Regional Centre of Nursing & Midwifery Education

HSE South
Carlow, Kilkenny, South Tipperary,
Waterford, Wexford

Education & Training Schedule

Spring / Summer 2019
Welcome

I am delighted to present our Spring / Summer 2019 Education and Training schedule for the Regional Centre of Nursing & Midwifery Education. This extensive schedule is greatly supported by our key partners who include the Nursing and Midwifery Planning and Development unit (NMPD) in the HSE South (South East), the Office of the Nursing and Midwifery Services Director (ONMSD), Directors of Nursing & Midwifery, Nurse/Midwifery Managers, Practice Development Teams, Clinicians and the HSE’s partner agencies.

I would like to take this opportunity to thank the highly dedicated team at the Regional Centre of Nursing & Midwifery Education for the commitment and enthusiasm in the development of our Education and Training schedule.

I would also like to thank Judy Ryan and her team at the NMPD for their support and collaboration in this process.

I also wish to acknowledge the considerable support which we have received from Directors of Nursing & Midwifery, Nurse/Midwifery Managers, Practice Development Teams and Clinicians in the development, delivery and evaluation of our programmes.

Finally, I wish to thank all participants who attend our programmes on their journey of continuing professional development.

We look forward to working with you all during the year,

James O’Shea,
Director,
Regional Centre of Nursing & Midwifery Education
Mission Statement

The Regional Centre of Nursing & Midwifery Education is committed to providing relevant, timely and research informed Continuing Professional Development (CPD) to Registered Nurses and Registered Midwives working in the HSE South East.

We will continue to collaborate with key stakeholders in the identification, planning and delivery of education programmes that meet service needs and surpass expectations.

We value nurses and midwives and their impact on patients, families and within Multidisciplinary Teams and therefore, strive to provide education that engages, empowers and supports enquiry across all disciplines of Nursing and Midwifery.
Where can you find us?

Our team is based in the Education Centre, Level 2, University Hospital Waterford. We also have a satellite office in Kilkenny. Although our hub is in Waterford, we are responsible for the education needs of all nurses and midwives (General, Mental Health, Intellectual Disability, Care of the Older Person, Community) in the South East region. While our remit is large, we always aim to meet identified needs and work with services to produce the best education programmes possible.

What do we do?

We support CPD through the provision of education programmes for nursing and midwifery staff. This is delivered regionally following an identified need or by coordinating national education programmes. We also continually monitor the changing face of health services and attempt to anticipate education needs and develop programmes to meet this need.

Who do we work with?

To provide this education we work with specialist staff across the region in the design and facilitation of programmes. The RCNME also works with the NMPDU and the ONMSD to coordinate and deliver on national programmes.

How can we help you?

Advanced Nurse / Midwife Practitioners
Clinical Nurse/ Midwife Specialists
Nursing / Midwifery Staff
Nurse / Midwife Management

We can help you to drive your education idea or identified need. We will support you to create a programme schedule, identify appropriate speakers, select suitable candidates, manage nomination of candidates, provide refreshments, collate evaluations and more importantly, secure NMBI/NFQ approval for course attendance.
Education Team

James O’Shea, Director
James.OShea@hse.ie / 087 9850507

James has worked in the education field for over 20 years and has a special interest in education for organisational change. His clinical background lies in Psychiatric Nursing and General Nursing with a special interest in Counselling/Psychotherapy for Mental Health and Addictions. James holds two Master’s Degrees in both Education and Supervision, a Post Graduate Diploma in Adult Education, an Honours Degree in Counselling/ Psychotherapy and Professional Qualifications in Nursing, Addiction Counselling, Psychotherapy and Mindfulness Teaching. He is an internationally accredited Motivational Interviewing Trainer. He is a Clinical Supervisor with significant experience of supervising both Nurses and Counsellors. He has spent a number of years in national lead positions within both Mental Health and Social Inclusion arenas. He is currently completing a Doctorate at Middlesex University.

Cathriona Greene, Specialist Coordinator/Nurse Tutor
Cathriona.Greene@hse.ie / 051 842007 / 087 2700075

Cathriona has worked in nursing & midwifery education field for over 15 years. Cathriona's academic qualifications are MSc in Nursing & Clinical Health Sciences in Education, BSc (Hons) in Nursing, and Post Graduate Diploma in Human Givens Psychotherapy. Her professional qualifications are: RGN, RM, RNT. Cathriona's passion is leading, coordinating, facilitating and teaching on educational programmes to support continuing professional development for post graduate nurses & midwives, undergraduate nursing students and health care assistants. Cathriona has many years of experience as a senior nurse manager both in clinical and education. She shares a particular interest in being involved with local and national healthcare developments and policies.

Karen O’Sullivan, Education Officer
KarenT.Osullivan@hse.ie / 051 842063 / 056 7784497 / 087 9518514

Karen qualified as a RGN from Our Lady of Lourdes Hospital, Drogheda in 2000. The following year she completed a BSC Hons in Nursing Science. Following time spent working in ED, Karen moved to Care of Elderly in the District Hospital Athy. After gaining experience in this role, Karen then moved to St. Lukes General Hospital Carlow/Kilkenny where she worked in general acute nursing, as a Hygiene Coordinator and Infection Prevention & Control Nurse before moving into her current role in the RCNME. During her career Karen gained further qualifications including Post Graduate Diplomas in Gerontological Nursing and Infection Prevention & Control Nursing and most recently completed a Masters in Management of Education. Reflecting her varied experience in her nursing career Karen has many training interests including acute care, infection prevention & control, care of the older person as well as supporting the mental health service. Karen is the Coordinator of the QQI Level 5 HSS programme and also has a keen interest in Quality Assessment of all RCNME projects.

Céire Rochford, Nurse Tutor
Céire.Rochford@hse.ie / 051 848961 / 087 7518810

Céire qualified as a RGN in 1997 in Cork University Hospital. Having worked abroad for a number of years, she returned to UHW and worked in Theatre and Anaesthetics Department. Whilst in this role, Céire completed a Higher Diploma in Peri-anesthesia Nursing in UCD and a Master’s of Science in Nursing Education with Nurse Tutors qualification, also in UCD. Céires specific areas of professional interest include: Theatre & Anaesthetics, Acute Care, Cancer Care and Palliative Care, Facilitation Skills Development, Intellectual Disability and research.
Clerical Team

Sandra Kennedy, Assistant Staff Officer
✉ Sandra.Kennedy@hse.ie / ☎ 051 842656

Having obtained a degree in Commercial Software Development in 2003, Sandra commenced employment in the Civil Service before transferring to University Hospital Waterford in 2006 where she began working as a Clerical Officer in the RCNME. Sandra returned to education in 2011 and achieved an Honors Degree in Business Studies and most recently completed a Masters in Management in Education from Waterford Institute of Technology. In 2017, Sandra became an Assistant Staff Officer in the RCNME. She is a qualified WRAP© facilitator and also Module Leader on the QQI Level 5 Communications Module. Aside from organising many educational programmes and conferences throughout the region, Sandra has provided administrative support on national and international conferences and on the development of national documents. Sandra also supports the Director in the financial, marketing and strategic functions of the department.

Anne Wall, Clerical Officer
✉ AnneF.Wall@hse.ie / ☎ 051 842726

Anne has worked in the RCNME since its inception in 2004. Prior to this, Anne worked in the School of Nursing at Waterford Regional Hospital before undergraduate nurse education moved to Universities/Institutes of Technology. Anne has a wealth of knowledge and experience in organising education programmes across the region. Anne has provided administrative support on the development of national documents, most recently the Facilitating Learning in Groups 2017 document.

Louise Beresford, Clerical Officer
✉ Louise.Beresford@hse.ie / ☎ 051 848534

Louise has been involved in Nurse Education since 1997, where she worked in the Centre for Mental Health Nursing (St. Otteran’s Hospital and Waterford Institute of Technology) looking after the administration relating to Under Graduate Mental Health Nursing Students. Louise transferred to the RCNME in 2004 as Under Graduate Nurse Education moved to Universities/Institutes of Technology. Louise provides administrative support relating to Continuing Nurse/Midwifery Education programmes and conferences throughout the region. Louise also supports the Health Services Skills QQI Level 5 Programme for Healthcare Assistants, liaising with Students and Module Leaders. Louise has provided administrative support on the development of national documents, most recently the Review and Update of the Guiding Framework for Education, Training and Competence Validation in Venepuncture & Peripheral Intravenous Cannulation for Nurses & Midwives 2017) document.

Follow us on Twitter and Facebook for updates
How do I apply to attend a programme?

1. Browse through the schedule of programmes on the next page to identify programmes that you are interested in attending.
2. There are links available within the schedule to click through to enable you to apply online.
3. All programmes will also be formally advertised, through email, at least 12 weeks prior to the programme. These advertisements go to relevant Directors and Clinical Managers.
4. Each programme will have a closing date for applications which is approximately 4 weeks prior to the programme taking place. On this date, all applications received will be reviewed and places will be allocated.
5. Applicants, and their identified Line Manager, will then be contacted to confirm whether or not they were successful in receiving a place.

Things to note!

- You will need the following information to apply online: your NMBI PIN number, an email address, a mobile telephone number, Line Manager details including their email address and you will also have to confirm that you have received Line Manager approval to apply to attend the programme.
- If a programme receives a large volume of applications prior to a given closing date, the online application process may close ahead of time. Therefore, it is advisable to apply early.
- Correspondence will be sent to the email address that you provide during the online application process.
- The online application process is hosted by Survey Monkey - this is available on both desktop and mobile platforms.
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<td>5th April 2019</td>
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**Schedule of Programmes**

*Click on programme title for more information*

*Please note that all dates are subject to change*

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<td>Management of the Adult Patient Requiring Non Invasive Positive Pressure Ventilation</td>
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<td>20th May 2019</td>
<td>Colorectal Study Day for Registered General Nurses <strong>New Regional Programme</strong></td>
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<td>20th May 2019</td>
<td>Adult Suprapubic Re-Catheterisation Programme <strong>New Regional Programme</strong></td>
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<td>Final Journeys (Irish Hospice Foundation)</td>
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<td>Breastfeeding Refresher Programme (Kilkenny)</td>
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<td>Management of the Adult Renal Patient Programme</td>
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<td>29th May 2019</td>
<td>MAPA ® Foundation 1 Day Programme</td>
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Programme Details
## Safeguarding the Vulnerable Adult

**Aim & Learning Outcomes**
The aim of this workshop is to increase participant’s awareness and knowledge of abuse of Vulnerable Persons and ensure they are in a better position to recognise it and report concerns. At the end of this workshop, participants should be able to:
- Discussed and defined ‘abuse’ in the context of vulnerable persons;
- Have a better understanding of how to recognise when abuse may be taking place; and
- Have a clear understanding of how and where to report concerns of abuse.

**Target Audience**
Registered Nurses, Health & Social Care Professionals and Healthcare Support Staff who are involved in the delivery of care to individuals in Care of the Older Persons & ID Services.

**Education Officer**
Karen O’Sullivan

**Administrative Support**
Anne Wall

**Date** | **Venue** | **Click Link Below to Apply**
--- | --- | ---
30th January 2019 | Waterford | Application Process Closed

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## Delivering Bad News

**Aim & Learning Outcomes**
‘Break bad news well, and you’ll always be remembered. Break bad news badly, and you’ll never be forgotten’. The aim of this 4 hour workshop is to support staff in developing their communication skills, confidence and competence when dealing with patients and families at times of difficult news. This programme has been developed by the Irish Hospice Foundation as part of the Enhancing Communication Skills in Cancer Care initiative by the National Cancer Control Programme.

**Target Audience**
All Staff

**Education Officer**
Céire Rochford

**Administrative Support**
Anne Wall

**Date** | **Venue** | **Click Link Below to Apply**
--- | --- | ---
28th January 2019 | Waterford | https://www.surveymonkey.com/r/P83W7NR
13th March 2019 | Waterford | 
7th May 2019 | Waterford | 

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## Domestic, Sexual & Gender Based Violence Training

**Aim & Learning Outcomes**
A significant barrier in preventing and intervening in Domestic Violence and/or Sexual Violence is the lack of appropriate education and training for frontline health care professionals. This training will aim to highlight the need to include Domestic Violence and/or Sexual Violence firmly on the agenda of all front line health professionals and to equip them with basic skills and tools to enable them to recognise, respond and refer (the 3Rs).

**Target Audience**
HSE Frontline Staff

**Education Officer**
Karen O’Sullivan

**Administrative Support**
Sandra Kennedy

**Date** | **Venue** | **Click Link Below to Apply**
--- | --- | ---
1st May 2019 | Waterford | https://www.surveymonkey.com/r/NQKYSYF

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[Return to Schedule of Programmes]
### Breastfeeding Refresher Programme

**Aim & Learning Outcomes**
The aim of this programme is to enable Registered Midwives and Registered Nurses to effectively support and facilitate mothers who wish to breastfeed. On completion of this programme, participants should be able to provide consistency of care based on current evidence, describe the management of breastfeeding problems and address gaps in knowledge, skill and attitude.

**Target Audience**
Registered Midwives, Registered Nurses, Public Health Nurses and Practice Nurses

**Education Officer**
Cathriona Greene and Michelle Waldron (NMPDU)

**Administrative Support**
Louise Beresford

**Date** | **Venue** | **Click Link Below to Apply**
---|---|---
13th March 2019 | Wexford | [https://www.surveymonkey.com/r/GNJR85D](https://www.surveymonkey.com/r/GNJR85D)

### Eating Disorders: the Human Givens Psychotherapy Approach to Facilitate Recovery

**Aim & Learning Outcomes**
The aim of this Human Givens workshop is to provide Registered Nurses, Registered Midwives, Nurse Counsellors and Healthcare Providers with the knowledge and skills to recognise and understand Eating Disorders which affect the physical and mental health of individuals from all age groups of society and to explore the use of appropriate tools to facilitate individuals affected with their recovery.

**Target Audience**
Registered Nurses, Registered Midwives, Mental Health Nurse therapist's and Health & Social care professional in practice who have completed some or all of Part 1, 2 or 3 of the Human Givens programme.

**Education Officer**
Cathriona Greene

**Administrative Support**
Louise Beresford

**Date** | **Venue** | **Click Link Below to Apply**
---|---|---
22nd February 2019 | Waterford | Application Process Closed

### Gastrostomy Tube Reinsertion Programme

**Aim & Learning Outcomes**
The aim of this programme is to train Registered Nurses and Registered Midwives in the technique of gastrostomy tube replacement. On completion of this programme, participants should be able to demonstrate practical competency in gastrostomy tube re-insertion and apply up-to-date, evidence informed guidelines to the skill of gastrostomy tube re-insertion.

**Target Audience**
Registered nurses/midwives working in a clinical area where this skill is required as part of their clinical practice.

**Education Officer**
Karen O’Sullivan

**Administrative Support**
Louise Beresford

**Date** | **Venue** | **Click Link Below to Apply**
---|---|---
24th May 2019 | Waterford | Application Process Closed
Preceptorship Programme

Aim & Learning Outcomes
The aim of the Preceptorship programme is to facilitate Registered Nurses and Registered Midwives to understand and apply the theories of teaching, learning and assessing to the role of the preceptor and to advance their understanding of the preceptors role in creating a quality clinical learning environment for, and supportive relationship with, the learner.

Target Audience
Registered Nurses and Registered Midwives (including those in Voluntary Services) within clinical areas to which undergraduate nursing students are assigned.

Education Officer
Céire Rochford

Administrative Support
Anne Wall

Date
Venue
Click Link Below to Apply
25th February, 4th, 11th & 25th March 2019
Cashel
Application Process Closed

Preceptorship Programme

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Target Audience
Registered Nurses and Registered Midwives (including those in Voluntary Services) within clinical areas to which undergraduate nursing students are assigned.

Education Officer
Céire Rochford

Administrative Support
Anne Wall

Date
Venue
Click Link Below to Apply
2nd April 2019
Kilkenny
3rd April 2019
Waterford
23rd May 2019
Wexford
27th May 2019
Clonmel
https://www.surveymonkey.com/r/WRCCTQF

National Frailty Education Programme

Aim & Learning Outcomes
Frailty is an emerging science and this programme was developed to provide healthcare professionals with the knowledge and skills required to provide effective care to older people living with frailty, wherever they access health services. On completion of this programme, participants should be able to recognise frailty as a long term condition; define how frailty is identified clinically and describe the next steps in the care of the person living with frailty.

Target Audience
All healthcare professionals working with older people.

Education Officer
Karen O’Sullivan

Administrative Support
Louise Beresford

Date
Venue
Click Link Below to Apply
20th February 2019
Waterford
Application Process Closed
13th March 2019
Kilkenny
Application Process Closed

12 Steps of Restoration & Conscious Caring through Collaboration, Peace & Leadership

Aim & Learning Outcomes
To facilitate Registered Nurses and Registered Midwives and care staff to feel grounded in their own professional and personal wisdom, while exploring their innate capacity to feel deeply and understand their values and beliefs, think clearly and act with integrity to demonstrate high quality and standards of professional care and behaviour.

Target Audience
Registered Nurses, Registered Midwives, Health & Social Care Professionals and Healthcare Support Staff.

Education Officer
Cathriona Greene

Administrative Support
Anne Wall

Date
Venue
Click Link Below to Apply
25th February, 4th, 11th & 25th March 2019
Cashel
Application Process Closed
### Enhancing & Enabling Well Being for a Person with Dementia

**Aim & Learning Outcomes**
The aim of this programme is to enable staff to support people to live well with dementia by adopting a person centred approach to care. On completion of this 2-day programme, participants should be able to describe dementia and its impact on the person and their family, enhance quality of life for the person with dementia by adopting a person centred approach to supporting the person, including approaches that support the person presenting with responsive behaviour and explore and support partnerships between the person with dementia, family and care givers.

**Target Audience**
Staff caring for older people with dementia in acute, residential and community care settings

**Education Officer**
Karen O’Sullivan

**Administrative Support**
Anne Wall

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</table>

### Stroke Care Programme

**Aim & Learning Outcomes**
This programme aims to enable participants to expand current knowledge to support evidence based holistic care of the adult patient following stroke and expand existing skills and develop additional care skills and expertise, in line with National policy and local guidelines. On completion of this programme, participants should be able to define stroke including risk factors, causes and types of stroke, identify the most appropriate immediate and long-term treatment for the patient with stroke and understand the risks and benefits associated with moving and handling, OT interventions and feeding and swallowing for this patient cohort, preventing further injury.

**Target Audience**
Registered Nurses caring for stroke patients in the acute clinical environment

**Education Officer**
Céire Rochford

**Administrative Support**
Sandra Kennedy

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### Chemotherapy Administration Update Programme

**Aim & Learning Outcomes**
The aim of this programme is to update participants who have completed the Chemotherapy Administration Education Programme, with the relevant changes required to provide a high standard of care to patients diagnosed with cancer, who require the administration of chemotherapy.

**Target Audience**
Registered Nurses involved in the administration of chemotherapeutic medicinal products

**Education Officer**
Céire Rochford

**Administrative Support**
Anne Wall

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Paediatric Emergency Assessment Recognition & Stabilisation (PEARS) Programme

**Aim & Learning Outcomes**
PEARS training provides a structured learning environment for participants to develop the skills, teamwork, and organisation necessary to recognise paediatric emergencies. Practical Teaching Stations to include: Structured paediatric assessment (ABCDE approach), recognition and stabilisation of respiratory distress/failure, recognition and stabilisation of compensated/hypotensive shock, oxygen therapy and non-invasive ventilation, IV/IO access and fluid therapy, Child and infant CPR with AED and Team management of cardiac arrest.

**Target Audience**
This programme is open to Registered Nurses working in Emergency Departments, Special Care Baby Units, Paeds, OPD, Theatre and Community Settings.

**Education Officer**
Karen O'Sullivan

**Administrative Support**
Sandra Kennedy

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<td>Application Process Closed</td>
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Facilitating Learning in Groups (National Programme)

**Aim & Learning Outcomes**
On completion of this 2-day programme, participants should be able to understand the principles of effective facilitation and co-facilitation, understand the process of planning and designing facilitation sessions and workshops, develop the skills to manage group dynamic and environmental challenges and develop the skills to critically review evaluation feedback provided by participants.

**Target Audience**
Staff who already have some experience in facilitation e.g. clinical facilitators, practice development coordinators, clinical nurse and midwife specialist, advance nurse and midwife practitioners, Health and Social Care Professionals (HSCP) and staff from Leadership, Education, Training & Development (LETD) services.

**Education Officer**
Céire Rochford

**Administrative Support**
Anne Wall

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Urology Study Day **New Regional Programme**

**Aim & Learning Outcomes**
The programme aims to provide participants with the theoretical and clinical knowledge, fundamental to safe, informed and competent nursing care and practice, for patients requiring urinary catheterisation and/or nephrostomy care. On completion of this programme, participants should be able to demonstrate knowledge of anatomy and physiology of male and female urinary systems, describe the clinical presentation of patients with penile cancer, bladder cancer, hydronephrosis, urosepsis and BPH and nursing care required and demonstrate knowledge of the medications administered for specific urological conditions.

**Target Audience**
Registered Nurses and Registered Midwives involved in the care and management of patients presenting with specific urology conditions

**Education Officer**
Céire Rochford

**Administrative Support**
Sandra Kennedy

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# Paediatric Advanced Life Support (PALS) Programme

**Aim & Learning Outcomes**

Paediatric Advanced Life Support (PALS) training provides a structured learning environment for multi-disciplinary groups to develop the skills, teamwork, and organisation necessary to effectively manage paediatric emergencies. The PALS provider course is designed to prepare participants to identify and treat common conditions that may lead to cardiac arrest in infants and children, such as respiratory failure and shock.

**Target Audience**

Registered Nurses working in Emergency Departments and Paeds

**Education Officer**

Karen O’Sullivan

**Administrative Support**

Sandra Kennedy

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# Management of the Adult Respiratory Patient

**Aim & Learning Outcomes**

The aim of this programme is to provide evidence based practice, standards and practical advice to registered general nurses to enhance their requisite knowledge, skills, confidence and competence in recognising and responding appropriately to the nursing management of the acutely hospitalised ill adult with COPD and acute type II respiratory requiring/receiving non-invasive positive pressure ventilatory (NIPPV) support in the generalist wards.

**Target Audience**

Registered Nurses working in an acute setting

**Education Officer**

Céire Rochford

**Administrative Support**

Anne Wall

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# Epidural Analgesia Management Programme

**Aim & Learning Outcomes**

The aim of this programme is to provide evidence based education to Registered Nurses and Registered Midwives in the management and care of patients receiving epidural analgesia. At the end of this competency based programme, participants should be able to demonstrate knowledge and understanding of patient monitoring & assessment, effectiveness of therapy and how to make changes if required and identification and management of side-effects and potential complications.

**Target Audience**

Registered Nurses and Registered Midwives working in critical care units (ICU/HDU/Recovery Nurses), acute surgical units and/or maternity units.

**Education Officer**

Céire Rochford

**Administrative Support**

Sandra Kennedy

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### Fine-bore Naso-gastric Tube Insertion & Nasal Bridle Clip in the Adult Patient

**Aim & Learning Outcomes**

The aim of this programme is to develop knowledge and skills to enable Registered Nurses and Dietitians to gain competency on placement of Fine-bore Naso-gastric feeding tubes and Nasal Bridle Clip in Adults. On completion of this programme, participants should be able to demonstrate an understanding of placing a Fine-bore naso gastric feeding tube and placing a nasal bridle clip, be familiar with medications via the NG Tube and drug interactions and be familiar with infection Control considerations.

**Target Audience**

Registered Nurses & Dietitians working in the following clinical areas, where larger numbers of patients are enterally fed: Critical Care settings i.e. ICU and High Dependency Unit, Stroke Units and Acute Surgical Wards where patients with ENT conditions are cared for.

**Education Officer**

Céire Rochford

**Administrative Support**

Sandra Kennedy

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Neurogenic Bowel Management Programme

Aim & Learning Outcomes
The primary aim of this 1-day programme is to enable participants to expand on current knowledge and develop basic, but fundamental, clinical skills, attitude and expertise in the holistic management of the adult patient who requires neurogenic bowel management. On completion, participants should be able to understand the physiological, psychological and sociological needs of individuals affected by neurogenic bowel; understand the significance of maintaining quality care and management of individuals with neurogenic bowel, working within the scope of practice of the nurse and develop competence and confidence in the management of neurogenic bowel following simulated skills demonstration & practice.

Target Audience
Registered Nurses who may be involved in the care and management of a patient requiring neurogenic bowel care.

Education Officer
Karen O’Sullivan

Administrative Support
Louise Beresford

Date
28th March 2019

Venue
Waterford

Click Link Below to Apply
https://www.surveymonkey.com/r/67LRSGR

Fetal Heart Rate Monitoring Workshop

Aim & Learning Outcomes
The aim of this programme is to provide participants with up to date evidence on fetal heart rate monitoring. On completion of this programme, participants should be able to provide a rational for undertaking continuous versus intermittent fetal heart monitoring; discuss the current evidence around fetal heart rate monitoring and identify the features of a cardiotocograph trace; use the correct terminology to classify cardiotocograph traces; demonstrate an understanding of acid base balance and appreciate the legal implications of cardiotocograph documentation.

Target Audience
Registered Midwives

Education Officer
Cathriona Greene and Michelle Waldron (NMPDU)

Administrative Support
Sandra Kennedy

Date
2nd April 2019

Venue
Waterford

Click Link Below to Apply
https://www.surveymonkey.com/r/MPCC79W

Introduction to Theory & Practice of Clinical Supervision

Aim & Learning Outcomes
The aim of this 3-day programme is to provide participants with key theoretical knowledge and practical skills in clinical supervision. On completion, participants should be able to Outline the key roles, responsibilities, functions and implementation strategies for clinical supervision, Critically appraise the importance of professional, legal and ethical issues in clinical supervision in line with HSE best practice guidance and statutory requirements and Utilise basic supervision skills within supervisory practice settings.

Target Audience
TBC

Education Officer
Karen O’Sullivan

Administrative Support
Sandra Kennedy

Date
30th April, 1st & 2nd May 2019

Venue
Kilkenny

Click Link Below to Apply
https://www.surveymonkey.com/r/7SMZY7S
### Adult Arterial Blood Gas Sampling & Analysis

**Aim & Learning Outcomes**
The aim of this programme is to provide participants with the theoretical and clinical knowledge, fundamental to safe, informed and competent nursing care and practice, for patients requiring adult arterial blood gas sampling and analysis. Provide participants with an opportunity to practice new skills using manikins. On completion, participants should be able to demonstrate the ability to ensure safe practice in the undertaking of adult arterial blood gas sampling incl. the indications and contra-indications to performing adult arterial blood gas sampling and analysis.

**Target Audience**
Registered Nurses and allied health professionals involved in the care and management of a patient that requires adult arterial blood gas sampling and analysis.

**Education Officer**
Céire Rochford

**Administrative Support**
Sandra Kennedy

**Date**
4th April 2019

**Venue**
Waterford

**Click Link Below to Apply**
Application Process Closed

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### Ear Care Programme

**Aim & Learning Outcomes**
The aim of this programme is to support and promote the safe delivery of high quality client-centered ear care services. At the end of this programme, participants should have received the knowledge and skills needed to prepare them to perform ear examination and ear irrigation procedures.

**Target Audience**
Registered Nurses

**Education Officer**
Cathriona Greene

**Administrative Support**
Anne Wall

**Date**
5th April 2019

**Venue**
Waterford

**Click Link Below to Apply**
https://www.surveymonkey.com/r/MKKTXVD

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### Adult Catheterisation Programme

**Aim & Learning Outcomes**
The aim of this programme is to provide the knowledge and skills required to provide appropriate care for those that require or already have a urinary catheter (both male & female). Participants are required to perform an accurate assessment of the male/female patient need for catheterisation, to identify the correct method of catheterisation, selection of a catheter and insertion and management of that indwelling urinary catheter.

**Target Audience**
Registered Nurses and Registered Midwives and allied health professionals involved in the care and management of a patient that requires urinary catheter insertion and management.

**Education Officer**
Céire Rochford

**Administrative Support**
Anne Wall

**Date**
8th April 2019

**Venue**
Waterford

**Click Link Below to Apply**
https://www.surveymonkey.com/r/MY35GST

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[Return to Schedule of Programmes]
# Wound Management Programme

**Aim & Learning Outcomes**

This programme aims to enhance the participants’ approach to wound management, considering national and local policies using a person-centred care approach and provide continuity of care from acute through to community care. At the end of this programme, participants should be able to be confident in their wound management technique using the most effective approaches and products and recognise the role of holistic care in effective wound management.

**Target Audience**

Registered Nurses and Registered Midwives involved in patient care and wound assessment and management

**Education Officer**

Karen O’Sullivan

**Administrative Support**

Sandra Kennedy

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# Integrated Diabetes Care for Primary Care Nurses

**Aim & Learning Outcomes**

This programme is designed for Registered Nurses who have a pivotal role in the community in delivering a more responsive, effective and efficient service managing patients diagnosed with diabetes, thus enabling and improving their journey within the health service. The aim of this programme is to facilitate participants to develop an in-depth knowledge and understanding and build confidence in clinical skills to manage patients diagnosed with diabetes.

**Target Audience**

Registered Nurses working in primary care.

**Education Officer**

Cathriona Greene and Michelle Waldron (NMPDU)

**Administrative Support**

Sandra Kennedy

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# S.T.A.B.L.E. Programme

**Aim & Learning Outcomes**

The ‘S.T.A.B.L.E. program’ is a tool that has been developed in the USA for the education of all levels of hospital staff in the post-resuscitation care of sick infants prior to the arrival of the transport team. The course is designed for any health professional involved in the post-resuscitation or pre-transport care of sick newborns. On successful completion of the course, participants receive a course completion card (forwarded after the course) and become a registered S.T.A.B.L.E. provider.

**Target Audience**

Registered Nurses and Registered Midwives

**Education Officer**

Karen O’Sullivan

**Administrative Support**

Sandra Kennedy

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Return to Schedule of Programmes
### NCCP: Cancer Care in Non Specialist In-Patient Settings

**Aim & Learning Outcomes**  
The aim of this programme is to support Registered Midwives and Registered Nurses through shared learning to be competent and compassionate when caring for Bereaved Families and to understand normal grief and the support required by Bereaved Families. At the end of this programme, participants should be able to understand normal grief, break bad news more sensitively, have a better insight into bereaved parent’s experience and the importance of memory making and the importance of self care.

**Target Audience**  
Registered Nurses working in acute hospital wards and departments, nursing homes and in community based hospitals and hospices.

**Education Officer**  
Céire Rochford

**Administrative Support**  
Sandra Kennedy

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### Maternity Bereavement & Loss Care Programme

**Aim & Learning Outcomes**  
The aim of this programme is to support Registered Midwives and Registered Nurses through shared learning to be competent and compassionate when caring for Bereaved Families and to understand normal grief and the support required by Bereaved Families. At the end of this programme, participants should be able to understand normal grief, break bad news more sensitively, have a better insight into bereaved parent’s experience and the importance of memory making and the importance of self care.

**Target Audience**  
Registered Midwives and Registered Nurses working in gynaecological wards.

**Education Officer**  
Cathriona Greene and Michelle Waldron (NMPDU)

**Administrative Support**  
Sandra Kennedy

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### Pain Management Programme

**Aim & Learning Outcomes**  
This programme aims to develop healthcare professional’s knowledge of pain assessment and management in their clinical area. At the end of this programme, participants should be able to describe rationale for using various pharmacological agents to manage pain, explore new modalities for managing and treating pain and demonstrate a broader knowledge of pain management interventions across the service.

**Target Audience**  
Registered Nurses, Registered Midwives and Allied Health & Social Care Professionals with an interest in pain management and working in a service where the knowledge can be applied.

**Education Officer**  
Karen O'Sullivan

**Administrative Support**  
Sandra Kennedy

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### Management of the Adult Patient Requiring Non Invasive Positive Pressure Ventilation

**Aim & Learning Outcomes**
The aim of this programme is to provide Registered General Nurses and Health Care Professionals with the knowledge and skills required to care for an acutely ill respiratory patient. It will combine evidence based theory and its practical application to support competent nursing assessment and care for the patient. On completion, participants should be able to critically explore the skills required by the nurse to assess acutely ill respiratory patients, using COMPASS VIEWS score and perform correct patient positioning, correct mask fit and assessment of the patients on-going condition.

**Target Audience**
Registered Nurses working in the acute health care setting

**Education Officer**
Céire Rochford

**Administrative Support**
Anne Wall

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### Adult Suprapubic Re-Catheterisation Programme

**New Regional Programme**

**Aim & Learning Outcomes**
This programme aims to provide participants with the theoretical and clinical knowledge, fundamental to safe, informed and competent nursing care and practice, for adult patients requiring suprapubic recatheterisation and provide skills training and the opportunity to practice new and existing skills using mannequins. On completion of this programme, participants should be able to complete appropriate patient assessment and identify the reasons for and contra-indications of suprapubic recatheterisation and critically review the nurses’ role in preventing complications associated with suprapubic recatheterisation.

**Target Audience**
Registered Nurses and Registered Midwives and allied health professionals involved in the care and management of a patient that requires suprapubic recatheterisation.

**Education Officer**
Céire Rochford

**Administrative Support**
Anne Wall

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### Final Journeys (Irish Hospice Foundation)

**Aim & Learning Outcomes**
Final Journeys is a one-day workshop which aims to improve end-of-life care by raising awareness and empowering staff to become more competent, confident and comfortable dealing with patients and families and enhance communication skills of hospital staff so they are better able to support people nearing end-of-life.

**Target Audience**
All Healthcare staff and those especially working in acute hospital settings

**Education Officer**
Céire Rochford

**Administrative Support**
Louise Beresford

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[Return to Schedule of Programmes](#)
Colorectal Study Day for Registered General Nurses

**New Regional Programme**

Aim & Learning Outcomes
The aim of this programme is to provide a forum for exchange of knowledge for all Registered General Nurses caring for patients who have been diagnosed/treated with colorectal disease including colorectal cancer and I.B.D within the general ward setting. On completion, participants should be able to define I.B.D and have a broad understanding of medical and surgical treatments, discuss and define colorectal cancer diagnosis and the different types of surgery used for treatment and provide stoma care based on current evidence based practice.

Target Audience
Registered General Nurses

Education Officer
Karen O’Sullivan

Administrative Support
Sandra Kennedy

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Management of the Adult Renal Patient

Aim & Learning Outcomes
The aim of this programme is to provide evidence based practice, standards and practical advice to Registered Nurses and Registered Midwives to enhance their requisite knowledge, skills, confidence and competence in recognising and responding appropriately to the person centred management of the adult patient diagnosed with pre renal, chronic kidney disease and/or end stage renal failure.

Target Audience
Registered Nurses and Registered Midwives who are involved in the management of pre and chronic adult renal patients.

Education Officer
Cathriona Greene

Administrative Support
Sandra Kennedy

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20 Hour Breastfeeding Programme

Aim & Learning Outcomes
The aim of this programme is to enable participants to develop skill, competencies and knowledge to effectively support and facilitate mothers who wish to breastfeed. On completion of this programme, participants should be able to demonstrate knowledge of the evidence to support the superiority of breast milk; explore the social and cultural aspects of the incidence of breastfeeding and describe the management of breastfeeding issues that may arise.

Target Audience
Registered Midwives, Registered Nurses, Public Health Nurses, Practice Nurses and Health Care Assistants/

Education Officer
Cathriona Greene and Michelle Waldron (NMPDU)

Administrative Support
Louise Beresford

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MAPA ® Foundation 1 Day Programme

Aim & Learning Outcomes

This 1 day programme aims to identify behaviour that indicates an escalation towards aggressive and violent behaviour and take appropriate measures to avoid, decelerate and/or de-escalate crisis situations; assess the level of risk associated with crisis behaviour and make appropriate decisions related to the management of such risks; identify suitable and acceptable physical interventions to reduce or manage risk behaviour and identify the impact of crisis events and describe post crisis responses which can be used for personal and organisational support and learning.

Target Audience

Staff working in Healthcare and Social Care helping them to manage interactions with others, the public, their colleagues, and patients / service users

Education Officer

James O'Shea

Administrative Support

Louise Beresford

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Regional Centre of Nursing & Midwifery Education
HSE South (Carlow, Kilkenny, South Tipperary, Waterford, Wexford)
Education Centre (Level 2),
University Hospital Waterford,
Dunmore Road,
Waterford.