we do hold is kept in secured files that are encrypted as per HSE data protection policy.

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