Centre of Nursing & Midwifery Education
Sligo/Leitrim & West Cavan

Clinical Strategy and Programmes Division
HSE North West – Saolta Hospital Group CHO Area (1)

Schedule of Education and Training Events
2016 – 2017
Contents

Mission Statement ........................................................................................................3
A welcome from the Director .......................................................................................4
Acknowledgements ........................................................................................................5
Background and Context ..............................................................................................6
Aims of the Centre .........................................................................................................7
Application Process for Funding .................................................................................8
  Funding Process for Post Registration Nursing & Midwifery ...................... 9
  Funding Process for Short Courses/Conferences ..............................................10
The Educational Facilities .........................................................................................11
Library Facilities .........................................................................................................12
Links and Partnerships .................................................................................................15
The Team ......................................................................................................................16
Directions to Centre of Nursing & Midwifery Education (Map) ..................17
Booking a Place ............................................................................................................19
Index of Programmes and Timetables .................................................................20

Appendices

I.  Booking Form
II.  Programme Evaluation
III. Educational Needs Analysis Questionnaire
IV.  Staff Contact Details
V.   Description of the Service
VI.  National Framework of Qualifications
Mission Statement

The Centre of Nursing and Midwifery Education, Sligo/Leitrim, West Cavan as a centre of learning, provides quality education and training programmes in response to individual and service needs in line with National Policy and International Best Practice.
A welcome from the Director

It is with great pleasure that I welcome you to the 2016 - 2017 edition of the Schedule of Education and Training Events for the Centre of Nursing and Midwifery Education, Sligo/Leitrim & West Cavan. I hope you will find the programmes/units of learning on offer facilitate your continuing professional development needs and support service development.

We believe that the primary goal of continuing professional education is to enhance practice and to promote the welfare of patients, whilst recognising that it should also raise morale, increase job satisfaction, and contribute to personal and professional development. Continuing education is therefore a life-long process, which is intended to build upon the educational and experiential basis of the practitioner for the enhancement of clinical practice, patient safety, education, administration and research to the end of improving the health of the public.

The programmes/units of learning offered in this Schedule of Education and Training Events reflect a wide variety of educational experiences including study days, conferences, workshops, modular programmes, short courses as well as a Healthcare Support programme validated by QQI. These programmes/units of learning have been designed to respond to the workforce training and development needs. In this Schedule of Education and Training Events, the Centre of Nursing and Midwifery Education Sligo/Leitrim, has reflected the needs of all services, in Sligo/Leitrim and West Cavan area.

We will continue to work in partnership with the Higher Education Institutions, The Nursing/Midwifery Planning and Development Unit (NMPD), Learning and Development, Nursing Practice Development Units, CHO Area 1, Soalta Hospital Group and the Centre of Nursing and Midwifery Education in Donegal in the planning and delivery of vibrant educational programmes/units of learning. We will also seek appropriate validation and accreditation for programmes/units of learning from the relevant awarding bodies and approval and CEUs from NMBI. This could enable the programmes/units of learning on offer to be placed on the National Qualifications Framework (NQAI), See Appendix VI.

Finally, I wish to acknowledge the support of my team in the Centre of Nursing and Midwifery Education (CNME), and visiting speakers from clinical practices involved in the development of this Schedule of Education and Training Events. I wish all participants attending the programmes/units of learning well and I look forward to seeing you on the HSE Cregg Campus where the inspirational words of Michelangelo “Ancora Imparo” (I am still learning) has inspired us and hence has been adopted as the educational philosophy underpinning our educational services.

Dr. Mary Hodson, Director
Centre of Nursing and Midwifery Education, Sligo/Leitrim
Acknowledgements

On behalf of the team we wish to formally acknowledge the following for their advice, support and contributions to this Schedule of Education and Training Events:

- The members of the CNME, Board of Management
- Directors of Nursing and Midwifery, Sligo/Leitrim & West Cavan- HSE, CHO Area (1) and Saolta Hospital Group
- Nurse Educators, CNME, Sligo/Leitrim
- Practice Development, Sligo University Hospital
- Research and Education Centre, Sligo University Hospital
- Practice Development, HSE Cregg Services
- Librarian, HSE Cregg Services
- Administration Staff, CNME, Sligo/Leitrim
- The Director and Staff of Nursing, Midwifery, Planning & Development Unit (NMPDU)
- The Director and Staff of the HSE West Leadership, Education & Development
- Respective practice nursing and midwifery staff from clinical, education and management, and allied professions within learning disabilities, mental health, care of the older person services, community, voluntary sector and the acute services for the continual valued support of the educational provision.
Background and context to the development of the Centre of Nursing and Midwifery Education, Sligo/Leitrim

The development of the Centre of Nursing and Midwifery Education, Sligo/Leitrim (CNME) is a welcome innovation within the Irish health service. The Centre has the potential to provide structured frameworks for continuing professional development (CPD) within its geographical remit.

The rationale for the development of the Centre emanated from the Report of The Commission on Nursing (1998), in particular paragraph 5.61 (p.90) which makes specific reference to this development by stating that “Following the transition of the pre-registration nursing degree programme into third level institutes there will continue to be a need for a strong nursing education presence in the teaching hospitals and the health service…."

Furthermore, the Commission sees the need to develop and strengthen the availability of professional development for all nurses and midwives. The Commission suggests that it might be helpful to consider professional development under the following three broad headings:

- In-service training – which might, for example, consist of education on occupational health issues and work orientation programmes;
- Continuing education – which might consist of education on developments in nursing and the treatment of patient groups;
- Specialist training – the Commission recommends that the Minister for Health and Children make provision for the three main areas of professional development to be fostered and further developed.

The current Health Strategy Quality and Fairness – A Health System for You (Department of Health & Children, 2001) outlines a programme for investment and reform of the health service. Successful implementation of the strategy depends on staff development. The subsequent Action Plan for People Management in the Health Services (DOHC, 2002) also emphasises the need for staff development that is structured and responsive to service and individual needs. This is further supported by An Bord Altranais as the following quote illustrates:

“Continuing education is a lifelong professional development process which takes place after the completion of the pre-registration nurse education programme. It consists of planned learning experiences which are designed to augment the knowledge, skills and attitudes of registered nurses for the enhancement of nursing practice, patient/client care, education, administration and research”. (Continuing Professional Education for Nurses in Ireland: A Framework, 1997, p.11).
Aims of the Centre of Nursing and Midwifery Education, Sligo/Leitrim

- Provide education and programmes of professional development across all divisions of nursing and allied healthcare professions within the Health Service Executive, West Area.
- Identify, in partnership with the Director of Nursing and Midwifery Planning and Development Unit and the Service Managers and their staff, the education, training and development needs of all staff.
- Provide a comprehensive training and development programme in accordance with annually agreed objectives.
- Encourage and support the research agenda at local and national level.
- Align training and development with organisational, national and international initiatives.
- Maintain close working relationships with Higher Educational Institutes and Health Care Agencies.
- Promote cross-divisional and interagency educational practices.
- Promote the professional development of staff as integral to the management of the nursing and midwifery resource.
- Source and evaluate internal and external education and training providers.
- Establish systems to record evaluate and audit training and development activities.

The majority of programmes within this Schedule of Education and Training Events will be offered from the Centre of Nursing and Midwifery Education, Sligo/Leitrim. However it is envisaged that more flexible approaches to the planning and delivery of continuing professional development will be operationalised in the future for example, distance learning educational packages and e-learning. Adapting the delivery of programmes to the working arrangement of nurses, midwives, support staff and other disciplines for example, on-site teaching/facilitation in practice settings and interagency co-operation to provide shared programmes is also envisaged.

It is evident that development of the Centre of Nursing and Midwifery Education Sligo/Leitrim within the Health Service is essential, in facilitating the development, implementation and evaluation of appropriate in-service and staff development educational programmes. Responding to changes within the health service, will enable registered nurses, midwives and support personnel to provide and engage in the delivery of evidence based practice while at the same time engaging in the planning and implementation of change in the Health Service. This initiative is imperative if we are to ensure that appropriately trained and skilled professionals are in place to deliver and maintain the new ways of providing health care outlined in the Health Strategy- Quality and Fairness – A Health System for You (DOHC, 2001).
Application Process for Continuing Nurse Education Funding

The Health Service Executive through the Centre of Nursing & Midwifery Education, (CNME) Sligo/Leitrim, Nursing, Midwifery, Planning and Development Unit and Learning & Development Unit actively supports and encourages participation of all Nursing & Midwifery staff in Post Registration, Continuing Competence, Nursing & Midwifery Education Programmes.

Post Registration, Continuing Competence, Nursing & Midwifery Education Programmes are defined as meeting the following criteria:

- Minimum of one academic year
- Part time
- Relevant Education Provider

The Funding Application process takes place via the Centre of Nursing & Midwifery Education, Sligo/Leitrim.

- The Applicant must apply, in the first instance, to his/her Director of Nursing/Line Manager who will make a recommendation on the Application Form for Funding/Form of Undertaking. The Director of Nursing/Line Manager will ascertain equity and appropriateness of an application and make their recommendation based on individual applications.
- The completed and signed Application Form for Funding/Form of Undertaking is forwarded to the Centre of Nursing & Midwifery Education, Sligo/Leitrim for decision on appropriate funding by Board of Management.
- Applicant is then informed in writing of this decision.
- Copy of this correspondence is forwarded to the Education Provider for processing and invoicing to the CNME, Sligo/Leitrim.
- If Applicant discontinues course, Applicant notifies CNME and Applicant refunds fees paid to the CNME.

NB: Application Form for Funding/Form of Undertaking can be obtained from Directors of Nursing and the Centre of Nursing & Midwifery Education, Sligo/Leitrim. Only fully completed and signed Forms will be accepted for processing.

Retrospective funding of programmes is not available.
Centre of Nursing & Midwifery Education
Sligo/Leitrim & West Cavan

Funding Process for Post Registration Nursing & Midwifery Education Programmes

Applicant will have discussion with Line Manager/Director of Nursing/Midwifery (DON/DONM)

CNME, S/L Application Form & Form of Undertaking completed and signed by (DON/DONM) and Applicant

Application Forms sent to Central Booking Office, CNME S/L for approval by Director of CNME on behalf of Board of Management

Yes

- Applicant informed of decision in writing
- Copy of correspondence sent to Education Provider
- Applicant commences course

No

- Letter to Applicant outlining reasons for non-approval
- Appeals Process

- Applicant submits letter to Director of CNME to appeal decision
- Chairperson of BOM and Directors of CNMEs (S/L & DL) meet to discuss and process appeals and decision is communicated to applicant

Evidence of Course Completion

To comply with HSE National Financial Regulations by end Jan each year the DON/M, for their respective applicant(s), complete a proforma indicating that the applicant(s) have completed the entire course/programme and forward to CNME, S/L

(Funding may be delayed the following year if this proforma is not completed and returned)
Centre of Nursing & Midwifery Education

Sligo/Leitrim & West Cavan SOP (4) - Funding Process for *Short Courses/ Conferences*

An allocation of funds pro-rata from the CNME, S/L Continuing Nurse Education Budget is transferred at beginning of each financial year to the Director of Nursing/Midwifery (DON/M) for the respective Cost Centre in support of short courses/conferences.

Applicant will have discussed with Line Manager/Director of Nursing/Midwifery (DON/DONM).

Application Form completed and signed by Applicant and DON/DONM.

Application Form sent to respective DON/Ms office for consideration.

- **Yes**
  - Applicant informed of decision in writing.

- **No**
  - Letter to Applicant outlining reasons for non-approval.
  - Appeals Process

**For Re-imbursement**

- Applicant completes and signs Travel & Reimbursement Claim Form and submits to their respective (DON/DONM) with the following:
  - Copy of Receipt of payment of short courses/Conference fees
  - Evidence of attendance at Short courses/Conference
  - Applicant reimbursed as appropriate from the respective service cost centre

In compliance with HSE National Financial Regulations evidence indicating the following submitted to CNME, S/L by year end:
  - Names of Participants funding
  - Name of Short Course/Attended
  - Cost

(*Funding may be delayed the following year if this evidence is not received*)

**No application forms will be processed retrospectively**

*Short Courses / Conferences refers to non HEI accredited but NMBI Cat 1 approved CPD programmes with CEU’s allocation between 1 and 3 days duration.*
The Educational Facilities

The Centre of Nursing and Midwifery Education Sligo/Leitrim was relocated from the campus of Sligo University Hospital in 2005 to a refurbished educational facility at Cregg, Rosses Point Road, County Sligo. The CNME is located in “Cregg House” which previously housed the Learning Disability School of Nursing. This historical building was first built on the grounds of Cregg in 1806 and was previously the residence of Michael Jones and his wife, Mary, whose death is lovingly recorded on a plaque in Drumcliffe church. The property has changed hands several times, finally becoming the property of the Sisters of La Sagesse in 1955. The CNME, Sligo/Leitrim now occupies the middle and lower floors of the “house”, while the Nursing Practice Development Unit for Cregg House occupies the top floor. The house is located in exceptionally beautiful surroundings of Cregg with its panoramic views of Knocknarea, Benbulben and Sligo Bay. It is therefore an ideal location for the delivery of continuing professional development educational programmes. It is envisaged that these programmes will be offered both on the Cregg site and in the satellite sites throughout the Sligo/Leitrim region.

The Centre offers the following facilities:

- A participant reception area (in entrance foyer)
- 2 classrooms to accommodate 20, with ICT Connection-LCD Projection
- 1 classroom to accommodate 40, with ICT Connection-LCD Projection
- 1 computer-assisted learning room to accommodate 6
- Computer/internet links to Research and Education Foundation Library on Sligo University Hospital Campus
- 1 meeting/tutorial room, to accommodate 10
- 1 coffee area to accommodate 20 approx. with coffee/tea dispensing facility
- Photocopying facilities
- Library – Learning Disability Service
- Car parking facilities – at rear of CNME – please drive with caution and with due care and awareness of the safety risks to clients
- Limited dining facility at Cregg main campus

Participants are advised that tea/coffee is provided at the Centre. Lunch is not provided and participants are requested to make alternative arrangements as appropriate and advised.
Library Facilities

*Research and Education Centre Library, Sligo University Hospital*

**Database Training Courses**

The Library provides database training courses throughout the year. Courses usually last for about three hours and always include a practical session to give participants an opportunity to practise what they are learning.

All courses include an introduction to the database, how to search using keywords and subject headings, planning and effective search strategy, refining and managing search results and lots of tips to ensure that you find the information you need.

Courses currently available include the following:

**CINAHL** – regarded as the world’s most comprehensive nursing and allied health database, it provides full text for more than 1350 journals and references to articles from more than 5200 journals for nursing and allied health professionals.

**Cochrane Library** – produced by the Cochrane Collaboration, this database is regarded as the premier resource for evidence-based information relating to the effectiveness of interventions, and includes the Cochrane Database of Systematic Reviews and CENTRAL, the world’s largest collection of randomised controlled trials.

**Medline** - the Medline database is produced by the National Library of Medicine and provides citations and abstracts from over 5600 biomedical journals covering medicine, nursing, dentistry, veterinary medicine, the health care system and much more.

**PsycInfo** – produced by the American Psychological Association, this is the largest source of peer-reviewed literature relating to behavioural science and mental health. It contains more than 3 billion citations and summaries of journal articles, book chapters, dissertations and technical reports from the field of psychology, dating as far back as the 1600’s.

Courses will be advised in the Library and via email.

For further details and to check course dates, please contact Helen Clark, Library and Information Services Manager on 071 9174604 or by E-mail to helen.clark@hse.ie
Centre of Nursing and Midwifery Education

Library Facilities – HSE Cregg Campus

General information

Librarian Catherine Dillon Tel: 071 9177229 / 9177297
Email: catherine.dillon@hse.ie

Opening hours

Wednesday and Thursday 9:30am – 1:00pm & 1:30pm – 5:00pm.

Books and other media can only be borrowed during these hours.

Journals are STRICTLY for REFERENCE only!!

Membership

HSE staff in ID services and the tutors and registered students of St. Angela's College may borrow books. HCAs following the QQI course can borrow items for the duration of the course. DVDs can only be borrowed by HSE Cregg Services staff. Other HSE staff are welcome to use the library but may only borrow items by special request.

Loan periods

Books can be borrowed for 2 weeks and DVDs for 1 week. Users may borrow 4 books and 1 DVD.

Library stock

Books and journals

The library stocks books and journals covering both general nursing studies and specialised care approaches for people with an intellectual disability. The subjects covered in this latter category include practical nursing and care issues for those with physical as well as intellectual disabilities, assessments, education, play, psychology, behaviour that challenges, care planning, community integration, self-advocacy, employment, health and relationships. There is also literature to support the studies of students following the QQI HCA course offered by the CNME (Sligo/Leitrim). The library stocks 2 current journal titles.

DVDs

There is a small collection of DVDs focusing on the needs of people with intellectual disabilities.

Training resources

A collection of teaching pack materials is now being established.
Reports

There is a small collection of reports from the Dept. of Health and Children, other Irish government departments, the HSE, National Disability Authority, An Bord Altranais and various other relevant organisations. Also reports such as the SLÁN surveys and the NIDD reports.

Facilities

Photocopying

There is a photocopier available. Copies are priced at 5c for one A4 print. Please pay after completing your copying.

Printing

There is no public access pc available so please ask the librarian if you wish to print out documents. Printing from the internet is priced at 10c per A4 sheet.

Inter-Library Loans

Journal articles, books and theses can be obtained on inter-library loan. All requests are directed via the Research and Education Centre Library at Sligo University Hospital. Cost: journal article - €5.00, book/thesis - €10.00. This service is only available to HSE Cregg Services staff.
Links and Partnerships

In the planning, delivery and evaluating of professional development programmes the Centre works collaboratively and in partnership with:

- The Nursing Midwifery Planning and Development Unit (NMPDU)
- The Office of Nursing/Midwifery Services Director (ONMSD)
- The Centre of Nursing and Midwifery Education, Donegal
- Leadership, Education and Development, HSE North West
- St. Angela’s College of Education (Recognised College of NUI)
- Nursing Practice Development Unit, Sligo University Hospital
- Nursing Practice Development Unit, HSE Cregg Services
- The Directors of Nursing and Midwifery, Sligo/Leitrim & West Cavan
- Quality and Qualifications Ireland (QQI)
- Department of Health and Children (Nursing Policy Division)
- Nursing & Midwifery Board of Ireland (NMBI) , Education Department
- The Irish Cancer Society
- Institute of Public Administration (IPA)

The Centre staff are actively building collaborative links both at a national and international level exploring best practices with regard to continuing professional development.

Programme Participants in Clinical Room
The Team

Dr Mary Hodson  
Director  
RGN, EdD, MA, BSc (Hons), Dip. N. Dip. AMP (Smurfitt)  
Cert ED, RNT

Martina Harkin-Kelly  
Specialist Co-ordinator/Nurse Educator  
RGN, Dip. Ophthalmic Nursing, ENB 998, BA (Hons) Sociology & Economics, MA Humanities

Maura McGettrick  
Specialist Co-ordinator/ Nurse Educator  
RGN, RM, B.A., Training & Education, MA Adult Learning & Development, Dip Equality & Diversity

Gerry Tuohy  
Nurse Educator  
RGN, ONC, RCNT, RNT

Dr Moya Comer  
Nurse Educator  
RGN, RM, RNT BSc, PhD, Dip. Legal Studies and Practice

Maureen Scanlon  
Clinical Facilitator (SRH, NPDU/CNME, S/L & WC)  
RGN, HDip in Critical Care, Cert in Training and Education (NUI Maynooth), Certificate in Management (RCSI)

Maura Hanly  
Assistant Staff Officer, Grade IV (part time)

Cliodhna Tuohy  
Clerical Officer, Grade III (part time)

Other educational facilitators will be participating in the planning delivery and evaluating of the Centre programmes as appropriate with prior agreement with respective line managers through the Centre’s Board of Management.
Directions to Centre of Nursing & Midwifery Education, Sligo/Leitrim

Address: Cregg, Rosses Point Road, Sligo.
Tel: (+00 353 from outside Ireland) 071 9177090

From Dublin/Galway:

Continue into Sligo town via inner relief road (N4)
Straight through from 1st roundabout at Summerhill
Continue straight through 6 sets of traffic lights
Just after 7th set of lights – take left exit for Rosses Point (R291 – signposted)
Continue out Rosses Point road via Ballincar - Radisson hotel visible on your right
Approx. 500 yards past the Radisson, take right turn (signposted Cregg House)
Continue past the first entrance to Cregg House, on up the hill to the 2nd entrance on your left (letterbox on the wall & signposted CNME, Sligo/Leitrim)
We are located in the 3-storey building visible at the top of the hill
Parking facilities around the back to your right as you come up the hill (signposted)
Any difficulties please ring us at the above number – safe driving!

From Donegal:

Take N15 to Sligo town
After ‘Esso’ station & ‘Supermacs’ on your right, take right turn R291 signposted Rosses Point
Continue out Rosses Point road via Ballincar - Radisson hotel visible on your right
Approx. 500 yards past the Radisson, take right turn (signposted Cregg House)
Continue past the first entrance to Cregg House, on up the hill to the 2nd entrance on your left (letterbox on the wall & signposted CNME, Sligo/Leitrim)
We are located in the 3-storey building visible at the top of the hill
Parking facilities around the back to your right as you come up the hill (signposted)
Any difficulties please ring us at the above number – safe driving!
From Enniskillen:

Take N16 to Sligo town
At filling station beside IT (Ballinode Regional Stores) take right turn
Continue straight through roundabout at ‘Heat Merchants’
Turn right at traffic lights (signposted Donegal)
Turn immediate left turn R291 signposted Rosses Point
Continue out Rosses Point road via Ballincar - Radisson hotel visible on your right
Approx 500yds past the Radisson, take right turn (signposted Cregg House)
Continue past the first entrance to Cregg House, on up the hill to the 2nd entrance on your left (letterbox on
the wall & signposted CNME, Sligo/Leitrim)
We are located in the 3-storey building visible at the top of the hill
Parking facilities around the back to your right as you come up the hill (signposted)
Any difficulties please ring us at the above number – safe driving!
Booking Programmes

- Select the programme appropriate to your service area and/or professional development.
- Discuss selection with your Line Manager to ensure release and other support as required.
- Complete **Booking Form** signed by your Line Manager. Ensure all details are supplied.
- **Return** completed booking form to: Central Booking Office, CNME by **post or fax** (Fax no: 071-9177746).

**NOTE:** Please ensure that the booking form has been forwarded/returned by your Line Manager to the Central Booking Office. This ensures that we can contact with you in the event of changes.

- It is essential that a fully completed booking form is received by the CNME in respect of each participant.
- If fewer than the minimum number of participants book in for any course the course will be cancelled/postponed.
- If cancellation/postponement is necessary, participants will be notified by the CNME in advance of the programme date. Please ensure contact details are included in the booking form for this purpose.

**TBC** – Date to be confirmed subject to availability of Clinical Facilitators in support of the relevant programme.

Accreditation of Programmes

**Nursing & Midwifery Board of Ireland (NMBI)**

All our Nursing & Midwifery Programmes offered will be subject to approval by NMBI and CEUS allocated.

**QQI Health Service Skills Award Programme**

The Health Service Skills Award Programme is accredited through QQI.
Index of Programmes and Timetables

Theme 1: Corporate and Clinical Governance

Business Case Masterclass ................................................................. 22
Legal and Professional Issues in Nursing and Midwifery ......................... 23
Safeguarding Vulnerable Persons at Risk of Abuse .................................. 24

Theme 2: Provision of Safe, Quality Care

Anaphylaxis .............................................................................................. 25
BLS (CPR) – Healthcare Professionals (Nurses) ...................................... 26
BLS (CPR) – Support Staff ..................................................................... 27
Caring for a person with a Urinary Catheter ........................................... 28
Central Venous Access Devices (CVADS) ............................................. 29
Diabetes Mellitus Study Day (Community) ............................................ 30
Diabetes Mellitus Study Day (Acute Care) ............................................ 31
Diabetic Foot ........................................................................................... 32
Epilepsy Study Day ................................................................................ 33
Fire Training ............................................................................................ 34
Healthcare Support Certificate ............................................................. 35
Interpretation ECG and Heart Failure .................................................... 36
IV Cannulation & Phlebotomy ............................................................... 37
IV Medication Management ................................................................. 38
Management of Patients with Leg Ulcer in the Community .................... 39
McKinley T34 Syringe Driver Workshop .............................................. 40
Respiratory Study Day .......................................................................... 41
Safe Administration of Cytotoxic Agents .............................................. 42
STORM (Skill Based Training on Risk Management) .......................... 43
Theme 3: Leadership and Innovation

CPD Programmes for this theme are being developed and when approved will be presented to Board of Management and subsequently disseminated to the respective services.

Theme 4: Practice Development

Palliative Care Needs Assessment ................................................................. 46
Preceptorship .................................................................................................. 47

Theme 5: Research

CPD Programmes for this theme are being developed and when approved will be presented to Board of Management and subsequently disseminated to the respective services.

Theme 6: Continuing Professional Development

Care and Management of a Patient with a Gastrostomy Tube......................... 49
Cystitis Fibrosis Study Day............................................................................. 50
DRE Workshop .................................................................................................. 51
Enabling and Enhancing Quality of Care with the Person with Dementia (ACP)........... 52
Final Journeys ..................................................................................................... 53
Presentation Skills ............................................................................................... 54
What Matters to Me......................................................................................... 55
### Theme 1: Corporate and Clinical Governance

#### Business Case Masterclass

<table>
<thead>
<tr>
<th>Aims &amp; Learning Outcomes</th>
<th>Aims &amp; Learning Objectives</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>The aim of this masterclass is to assist senior nurse managers develop and present successful business cases and includes the following objectives.</td>
</tr>
<tr>
<td></td>
<td>- Understand how to analyse salient organisational and financial information</td>
</tr>
<tr>
<td></td>
<td>- Using an 8 stage process build a successful business case to meet organisational and service needs</td>
</tr>
<tr>
<td></td>
<td>- Understand how to make effective resource base decisions</td>
</tr>
<tr>
<td></td>
<td>- Maximise the chances of getting business cases accepted by gaining support from critical stakeholders.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Content</th>
<th>Master class introduction including definitions, concepts and principles</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Identify what are the elements of successful and non-successful business cases.</td>
</tr>
<tr>
<td></td>
<td>Develop the 8 step approach to building a Business Case: Building fact sheet, alignment analysis, benefit analysis, risk analysis, risk return, structured document, maintenance of business case.</td>
</tr>
<tr>
<td></td>
<td>Facilitate group discussion and activities (e.g. presentation of case) to a panel for feedback</td>
</tr>
<tr>
<td></td>
<td>Masterclass key point review, identification and agreement of commitments and close</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Date(s)</th>
<th>13th January 2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>Duration</td>
<td>Half Day 9:30 – 1:00</td>
</tr>
<tr>
<td>Venue</td>
<td>Centre of Nursing &amp; Midwifery Education, Sligo/Leitrim</td>
</tr>
<tr>
<td>No. Places</td>
<td>Min 15 - Max 30</td>
</tr>
<tr>
<td>Target Group</td>
<td>Directors of Nursing and Midwifery, Assistant Director of Nursing and Midwifery, Clinical Nurse Managers and Clinical Midwife Managers 2 and 3 (or equivalent grades)</td>
</tr>
<tr>
<td>Facilitators</td>
<td>Gearoid Hardy <a href="mailto:gearoid@gearoidhardy.com">gearoid@gearoidhardy.com</a></td>
</tr>
<tr>
<td>Contact Details (Co-Ordinator)</td>
<td>Georgina Bassett Tel: 087-6820559 <a href="mailto:Georgina.bassett@hse.ie">Georgina.bassett@hse.ie</a></td>
</tr>
<tr>
<td>Booking</td>
<td>Please register on-line: <a href="https://www.surveymonkey.com/r/Business_case_Sligo">https://www.surveymonkey.com/r/Business_case_Sligo</a></td>
</tr>
</tbody>
</table>

---

Centre of Nursing & Midwifery Education
Sligo/Leitrim
Cregg, Rosses Point Road, Co. Sligo
F91 XD77
Tel: 071 9177090 Fax: 071 9177746
**Legal and Professional Issues in Nursing and Midwifery**

### Aims & Learning Outcomes

- On completion of this programme participants will be able to:
  - Identify the legal and professional issues relevant to nursing and midwifery practice
  - Outline the legislative framework governing nursing and midwifery
  - Discuss the Registered Nurse/Midwife’s legal and professional obligations
  - Explore concepts such as Duty of Care, negligence, accountability, etc.

- The Irish Legal System – an overview
  - Nurses and Midwives Act 2011
  - Code of Professional Conduct and Ethics for Registered Nurses and Midwives (NMBI 2014)
  - Scope of Nursing and Midwifery Practice Framework (NMBI 2015)
  - Documentation and report writing

### Date(s)

- 6<sup>th</sup> April 2017
- 11<sup>th</sup> May 2017

### Duration

- One day
- 9:00 – 17:00hrs

### Venue

- Centre of Nursing & Midwifery Education, Sligo/Leitrim

### No. Places

- Min 15
- Max 30

### Target Group

- Registered Nurses & Midwives

### Facilitators

- Moya Comer, RGN, RM, Dip. Legal Studies and Practice, PhD
- Nurse Educator, Centre of Nursing & Midwifery Education

### Contact Details (Co-Ordinator)

- Moya Comer Tel: 071 9177747
- E-mail: moya.comer@hse.ie

### Booking

- Central Booking Office (See below)

---

Centre of Nursing & Midwifery Education  
Sligo/Leitrim  
Cregg, Rosses Point Road, Co. Sligo  
F91 XD77  
Tel: 071 9177090  
Fax: 071 9177746
| Aims & Learning Outcomes | Aims & Learning Outcomes  
To raise awareness of the policy on *Safeguarding Vulnerable Persons at Risk of Abuse (2014)*; and its implementation in multidisciplinary practice, both in the community and residential settings.  
**Learning Outcomes:**  
- Developing Awareness of the new policy – *Safeguarding Vulnerable Adults at Risk of Abuse (HSE, Dec 2014)*  
- Definition and categories of abuse  
- Building blocks for safeguarding and promoting welfare  
- Recognising and responding to allegations of abuse  
- Neglect and self-neglect  
- Scenario discussion |
| Date(s) | TBC |
| Duration | TBC |
| Venue | Centre of Nursing & Midwifery Education, Sligo/Leitrim |
| No. Places | Min 5   Max 30 |
| Target Group | Multidisciplinary Staff |
| Facilitator(s) | Maura McGettrick & Frances Clifford, Social Worker |
| Contact Details | Maura McGettrick, Centre of Nursing & Midwifery Education  
Tel: 071 9177744 / 086 0298775  
E-mail: maura.mcgettrick@hse.ie |
| Booking | Central Booking Office (See below) |
## Anaphylaxis

### Aims & Learning Outcomes

To provide information on the safe and effective management of an anaphylactic reaction in infants, children and adults, ensuring that the care of these patients is promptly and correctly managed.

- Context of anaphylaxis and associated signs and symptoms
- Pathophysiology associated with anaphylaxis
- Differentiate between a mild or moderate allergic reaction and anaphylaxis
- Identify risks factors associated with anaphylaxis
- Demonstrate the appropriate management and treatment of anaphylaxis
- Manage the care of infants, children and adults with anaphylaxis
- Demonstrate the calculations and preparation of first line drugs for infants, children and adults in the workshop station
- Discuss current Royal college of Physicians Ireland (RCPI) National Immunisation Guidelines and other current evidence for the management of Anaphylaxis
- Identify local and national guidelines for the management of Anaphylaxis
- Acknowledge the need for the client to follow up on their care

### Date(s)

- 6th September 2016
- 18th January 2017
- 6th June 2017

### Duration

½ Day programme 4 hrs: 9.30 – 13.30hrs

### Venue

Centre of Nursing & Midwifery Education, Sligo/Leitrim

### No. Places

Min 6  Max 10

### Target Group

Registered Nurses/Midwives and Medical Staff who administer medication/vaccinations

### Facilitator(s)

Maura McGettrick, Centre of Nursing & Midwifery Education

### Contact Details

Maura McGettrick, Centre of Nursing & Midwifery Education
Tel: 071 9177744 / 086 0298775
E-mail: maura.mcgettrick@hse.ie

### Booking

Central Booking Office (See below)
### Aims & Learning Outcomes

**Cognitive Objectives**
- Describe the steps of CPR.
- Describe the signs and actions to be taken when a victim is unresponsive.
- Describe the links in the survival chain adult and child.
- Check for carotid pulse.

**Psychomotor Objectives**
- Activating emergency response system.
- Giving breaths for adult, child and infant victims.
- Giving compressions for adult, child and infant victims.
- Performing 1 - 2 - rescuer CPR for adult, child and infant victims.
- Using AED for victims ≥ 1 year of age.
- Relieving choking in the responsive and unresponsive victim of any age.

#### 2015 Scientific Guidelines
- General Concepts. CPR for adults. CPR for Children (1 year of age to puberty).

| Date(s)          | 19th September 2016  
|                 | 21st November 2016  
|                 | 9th January 2017    
|                 | 20th March 2017     
|                 | 22nd May 2017       |
| Duration        | 1 Day: 9.30 – 15.30hrs |
| Venue           | Centre of Nursing & Midwifery Education, Sligo/Leitrim |
| No. Places      | Min 6 Max 12 (Trainer Ratio 1:6) Two trainers needed for 12 participants |
| Target Group    | All Nursing Staff and allied Healthcare Professionals |
| Facilitators    | Martina Harkin Kelly  
|                 | Irish Heart Foundation (IHF) and American Heart Association (AHA) Instructors |
| Contact Details | Martina Harkin Kelly, CNME, Tel: 071 9177743  
|                 | E-mail: martinah.kelly@hse.ie |
| Booking         | Central Booking Office (See below) |
### Aims & Learning Outcomes

#### Cognitive Objectives
At the end of the BLS Healthcare Providers Course Students will:
- Describe the steps of CPR.
- Describe the signs and actions to be taken when a victim is unresponsive.
- Describe the links in the survival chain adult and child.

#### Psychomotor Objectives
- Activating emergency response system.
- Giving breaths for adult, child and infant victims.
- Giving compressions for adult, child and infant victims.
- Performing 1 - 2 - rescuer CPR for adult, child and infant victims.
- Using AED for victims ≥ 1 year of age.
- Relieving choking in the responsive and unresponsive victim of any age.

### 2015 Scientific Guidelines

### Date(s)
- 10th October 2016
- 12th December 2016
- 20th February 2017
- 10th April 2017
- 19th June 2017

### Duration
½ Day: 9:30 – 13:30hrs

### Venue
Centre of Nursing & Midwifery Education, Sligo/Leitrim

### No. Places
Min 6  Max 12  (Trainer Ratio 1:6) Two trainers needed for 12 participants

### Target Group
Healthcare Support Staff

### Facilitators
- Martina Harkin Kelly
- Irish Heart Foundation (IHF) and American Heart Association (AHA) Instructors

### Contact Details
Martina Harkin Kelly.  
Tel: 071 9177743  E-mail: martinah.kelly@hse.ie

### Booking
Central Booking Office (See below)

Centre of Nursing & Midwifery Education
Sligo/Leitrim
Cregg, Rosses Point Road, Co. Sligo
F91 XD77
Tel: 071 9177090  Fax: 071 9177746
**Male Catheterisation (Incorporating Changing a Supra Pubic Catheter & Overview of Intermittent Self Catheterisation (ISC))**

| **Aims & Learning Outcomes** |  
|-------------------------------|---|
| **Aim**s & Learning **Outcomes** | This catheterisation study day is designed to increase nurses’ knowledge and skills regarding catheterisation, intermittent self-catheterisation and supra public catheter management. It will also provide nurses with the underpinning knowledge for the appropriate choice, use and management of urinary catheters.  
- Scope of Practice / Legal aspects of catheterisation / Professional accountability  
- Indications and contraindications for catheterisation (male & female)  
- Intermittent self-catheterisation  
- Appropriate catheter selection – size and material  
- Catheter maintenance solutions  
- Use of bladder scanners in acute and community care  
- Complications associated with catheterisation  
- Care of supra pubic catheters  
- Infection control – including Aseptic Non-Touch Technique (ANTT) and catheterisation procedure  
- Practical application of skills on manikins  
- Discussion of relevant policies, procedures and guidelines  
- Completion of pre-course workbook |

| **Date(s)** | 12th October, 27th October, 24th November 2016 |
| **Duration** | One Day 9.30 – 17.00hrs |
| **Venue** | Centre of Nursing & Midwifery Education, Sligo/Leitrim |
| **No. Places** | Min 5 Max 20 |
| **Target Group** | Nursing Staff and Medical Staff at all levels from all disciplines, particularly those working in appropriate areas caring for patients who require re-catheterisation. |
| **Facilitator(s)** | Charlotte Hannon Clinical Facilitator, NPDU, Sligo University Hospital; Maria Lavin, Continence Advisor / CNS Sligo Leitrim and Maura McGettrick, Centre of Nursing & Midwifery Education |
| **Contact Details** | Charlotte Hannon Tel: 071 9174746  
E-mail: charlotte.hannon@hse.ie  
Maura McGettrick, Centre of Nursing & Midwifery Education  
Tel: 071 9177744 / 086 0298775  
E-mail: maura.mcgettrick@hse.ie  
Maria Lavin, CNS Continence Advisor, St John’s Hospital  
Tel: 071 9142606 E-mail: maria.lavin@hse.ie |
| **Booking** | Central Booking Office (See below) |
## Central Venous Access Devices (CVADS)

<table>
<thead>
<tr>
<th>Aims &amp; Learning Outcomes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>To equip Registered Nurses/Midwives and Public Health Nurses with the knowledge and skills required to care and manage an adult with a Central Venous Access Device (CVAD) in the acute and community setting.</strong></td>
</tr>
<tr>
<td>o Critically apply the Scope of Nursing and Midwifery Practice Framework (2015) in the care and management of adults with a CVAD</td>
</tr>
<tr>
<td>o Demonstrate a clear understanding of the nurses professional responsibility and accountability in identifying and managing complications associated with CVADs</td>
</tr>
<tr>
<td>o Identify the risk of infection associated with the care and management of CVADs</td>
</tr>
<tr>
<td>o Discuss and demonstrate the flushing procedures for Port a Cath/Hickman/PICC Catheter</td>
</tr>
<tr>
<td>o Discuss and demonstrate procedure for disconnection and disposal of ambulatory chemotherapy in the community</td>
</tr>
<tr>
<td>o Demonstrate a clear understanding of the prevention and management of cytotoxic drug spillage in the community and hospital setting</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Date(s)</th>
<th>TBC</th>
</tr>
</thead>
<tbody>
<tr>
<td>Duration</td>
<td>TBC (Awaiting policy sign off by PHN Director)</td>
</tr>
<tr>
<td>Venue</td>
<td>Centre of Nursing &amp; Midwifery Education, Sligo/Leitrim</td>
</tr>
<tr>
<td>No. Places</td>
<td>Min 5 Max 20</td>
</tr>
<tr>
<td>Target Group</td>
<td>All healthcare professionals – multidisciplinary and interdisciplinary</td>
</tr>
<tr>
<td>Facilitator(s)</td>
<td>Maura McGettrick, Centre of Nursing &amp; Midwifery Education Jill Cullen, CNM2, Sligo University Hospital (TBC)</td>
</tr>
<tr>
<td>Contact Details</td>
<td>Maura McGettrick, Centre of Nursing &amp; Midwifery Education Tel: 071 9177744 / 086 0298775 E-mail: <a href="mailto:maura.mcgettrick@hse.ie">maura.mcgettrick@hse.ie</a></td>
</tr>
<tr>
<td>Booking</td>
<td>Central Booking Office (See below)</td>
</tr>
</tbody>
</table>
# Diabetes Mellitus Study Day (Community)

<table>
<thead>
<tr>
<th>Aims &amp; Learning Outcomes</th>
</tr>
</thead>
<tbody>
<tr>
<td>An overview of diabetes mellitus</td>
</tr>
<tr>
<td>Blood glucose monitoring and targets</td>
</tr>
<tr>
<td>Diabetes mellitus medications and treatments</td>
</tr>
<tr>
<td>Healthy eating and physical activity</td>
</tr>
<tr>
<td>Hypoglycaemia; causes, recognition and management</td>
</tr>
<tr>
<td>Hyperglycaemia; causes, recognition and management</td>
</tr>
<tr>
<td>Footcare and retinal screening</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Date(s)</th>
<th>February 24th 2017 and October 20th 2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>Duration</td>
<td>9:15 - 16.00hrs</td>
</tr>
<tr>
<td>Venue</td>
<td>Rosses room, CNME, Cregg</td>
</tr>
<tr>
<td>No. Places</td>
<td>30</td>
</tr>
<tr>
<td>Target Group</td>
<td>Nurses working in community care facilities including care of the elderly, mental health services and intellectual disabilities.</td>
</tr>
<tr>
<td>Facilitator(s)</td>
<td>Clinical Nurse Specialist in Diabetes, ANPDiabetes and Senior Dietician</td>
</tr>
<tr>
<td>Contact Details</td>
<td><a href="mailto:noreen.mchale1@hse.ie">noreen.mchale1@hse.ie</a>, <a href="mailto:catriona.coleman@hse.ie">catriona.coleman@hse.ie</a> <a href="mailto:patriciam.murray@hse.ie">patriciam.murray@hse.ie</a></td>
</tr>
<tr>
<td>Gerry Tuohy, Centre of Nursing &amp; Midwifery Education</td>
<td></td>
</tr>
<tr>
<td>Tel: 071 9177740  E-mail: <a href="mailto:gerry.tuohy@hse.ie">gerry.tuohy@hse.ie</a></td>
<td></td>
</tr>
</tbody>
</table>

| Booking | Central Booking Office (See below) |

---

Centre of Nursing & Midwifery Education
Sligo/Leitrim
Cregg, Rosses Point Road, Co. Sligo
F91 XD77
Tel: 071 9177090  Fax: 071 9177746
| Aims & Learning Outcomes | Introduction and overview of diabetes mellitus  
Diabetes mellitus medications and treatments  
Blood glucose monitoring and targets  
Hypoglycaemia; causes, recognition and management  
Hyperglycaemia (Diabetic Ketoacidosis, Hyperosmolar Hyperglycaemic State) causes, recognition and management  
Peri-operative and labour guidelines  
Retinopathy and Renal Screening  
Footcare pathways |
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Date(s)</td>
<td>23rd March 2017, 9th November 2017</td>
</tr>
<tr>
<td>Duration</td>
<td>09:30 – 16:30</td>
</tr>
<tr>
<td>Venue</td>
<td>Rosses Room, CNME, Cregg</td>
</tr>
<tr>
<td>No. Places</td>
<td>30</td>
</tr>
<tr>
<td>Target Group</td>
<td>Nurses working in Sligo University Hospital</td>
</tr>
<tr>
<td>Facilitator(s)</td>
<td>Clinical Nurse Specialists in Diabetes Mellitus, SUH Podiatrist</td>
</tr>
</tbody>
</table>
| Contact Details          | Gerry Tuohy, Centre of Nursing & Midwifery Education  
Tel: 071 9177740  
E-mail: gerry.tuohy@hse.ie |
| Booking                  | Central Booking Office (See below)                                                              |
# Diabetic Foot

## Aims & Learning Outcomes

This module introduces the primary care nurse to the National model of management of the foot in the patient with diabetes, in particular the assessment and management of the low risk and at risk foot.

On completion of this programme participants will be able to:

- Identify the person with diabetes and symptoms of ischemia and neuropathy
- Perform a careful and thorough assessment of the person with diabetes foot
- Categorise and refer the person with diabetes as per foot care model of management
- Appraise the role of all members of the multidisciplinary team in caring for the person with diabetes
- Discuss the principles of treatment for the person with diabetes with a foot ulcer
- Educate the person with diabetes about prevention and early detection of a foot problem

<table>
<thead>
<tr>
<th>Date(s)</th>
<th>TBC</th>
</tr>
</thead>
<tbody>
<tr>
<td>Duration</td>
<td>1 day programme</td>
</tr>
<tr>
<td>Venue</td>
<td>Centre of Nursing &amp; Midwifery Education, Sligo/Leitrim</td>
</tr>
<tr>
<td>No. Places</td>
<td>Min 5 Max 20</td>
</tr>
<tr>
<td>Target Group</td>
<td>All healthcare professionals – multidisciplinary and interdisciplinary</td>
</tr>
<tr>
<td>Facilitator(s)</td>
<td>Gerry Tuohy, Centre of Nursing &amp; Midwifery Education</td>
</tr>
</tbody>
</table>
| Contact Details | Gerry Tuohy, Centre of Nursing & Midwifery Education  
Tel: 071 9177740  
E-mail: gerry.tuohy@hse.ie |
| Booking | Central Booking Office (See below). |

Centre of Nursing & Midwifery Education  
Sligo/Leitrim  
Cregg, Rosses Point, Co. Sligo  
F91 XD77  
Tel: 071 9177090 Fax:071 9177746
## Epilepsy Study Day

<table>
<thead>
<tr>
<th>Aims &amp; Learning Outcomes</th>
<th>Overall Aim</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>This CPD Programme aims to present the theories and principles inherent in epilepsy care and management to Nurses and allied health care support staff caring for individuals with epilepsy.</td>
</tr>
</tbody>
</table>

### Programme objectives

On successful completion of this CPD Programme the participant will be able to:
- Demonstrate an awareness of the Role of the Advanced Nurse Practitioner in Epilepsy
- Demonstrate a relevant knowledge of Epilepsy inclusive of semiology and classifications
- Demonstrate an increased awareness of pharmacological and non-pharmacological treatments of epilepsy and their side effects
- Discuss the principles of disease management in epilepsy inclusive of seizure first aid and management
- Implement the salient concepts including assessment and treatment to rationalise patient management plans
- Debate lifestyle issues for individuals with epilepsy

### Content

- Introduction to brain anatomy; epilepsy as a chronic condition; pathology; physiology; neurochemistry, genetics; aetiology; risk factors; developmental disorders; semiology and classification of seizures; febrile seizures; first aid and management issues; status epilepticus; co-morbidities; pharmacological and non-pharmacological management of epilepsy; management of specific population groups; lifestyle issues; seizure record keeping; the role of the national clinical care programme and the Advanced Nurse Practitioners in Epilepsy.

### Date(s)

| Date(s) | 24th May 2017 |

### Duration

| Duration | 1 day programme - 9:00 – 17:00hrs |

### Venue

| Venue | Centre of Nursing & Midwifery Education, Sligo/Leitrim |

### No. Places

| No. Places | Min 5 Max 20 |

### Target Group

| Target Group | The CPD Programme is aimed at Nurses/Midwives and Allied Healthcare support staff. |

### Facilitators

| Facilitators | Geraldine O’Rourke and Cara Conway |

### Contact Details

| Contact Details | Geraldine O’Rourke, Email: geraldine.orourke3@hse.ie  Tel: 0719174591 Bleep 286 / 086 8327582  Cara Conway, Email: cara.conway@hse.ie  Tel: 0719174591 Bleep 286 |

### Booking

| Booking | Central Booking Office (See below) |
## Fire Training

<table>
<thead>
<tr>
<th><strong>Date(s)</strong></th>
<th>15&lt;sup&gt;th&lt;/sup&gt; September 2016 18&lt;sup&gt;th&lt;/sup&gt; October 2016 18&lt;sup&gt;th&lt;/sup&gt;, 25&lt;sup&gt;th&lt;/sup&gt; November 2016</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Duration</strong></td>
<td>Half day programme - 10:30 – 14:00hrs</td>
</tr>
<tr>
<td><strong>Venue</strong></td>
<td>Centre of Nursing &amp; Midwifery Education, Sligo/Leitrim</td>
</tr>
<tr>
<td><strong>No. Places</strong></td>
<td>Min 5 Max 20</td>
</tr>
<tr>
<td><strong>Target Group</strong></td>
<td>All healthcare professionals – multidisciplinary and interdisciplinary</td>
</tr>
<tr>
<td><strong>Facilitator(s)</strong></td>
<td>Tim O'Sullivan, HSE Cregg Services</td>
</tr>
</tbody>
</table>
| **Contact Details**| Tim O'Sullivan, Cregg House  
Tel: 071 9177229  
Email: tim.osullivan@hse.ie |
| **Booking**       | Tim O'Sullivan  
Tel: 071 9177229  
Email: tim.osullivan@hse.ie |

Centre of Nursing & Midwifery Education  
Cregg, Rosses Point, Co. Sligo  
F91 XD77  
Tel: 071 9177090  Fax: 071 9177746
# Healthcare Support Certificate

## Aims & Learning Outcomes
- To equip Healthcare Assistants with the necessary knowledge and skills to assist nurses in the provision of holistic care to patients/clients/service users.
- Learning outcomes as per module description.
- Care support, care skills, safety and health at work.
- Communications, work experience, social studies, intellectual disability studies, care of older person, activities of living patient care.

## Date(s)
TBC

## Duration
1 day programme

## Venue
Centre of Nursing & Midwifery Education, Sligo/Leitrim

## No. Places
Min 5 Max 20

## Target Group
All healthcare professionals – multidisciplinary and interdisciplinary

## Facilitator(s)
Gerry Tuohy, Centre of Nursing & Midwifery Education

## Contact Details
Gerry Tuohy, Centre of Nursing & Midwifery Education  
Tel: 071 9177740  
E-mail: gerry.tuohy@hse.ie

## Booking
Central Booking Office (See below)
## Aims & Learning Outcomes

- To facilitate course participants to enhance their requisite knowledge skills and competence in recognising, responding to and appropriately manage how they record and interpret ECG rhythm strips utilising evidence based practice. Evaluate responses to nursing interventions and communicate to the multidisciplinary team appropriately.
- To establish and maintain comprehensive nursing records relating to the assessment planning implementation and evaluation of the nursing care of the adult with abnormal ECG rhythms.
- To provide the most recent evidence based practices in caring for patients with Cardiac Failure receiving IV Drug Therapy, Patient Controlled Analgesia, Central Line Management and Intramuscular & Subcutaneous Injections.
- To establish and maintain comprehensive nursing records relating to the assessment planning implementation and evaluation of the nursing care of the adult with abnormal ECG rhythms with Cardiac Failure.

## Date(s)

- 29th September 2016
- 26th October 2016
- 23rd November 2016

## Duration

1 day programme: 9.30 – 17.00hrs

## Venue

Centre of Nursing & Midwifery Education, Sligo/Leitrim

## No. Places

Min 5  
Max 20

## Target Group

All healthcare professionals – multidisciplinary and interdisciplinary

## Facilitator(s)

Maureen Scanlon / Fidelma Hanley

## Contact Details

Maureen Scanlon, Intravenous Training Facilitator, Nurse Practice Development Unit, Ardaghowen, The Mall, Sligo  
Tel: 071 9174547 / 4785  
E-mail: maureen.scanlon@hse.ie  
Fidelma Hanley  
E-mail: fidelma.hanley@hse.ie

## Booking

Maeve Lee  
E-mail: maeve.lee@hse.ie  
Tel: 071 9174785
## Aims & Learning Outcomes

- To introduce the course participants to the theoretical and practical aspects of the nurse’s role as a competent practitioner in the skills of Phlebotomy and/or Cannulation.
- To demonstrate a knowledge of the anatomy of the arm and hands.
- To ensure the registered nurse is aware of the legal and professional responsibility to herself, the patient and his/her employer.
- To ensure recognition of safe practice, infection control and universal precautions.

## Content

- Legal Issues & Scope of practice & Consent
- Anatomy of Arm & Hand
- Palpation Technique
- Needle-stick Injury & Management
- Vein Site & Device Selection
- Infection Control & Handwashing
- Complications & Patient Care Considerations
- Practical Demonstration & Skills Workshop

## Date(s)

<table>
<thead>
<tr>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>12th, 26th Jan; 8th, 16th Feb; 2nd, 16th Mar; 5th, 13th, 20th Apr; 10th, 18th, 23rd May; 7th, 13th, 22nd Jun; 5th, 13th, 20th Jul; 9th, 17th, 24th Aug; 6th, 14th, 21st Sept; 4th, 12th, 19th Oct; 8th, 16th, 23rd Nov; 12th Dec 2017</td>
</tr>
</tbody>
</table>

## Duration

1 day 9.30 – 17.00hrs

## Venue

Centre of Nursing & Midwifery Education, Sligo/Leitrim

## No. Places

Min 6 Max 15

## Target Group

Staff Nurses in Clinical Practice

## Facilitator(s)

Maureen Scanlon

## Contact Details

Maureen Scanlon, Intravenous Training Facilitator, Nurse Practice Development Unit, Ardaghowen, The Mall, Sligo  
Tel: 071 9174547 / 4785  
E-mail: maureen.scanlon@hse.ie

## Booking

Maeve Lee  
E-mail: maeve.lee@hse.ie  
Tel: 071 9174785

---

Centre of Nursing & Midwifery Education  
Sligo/Leitrim  
Cregg, Rosses Point Road, Co. Sligo  
F91 XD77  
Tel: 071 9177090  
Fax: 071 9177746
### IV Medication Management

#### Aims & Learning Outcomes
- To prepare the registered nurse in the practical skills of Intravenous Therapy.
- To provide the most recent evidence based practices in caring for patients IV Drug Therapy, Patient Controlled Analgesia, Central Line Management and Intramuscular & Subcutaneous Injections.
- Demonstrate the ability to calculate drug dosage and rates of administration.
- To understand the principles and practice of haemovigilance.
- To ensure recognition of safe practice, infection control and universal precautions in the practical skill.
- To ensure the registered nurse is aware of the legal and professional responsibility to herself, the patient and his/her employer.

#### Content

#### Date(s)
- 10th January 2017
- 7th February 2017
- 7th March 2017
- 4th April 2017
- 9th May 2017
- 6th June 2017
- 5th September 2017
- 3rd October 2017
- 7th November 2017
- 5th December 2017

#### Duration
1 day: 9.00 – 17.00hrs

#### Venue
Centre of Nursing & Midwifery Education, Sligo/Leitrim.

#### No. Places
Min 6 Max 20

#### Target Group
All Nurses in Clinical Practice

#### Facilitator(s)
Maureen Scanlon

#### Contact Details
Maureen Scanlon, Intravenous Training Facilitator, Nurse Practice Development Unit, Ardaghowen, The Mall, Sligo
Tel: 071 9174547 / 4785 E-mail: maureen.scanlon@hse.ie

#### Booking
Maeve Lee E-mail: maeve.lee@hse.ie Tel: 071 9174785

Centre of Nursing & Midwifery Education
Sligo/Leitrim
Cregg, Rosses Point Road, Co. Sligo
F91 XD77
Tel: 071 9177090 Fax: 071 9177746
# Management of Patient with Leg Ulcer in the Community

## Aims & Learning Outcomes

The aim of the study day is to promote and implement best practice in the management of patients with leg ulcers in the community.

On completion of this programme participants will be able to:
- Describe the aetiology of venous leg ulcers and differential diagnosis in the context of holistic patient and ulcer assessment
- Explain the theory of, and demonstrate skill in, Doppler assessment and ABPI measurement
- Discuss the principles of compression therapy and selection of appropriate compression in the context of individualised patient care and management
- Demonstrate skill in the application of compression systems
- Identify relevant HSE 2009 National best practice and evidence based guidelines for wound management and local policies and guidelines in the management of patients with leg ulcers in the community

## Content

- Professional issues and Scope of practice.
- Prevalence, aetiology and pathway to leg ulceration.
- Patient and ulcer assessment and differential diagnosis - Arterial versus Venous/other.
- Theory of Doppler and understanding the ABPI
- Theory of Compression, Compression modalities (Selection and application, including hosiery).
- Concordance/skin care/patient education/ preventing recurrence, Q.O.L.
- Doppler workshop
- Compression workshop

## Date(s)

1st February 2017 & 8th February 2017

## Duration

1 day - 8.45 – 16.30hrs

Study day is followed by supervised skills practice in leg ulcer clinics

## Venue

Centre of Nursing & Midwifery Education, Sligo/Leitrim

## No. Places

12 minimum and maximum

## Target Group

Community Nursing staff – PHNs C/RGNs

## Facilitator(s)

Mary Burke, RGN, BSc Tissue Viability. MSc Year 1 Nurse Educator, Certified Trainer,

## Contact Details

Moya Comer, Centre of Nursing & Midwifery Education
Tel: 071 9177747
E-mail: moya.comer@hse.ie

## Booking

Central Booking Office (see below)

---

Centre of Nursing & Midwifery Education
Sligo/Leitrim
Cregg, Rosses Point Road, Co. Sligo
F91 XD77
Tel: 071 9177090  Fax 0719177746
## Aims & Learning Outcomes
Develop knowledge and competence to safely use the McKinley T34 syringe driver within scope of practice (NMBI, 2015) and in accordance with new policy

- Background to the procurement of new syringe drivers and rationale for same
- Details of the new policy on use of McKinley T34, both in an in-patient and community setting
- Practical use of the syringe driver, including indications and contraindications, medications, sites, troubleshooting and relevant documentation

<table>
<thead>
<tr>
<th>Date(s)</th>
<th>TBC</th>
</tr>
</thead>
<tbody>
<tr>
<td>Duration</td>
<td>½ Day programme</td>
</tr>
<tr>
<td>Venue</td>
<td>Centre of Nursing &amp; Midwifery Education, Sligo/Leitrim</td>
</tr>
<tr>
<td>No. Places</td>
<td>Min 5 Max 20</td>
</tr>
<tr>
<td>Target Group</td>
<td>All healthcare professionals caring for a person with a Syringe Driver, i.e. Registered Nurses/Midwives, CNS's; Medical Staff</td>
</tr>
<tr>
<td>Facilitator(s)</td>
<td>Maura McGettrick, CNME and Hazel Smullen, CNM3, NW Hospice Other Clinical staff as appropriate</td>
</tr>
<tr>
<td>Contact Details</td>
<td>Maura McGettrick, Centre of Nursing &amp; Midwifery Education Tel: 071 9177744 / 086 0298775 E-mail: <a href="mailto:maura.mcgettrick@hse.ie">maura.mcgettrick@hse.ie</a></td>
</tr>
<tr>
<td>Booking</td>
<td>Central Booking Office (See below)</td>
</tr>
</tbody>
</table>
## Respiratory Study Day

<table>
<thead>
<tr>
<th>Aims &amp; Learning Outcomes</th>
</tr>
</thead>
<tbody>
<tr>
<td>To ensure that nurses/midwives have the necessary knowledge and skills in the fundamentals of respiratory nursing care, in order to practice safely and effectively as part of the multidisciplinary team; when caring for patients with acute and chronic respiratory disease, and their families/significant others.</td>
</tr>
<tr>
<td>- Overview of lung diagnostics</td>
</tr>
<tr>
<td>- Overview of anatomy and physiology – respiratory system</td>
</tr>
<tr>
<td>- Asthma inhaler technique and patient education</td>
</tr>
<tr>
<td>- COPD (Chronic Obstructive Pulmonary Disease) – diagnosis, aetiology, nursing and pharmaceutical management</td>
</tr>
<tr>
<td>- Pulmonary rehabilitation</td>
</tr>
<tr>
<td>- Cystic fibrosis – brief overview of the condition and nursing management</td>
</tr>
<tr>
<td>- Palliative care in respiratory disease</td>
</tr>
<tr>
<td>- Oxygen therapy – indications and nursing management</td>
</tr>
<tr>
<td>- Non Invasive Ventilation – indications, methods and nursing care</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Date(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2nd February 2017</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 day programme 9:30 – 16:15hrs</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Venue</th>
</tr>
</thead>
<tbody>
<tr>
<td>Centre of Nursing &amp; Midwifery Education, Sligo/Leitrim</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>No. Places</th>
</tr>
</thead>
<tbody>
<tr>
<td>Min 5 Max 20</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Target Group</th>
</tr>
</thead>
<tbody>
<tr>
<td>All healthcare professionals – multidisciplinary and interdisciplinary</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Facilitator(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Maura McGettrick, Centre of Nursing &amp; Midwifery Education, Moira Murphy, Respiratory CNS, Sligo University Hospital</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Contact Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Maura McGettrick, Centre of Nursing &amp; Midwifery Education Tel: 071 9177744 / 086 0298775 E-mail: <a href="mailto:maura.mcgettrick@hse.ie">maura.mcgettrick@hse.ie</a></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Booking</th>
</tr>
</thead>
<tbody>
<tr>
<td>Central Booking Office (See below).</td>
</tr>
</tbody>
</table>

Centre of Nursing & Midwifery Education Sligo/Leitrim Cregg, Rosses Point, Co. Sligo F91 XD77 Tel: 071 9177090 Fax: 071 9177746
# Safe Administration of Cytotoxic Agents

<table>
<thead>
<tr>
<th>Aims &amp; Learning Outcomes</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Aims &amp; Learning Outcomes</strong></td>
<td></td>
</tr>
<tr>
<td>To ensure that nurses/midwives have the necessary knowledge and skills in caring for a patient receiving cytotoxic agents. The programme participant is guided to practice safely and effectively as part of the multidisciplinary team; when caring for, and administering cytotoxic agents to patients; in accordance with Sligo Regional Hospital Policy: The Administration of Intravenous Cytotoxic Drugs and all Associated Intravenous Drugs for Oncology/Haematology Regimes 2013.</td>
<td></td>
</tr>
<tr>
<td>• Develop, explore and reflect on nursing practices with regard to the provision of patient care in a Haematology/Oncology context</td>
<td></td>
</tr>
<tr>
<td>• Contribute to developing and maintaining a high standard of Haematology/Oncology nursing care</td>
<td></td>
</tr>
<tr>
<td>• Review of normal anatomy and physiology, including the biology of cancer</td>
<td></td>
</tr>
<tr>
<td>• Recognition of the signs &amp; symptoms associated with administration of cytotoxic agents, and respond / treat appropriately</td>
<td></td>
</tr>
<tr>
<td>• To have an understanding of cytotoxic agents and be aware of the relevant evidence supporting their use</td>
<td></td>
</tr>
<tr>
<td>• To undertake the National Anaphylaxis Education Programme (ONMSD, 2013).</td>
<td></td>
</tr>
<tr>
<td>To be aware of, and practice in accordance with, the Sligo Regional Hospital Policy: The Administration of Intravenous Cytotoxic Drugs and all Associated Intravenous Drugs for Oncology/Haematology Regimes (2013).</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Date(s)</th>
<th>TBC</th>
</tr>
</thead>
<tbody>
<tr>
<td>Duration</td>
<td>2 day programme</td>
</tr>
<tr>
<td>Venue</td>
<td>Centre of Nursing &amp; Midwifery Education, Sligo/Leitrim</td>
</tr>
<tr>
<td>No. Places</td>
<td>Min 5  Max 20</td>
</tr>
<tr>
<td>Target Group</td>
<td>All multidisciplinary healthcare professionals caring for persons receiving or post cytotoxic drug administration.</td>
</tr>
<tr>
<td>Facilitator(s)</td>
<td>Maura McGettrick, CNME and Clinical Staff as appropriate from Sligo University Hospital and North West Hospice</td>
</tr>
</tbody>
</table>
| Contact Details | Maura McGettrick, Centre of Nursing & Midwifery Education  
Tel: 071 9177744 / 086 0298775  
E-mail: maura.mcgettrick@hse.ie |
| Booking | Central Booking Office (See below) |

Centre of Nursing & Midwifery Education  
Sligo/Leitrim  
Cregg, Rosses Point, Co. Sligo  
P91 XD77  
Tel: 071 9177090  Fax: 071 9177746
### Aims & Learning Outcomes

- To develop / enhance skills and confidence in assessment and management of suicide
- To provide a forum for discussion on related practice issues
- To provide a common language around assessment and management of suicide
- To provide networking opportunities with other professionals / agencies

### Content

STORM is divided into modules concentrating on specific elements and skills needed to assess and manage risk of suicide. The four modules are Assessment, Crisis Management, Problem Solving, Crisis Prevention.

- Short lecture on elements and skills to be learned
- Demonstration of skills using vignettes
- Practice of skills in role-rehearsal with self-reflection and structured feedback
- Practice of skills using “Gold Standard”-filmed role-rehearsal, self-reflection and structured feedback

Adaptation and translation of skills into own practice through discussion

### Date(s)

<table>
<thead>
<tr>
<th>Date</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>20th, 21st, 22nd Feb 2017</td>
<td>2nd &amp; 3rd Nov 2017</td>
</tr>
<tr>
<td>6th, 7th, 8th Mar 2017</td>
<td>6th, 7th &amp; 8th Dec 2017</td>
</tr>
<tr>
<td>7th, 8th Sept 2017</td>
<td></td>
</tr>
</tbody>
</table>

### Duration

- 2 days
- 9.30 – 17.30hrs

### Venue

Centre of Nursing & Midwifery Education, Sligo/Leitrim

### No. Places

12

### Target Group

All Mental Health Professionals

### Facilitator(s)

Dr. David Gunne, Carmel Loughlin, Sean O’Connor, Kieran O’Kelly

### Contact Details

Carmel Loughlin
Tel: 071 9142111 ext: 1310
E-mail: carmel.loughlin@hse.ie

### Booking

Denis O’Brien Tel: 087 6996261 or E-mail denis.obrien@hse.ie

---

Centre of Nursing & Midwifery Education
Sligo/Leitrim
Cregg, Rosses Point Road, Co. Sligo
F91 XD77
Tel: 071 9177090 Fax: 071 9177746
## X-Ray Prescribing Update

<table>
<thead>
<tr>
<th>Aims &amp; Learning Outcomes</th>
</tr>
</thead>
<tbody>
<tr>
<td>The purpose of this post-registration competence education programme is to ensure that upon completion the nurse is equipped with the knowledge, skill and competence to prescribe ionising ration (X-Ray) safely and appropriately within his/her scope of practise.</td>
</tr>
<tr>
<td>- Demonstrate a systematic understanding of the regulatory framework associated with authority to prescribe ionising radiation (X-Ray), including the legislation and professional guidelines, supporting safe practice.</td>
</tr>
<tr>
<td>- Critically utilise evidence based knowledge and the skill of patient/client care in prescribing ionising radiation (X-Ray).</td>
</tr>
<tr>
<td>- Apply clinical decision making skills in relation to prescribing ionising radiation (X-Ray) within her/his scope of patients.</td>
</tr>
<tr>
<td>- Demonstrate an understanding of radiological sciences in relation to ionising radiation (X-Ray) and its implication on patient/client safety.</td>
</tr>
<tr>
<td>- Demonstrate effective communication skills and knowledge of the role of the multi-disciplinary team management involved in safe and appropriate use of ionising radiation (X-Ray), (An Bord Altranais 2008:10)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Date(s)</th>
<th>TBC</th>
</tr>
</thead>
<tbody>
<tr>
<td>Duration</td>
<td>½ day programme 9.00 – 13.00hrs</td>
</tr>
<tr>
<td>Venue</td>
<td>Centre of Nursing &amp; Midwifery Education, Sligo/Leitrim</td>
</tr>
<tr>
<td>No. Places</td>
<td>Min 5 Max 20</td>
</tr>
<tr>
<td>Target Group</td>
<td>All healthcare professionals – multidisciplinary and interdisciplinary</td>
</tr>
<tr>
<td>Facilitator(s)</td>
<td>Gerry Tuohy, Centre of Nursing &amp; Midwifery Education</td>
</tr>
</tbody>
</table>
| Contact Details | Gerry Tuohy, Centre of Nursing & Midwifery Education  
Tel: 071 9177740  
E-mail: gerry.tuohy@hse.ie |
| Booking | Central Booking Office (See below). |

Centre of Nursing & Midwifery Education  
Sligo/Leitrim  
Cregg, Rosses Point, Co. Sligo  
F91 XD77  
Tel: 071 9177090  Fax:071 917774
Theme 3: Leadership and Innovation

CPD Programmes for this theme are being developed and when approved will be presented to Board of Management and subsequently disseminated to the respective services.
# Palliative Care Needs Assessment

<table>
<thead>
<tr>
<th>Aims &amp; Learning Outcomes</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Aims &amp; Learning Outcomes</strong></td>
<td>To provide guidance to health and social care professionals in assessing the current and future palliative care needs of patients with life-limiting conditions and in deciding when it is appropriate to refer to a specialist palliative care service.</td>
</tr>
<tr>
<td><strong>Content</strong></td>
<td></td>
</tr>
<tr>
<td>• Based on <em>National Clinical Programme for Palliative Care</em></td>
<td></td>
</tr>
<tr>
<td>• Includes Palliative Care Hub online programme (AIHPC)</td>
<td></td>
</tr>
<tr>
<td>• Introduction to the key concepts, philosophy and principles of Palliative Care</td>
<td></td>
</tr>
<tr>
<td>• Levels of Palliative care (PC)</td>
<td></td>
</tr>
<tr>
<td>• Settings for PC</td>
<td></td>
</tr>
<tr>
<td>• Palliative care needs assessment based on the 4 Domains</td>
<td></td>
</tr>
<tr>
<td>• Emancipatory practice development methodologies</td>
<td></td>
</tr>
<tr>
<td>• Workplace culture</td>
<td></td>
</tr>
<tr>
<td>• Fundamental principles of person-centred care</td>
<td></td>
</tr>
<tr>
<td>• Facilitation</td>
<td></td>
</tr>
<tr>
<td>• Open and sensitive communication, breaking bad news</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Date(s)</th>
<th></th>
</tr>
</thead>
</table>
| **Date(s)** | 2\textsuperscript{nd} & 13\textsuperscript{th} December 2016  
9\textsuperscript{th} & 23\textsuperscript{rd} February 2017  
8\textsuperscript{th} & 23\textsuperscript{rd} March 2017  
1\textsuperscript{st} & 15\textsuperscript{th} June 2017 |
| **Duration** | 2 day programme - 9.30 – 16.30hrs |
| **Venue** | Centre of Nursing & Midwifery Education, Sligo/Leitrim |
| **No. Places** | Min 8  Max 20 |
| **Target Group** | All multidisciplinary staff |
| **Facilitator(s)** | Maura McGettrick, Centre of Nursing & Midwifery Education, Hazel Smullen, CNM3, North West Hospice |
| **Contact Details** | Maura McGettrick, Centre of Nursing & Midwifery Education  
Tel: 071 9177744 / 086 0298775  
E-mail: maura.mcgettrick@hse.ie |
| **Booking** | Central Booking Office (See below) |

Centre of Nursing & Midwifery Education  
Sligo/Leitrim  
Cregg, Rosses Point, Co. Sligo  
F91 XD77  
Tel: 071 9177090  Fax: 071 9177746
# Preceptorship

## Aims & Learning Outcomes

The overall aim of this course is to inform qualified staff in relation to the current four-year degree programme.

The course will enable qualified staff to:
- Describe the whole concept of Preceptorship.
- Explain the meaning of supernumerary status.
- Demonstrate the ability to analyse and synthesise aspects of nursing theory and practice.
- Develop an awareness of the in-depth knowledge which is imparted to students undertaking the four year degree programme.
- Demonstrate self-reflective skills in developing their own practice.
- Create a competency based assessment document.
- Give examples of the types of questions used in trying to elicit information from student nurses.
- Devise a ward profile and learning opportunities for student nurses.

## Content

- Overview of the degree curriculum.
- Exploring the concept of Preceptorship.
- Reflection
- Feedback to students
- Supporting the failing student, learning support action plan
- Competency, assessment documentation
- Consolidation

## Date(s)

<table>
<thead>
<tr>
<th>Date</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>20th September 2016</td>
<td>(First Time)</td>
</tr>
<tr>
<td>15th November 2016</td>
<td>(Update)</td>
</tr>
<tr>
<td>17th January 2017</td>
<td>(First Time)</td>
</tr>
<tr>
<td>21st March 2017</td>
<td>(Update)</td>
</tr>
<tr>
<td>16th May 2017</td>
<td>(First Time)</td>
</tr>
<tr>
<td>13th June 2017</td>
<td>(Update) Sligo University Hospital</td>
</tr>
</tbody>
</table>

## Duration

½ day 9.00 – 13.00hrs

## Venue

Centre of Nursing & Midwifery Education, Sligo/Leitrim

## No. Places

Min 5 Max 25

## Target Group

All Registered Nurses and Midwives

## Facilitator(s)

Gerry Tuohy, Centre of Nursing & Midwifery Education

## Contact details

Gerry Tuohy, Centre of Nursing & Midwifery Education  
Tel: 071 9177740  E-mail: gerry.tuohy@hse.ie

## Booking

Central Booking Office (See below)
Theme 5: Research

CPD Programmes for this theme are being developed and when approved will be presented to Board of Management and subsequently disseminated to the respective services.
# Theme 6: Continuing Professional Development

## Care and Management of a Patient with a Gastrostomy Tube

<table>
<thead>
<tr>
<th>Aims &amp; Learning Outcomes</th>
<th>Content / Topics covered:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Why Enteral Nutrition?</td>
</tr>
<tr>
<td></td>
<td>Types of Enteral Nutrition</td>
</tr>
<tr>
<td></td>
<td>Types of Gastrostomy Tubes</td>
</tr>
<tr>
<td></td>
<td>PEG Tube Care and Management – Preventing Risks associated with Enteral Nutrition</td>
</tr>
<tr>
<td></td>
<td>Placing Gastrostomy Tube Endoscopically</td>
</tr>
<tr>
<td></td>
<td>Replacing a Balloon Gastrostomy Tube</td>
</tr>
<tr>
<td></td>
<td>Potential complications</td>
</tr>
<tr>
<td></td>
<td>Drug Administration via a Gastrostomy Tube</td>
</tr>
<tr>
<td></td>
<td>Local Guidelines/Manufacturers Guidelines</td>
</tr>
<tr>
<td></td>
<td>Do’s and Don’ts</td>
</tr>
<tr>
<td></td>
<td>What you ‘Need to Know’</td>
</tr>
</tbody>
</table>

| Date(s)                  | 10th May 2017
<table>
<thead>
<tr>
<th></th>
<th>6th September 2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>Duration</td>
<td>½ Day: 9:30 – 13:00hrs</td>
</tr>
<tr>
<td>Venue</td>
<td>Centre of Nursing &amp; Midwifery Education</td>
</tr>
<tr>
<td>No. Places</td>
<td>Min 5 Max 30</td>
</tr>
<tr>
<td>Target Group</td>
<td>Registered Nurses/Midwives caring for a person with gastrostomy tube</td>
</tr>
</tbody>
</table>
| Facilitator(s)           | Caroline Conmy CNS Gastroenterology, Sligo University Hospital
|                          | Maura McGettrick, Centre of Nursing & Midwifery Education |
| Contact Details          | Maura McGettrick, Centre of Nursing & Midwifery Education
|                          | Tel: 071 9177744 / 086 0298775
|                          | E-mail: maura.mcgettrick@hse.ie |
|                          | Caroline Conmy Tel: 071 9171111 Ext 2545
|                          | E-mail: caroline.conmy@hse.ie |
| Booking                  | Central Booking Office (See below) |

Contact Details

Centre of Nursing & Midwifery Education
Sligo/Leitrim
Cregg, Rosses Point Road, Co. Sligo
F91 XD77
Tel: 071 9177090 Fax: 071 9177746
## Cystic Fibrosis Study Day

<table>
<thead>
<tr>
<th>Aims &amp; Learning Outcomes</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Understand the principles of holistic Cystic Fibrosis management by the MD team</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>● Overview the transregulator protein channel (teaching DVD) in the Cystic Fibrosis (CF) disease process; and the history of the condition</td>
<td></td>
</tr>
<tr>
<td>● Understand the principles of holistic Cystic Fibrosis management by the MD team</td>
<td></td>
</tr>
<tr>
<td>● Assist and advise patients/clients with Cystic Fibrosis and their families/carers</td>
<td></td>
</tr>
<tr>
<td>● Be aware of current and new up-to-date Cystic Fibrosis treatments, including their appropriate use, side effects, exclusions and relevant patient/carer education</td>
<td></td>
</tr>
<tr>
<td>● Develop an insight into the process of organ transplant in relation to Cystic Fibrosis</td>
<td></td>
</tr>
<tr>
<td>● Overview Non-invasive Ventilation (NIV) techniques and uses, including nursing/medical and MDT management of the patient and their family/carer</td>
<td></td>
</tr>
<tr>
<td>● Review dietary needs of CF patients</td>
<td></td>
</tr>
<tr>
<td>● Ensure awareness of current and new physiotherapy techniques in CF care and management</td>
<td></td>
</tr>
<tr>
<td>● Promote psychological care of the patient and their family/carer in the holistic management of CF</td>
<td></td>
</tr>
<tr>
<td>● Participate and contribute to patient discussion to ensure a deeper understanding of CF from the patient/family/carer perspective</td>
<td></td>
</tr>
<tr>
<td>● Practice within their Scope of Practice (NMBI, 2015), and adhere to local policies, procedures and guidelines</td>
<td></td>
</tr>
<tr>
<td>● Reflect upon evidence based practice in relation to:</td>
<td></td>
</tr>
<tr>
<td>● Disease process, Investigations, Diagnosis, Treatments (Pharmaceutical, Dietary, Physiotherapy), Patient and family/carer involvement and appropriate education, On-going management and follow-up</td>
<td></td>
</tr>
</tbody>
</table>

### Date(s)
TBC May/June 2017

### Duration
1 Day - 9.30 – 16.30 hrs

### Venue
CNME

### No. Places
Min 5 Max 25

### Target Group
Registered Nurses/ Midwives and Multidisciplinary Professionals caring for adults and children with Cystic Fibrosis

### Facilitators
Maura McGettrick, Centre of Nursing & Midwifery Education / Annette Bruce

### Contact Details
Maura McGettrick, Centre of Nursing & Midwifery Education
Tel: 071 9177744 / 086 0298775
E-mail: maura.mcgettrick@hse.ie
Annette Bruce E-mail: annette.bruce@hse.ie

### Booking
Central Booking Office (See below).
# Aims & Learning Outcomes

**To provide Registered Nurses/Midwives with the theoretical and clinical skills on the management and care of a person with Neurogenic Bowel Dysfunction (NBD)**

- To optimise comfort, safety, privacy and dignity of patients with NBD
- To avoid unnecessary complications
- To develop and deliver an individualised bowel management programme
- To evaluate the outcomes of bowel management using appropriate assessment tools

To provide a toolkit of knowledge and skills for individual patients (National Rehabilitation Hospital, NRH)

## Date(s)

TBC

## Duration

1 Day

## Venue

Centre of Nursing & Midwifery Education

## No. Places

Min 5 Max 12

## Target Group

Registered Nurses / Midwives caring for patients with Neurogenic Bowel Dysfunction

## Facilitators

- Maura McGettrick, Centre of Nursing & Midwifery Education
- Maria Lavin CNS Continence Advisor
- Charlotte Hannon, Clinical Facilitator, NPDU, Sligo University Hospital

## Contact Details (Co-Ordinator)

Maura McGettrick, Centre of Nursing & Midwifery Education
Tel: 071 9177744 / 086 0298775  
E-mail: maura.mcgettrick@hse.ie

Maria Lavin, CNS Continence Advisor, St John’s Hospital
Tel: 071 9142606 E-mail: maria.lavin@hse.ie

Charlotte Hannon Tel: 071 9174746  
E-mail: charlotte.hannon@hse.ie

## Booking

CentralBooking Office (See below)
| **Aims & Learning Outcomes** | **Aims & Learning Outcomes:**  
To raise awareness of the needs of the person with dementia in the acute hospital setting  
**Content:**  
- Overview of dementia and delirium  
- Capacity  
- Impact of environment  
- Communication  
- Other issues – nutrition, pain, maximising ability  
- DVD clips with opportunity for discussion, following the patient’s journey  
- Part of the National Dementia Education Programme  
Person centred care approach |
| **Date(s)** | 12th Jan, 15th Feb, 9th Mar, 11th Apr, 25th May, 14th Jun, 12th Sep, 18th Oct, 16th Nov, 12th Dec 2017 |
| **Duration** | ½ Day - 9.00 – 13.30hrs |
| **Venue** | CNME |
| **No. Places** | Min 5 Max 25 |
| **Target Group** | All Multidisciplinary Staff from the Acute Service; also applicable to diversity of settings but primarily targeting Sligo University Hospital |
| **Facilitators** | Maura McGettrick, Centre of Nursing & Midwifery Education  
Eileen Carolan & Geraldine Ballantine NPDU |
| **Contact Details** | Maura McGettrick, Centre of Nursing & Midwifery Education  
Tel: 071 9177744 / 086 0298775  
E-mail: maura.mcgettrick@hse.ie  
Eileen Carolan E-mail: eileen.carolan@hse.ie  
Geraldine Ballantine: E-mail: geraldine.ballantine@hse.ie |
| **Booking** | Central Booking Office (See Below) |
### Final Journeys

<table>
<thead>
<tr>
<th>Aims &amp; Learning Outcomes</th>
<th>To raise awareness, and enhance communication in end of life care</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>• Developing Awareness in End of Life (EOL) Care – Culture and context of death and dying in Ireland, care after death</td>
</tr>
<tr>
<td></td>
<td>• Developing communication awareness regarding EOL care, including body language, dealing with difficult questions, delivering bad news</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Date(s)</th>
<th>14th September 2016</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>28th November 2016</td>
</tr>
<tr>
<td></td>
<td>11th January 2017</td>
</tr>
<tr>
<td></td>
<td>21st March 2017</td>
</tr>
<tr>
<td></td>
<td>16th May 2017</td>
</tr>
</tbody>
</table>

| Duration                  | 1 Day - 9.30 – 16.30hrs |

| Venue                     | Centre of Nursing & Midwifery Education |

| No. Places                | Min 5  | Max 25 |

| Target Group              | All Multidisciplinary Staff |

| Facilitators              | Maura McGettrick, Centre of Nursing & Midwifery Education |

| Contact Details           | Maura McGettrick, Centre of Nursing & Midwifery Education |
|                          | Tel: 071 9177744 / 086 0298775 |
|                          | E-mail: maura.mcgettrick@hse.ie |

| Booking                  | Central Booking Office (See Below) |

---

Centre of Nursing & Midwifery Education
Sligo/Leitrim
Cregg, Rosses Point Road, Co. Sligo
F91 XD77
Tel: 071 9177090 Fax: 071 9177746
## Presentation Skills

### Aims & Learning Outcomes

**Aim & Learning Outcomes**
To design, deliver and evaluate effective presentations

**Content:**
- Designing, delivering and evaluating presentations
- Principles of effective presentation skills
- Appropriate use of media and methods
- Overcoming fears associated with presenting/facilitating
- Importance of adequate preparation and research
- Monitoring the impact in practice

### Date(s)

- 23rd September 2016
- 24th January 2017
- 19th April 2017

### Duration

| 2.5 Hours | 10.00 – 12.30hrs |

### Venue

Centre of Nursing & Midwifery Education, Sligo/Leitrim

### No. Places

| Min 5 | Max 15 |

### Target Group

All healthcare staff – multidisciplinary and interdisciplinary

### Facilitator(s)

Maura McGettrick, Centre of Nursing & Midwifery Education
Tel: 071 9177744 / 086 0298775
E-mail: maura.mcgettrick@hse.ie

### Contact Details

Centre of Nursing & Midwifery Education, Sligo/Leitrim

### Booking

Central Booking Office (See below)
# What Matters to Me

## Aims & Learning Outcomes

**Aim:** Improve end-of-life care in community hospitals and nursing homes by enhancing communication skills so that staff at all levels are better able to engage in discussions with residents, throughout their time in the hospital/care home about what is really important to them.

What matters to me has been designed to be participative and interactive in order to promote reflective learning.

**Learning Outcomes:**
- This workshop gives people an opportunity to improve their communication skills, confidence and competence when dealing with residents of long-stay settings at end of life.
- This workshop focuses on culture and practice and invites participants to reflect on what factors influence end-of-life care for older people.
- It encourages participants to really see the older person and to think about how and when is the best way to communicate about end-of-life wishes.

## Date(s)

- November 9th, 2016
- December 5th, 2016
- January 23rd, 2017
- March 23rd, 2017

## Duration

1 Day                  9.00 - 16.00hrs

## Venue

Centre of Nursing & Midwifery Education, Sligo/Leitrim.

## No. Places

Min 5      Max 16

## Target Group

All healthcare professionals – multidisciplinary and interdisciplinary.

## Facilitator(s)

Jacinta Kelly  
Tel: 087 7509588  
Email: jinciekelly@gmail.com

## Contact Details

Maura Mc Gettrick, CNME, Tel: 071 9177749  
E-mail: maura.mcgettrick@hse.ie

## Booking

Central Booking Office (See below)

---

Centre of Nursing & Midwifery Education  
Sligo/Leitrim  
Cregg, Rosses Point Road, Co. Sligo  
F91 XD77  
Tel: 071 9177090  
Fax: 071 9177746
Appendices
# Booking Form

Completed booking form must be received by the CNME before a place can be reserved on any course

<table>
<thead>
<tr>
<th>Name of CPD Programme:</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Date of CPD Programme:</td>
<td></td>
</tr>
<tr>
<td>First Name: (Please Print)</td>
<td></td>
</tr>
<tr>
<td>Surname: (Please Print)</td>
<td></td>
</tr>
<tr>
<td>Personnel No.:</td>
<td></td>
</tr>
<tr>
<td>NMBI PIN.:</td>
<td>Expiry Date</td>
</tr>
<tr>
<td>Job Title:</td>
<td></td>
</tr>
<tr>
<td>Department/Unit:</td>
<td></td>
</tr>
<tr>
<td>Contact No.:</td>
<td>Extension:</td>
</tr>
<tr>
<td>Mobile No:</td>
<td>(Discretionary, for contact in the event of any last minute changes)</td>
</tr>
<tr>
<td>E-mail Address:</td>
<td></td>
</tr>
<tr>
<td>Line Managers Signature:</td>
<td></td>
</tr>
</tbody>
</table>

Completed forms to be returned to Central Booking Office by posting to the above address or Faxing to 071 9177746.

*Please complete a separate booking form for each participant*
Appendix II

Centre of Nursing & Midwifery Education, Sligo/Leitrim
Programme Evaluation

1. Did the programme content support your learning in the workplace? Yes  No  
[ ]  [ ]
If No, why not ________________________________

2. Which aspects of the classroom-based activity did you find:

Most helpful ________________________________

______________________________

Least helpful ________________________________

______________________________

3. Could the structure (timetable, content, organisation) of the programme/learning experience be improved:

If Yes, please make some suggestions: ________________________________

______________________________

______________________________

4. Any other comments on the programme/learning experience?

______________________________

______________________________

______________________________
Dear Director of Nursing/Midwifery/ Head of Service

Please complete the following questionnaire to enable us to plan a Schedule of Education and Training Events reflective of your identified service need and national priorities.

Please state:

Your name: ____________________________________________________

Area of work __________________________________________________

Contact details ________________________________________________

A. Continuing Professional Development (CPD)

Can you identify and list.

1) Mandatory training priorities for your service:

_________________________________________________________________
_________________________________________________________________
_________________________________________________________________

2) CPD Programmes in support of service development and reflective of Service Plan:

_________________________________________________________________
_________________________________________________________________
_________________________________________________________________
B) Post Graduate Education needs i.e. Post Graduate Diplomas, Clinical Masters in Nursing Midwifery

Please identify and list:

1) Post Graduate Diplomas for your service area linked to service development service plan.

______________________________________________________________

______________________________________________________________

______________________________________________________________

2) Clinical Masters Programme linked to your service plan.

______________________________________________________________

______________________________________________________________

______________________________________________________________

C. Support Staff Education and Training (i.e. Healthcare Assistants)

1) Please indicate how many Healthcare Assistants from your service will be available to attend QQI Health Service Skills Award

______________________________________________________________

______________________________________________________________

______________________________________________________________

Please return completed questionnaires to Central Booking Office, CNME, S/L

Thank you in advance for your continued support.

Dr Mary Hodson, Director
# Staff Contact Details

<table>
<thead>
<tr>
<th>Name</th>
<th>Telephone Number</th>
<th>E-mail</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dr Mary Hodson</td>
<td>071 9177748</td>
<td><a href="mailto:mary.hodson@hse.ie">mary.hodson@hse.ie</a></td>
</tr>
<tr>
<td>Martina Harkin-Kelly</td>
<td>071 9177743</td>
<td><a href="mailto:martinah.kelly@hse.ie">martinah.kelly@hse.ie</a></td>
</tr>
<tr>
<td>Dr Moya Comer</td>
<td>071 9177747</td>
<td><a href="mailto:moya.comer@hse.ie">moya.comer@hse.ie</a></td>
</tr>
<tr>
<td>Maura McGettrick</td>
<td>071 9177744</td>
<td><a href="mailto:maura.mcgettrick@hse.ie">maura.mcgettrick@hse.ie</a></td>
</tr>
<tr>
<td>Gerry Tuohy</td>
<td>071 9177740</td>
<td><a href="mailto:gerry.tuohy@hse.ie">gerry.tuohy@hse.ie</a></td>
</tr>
<tr>
<td>Maureen Scanlon</td>
<td>071 9177742</td>
<td><a href="mailto:maureen.scanlon@hse.ie">maureen.scanlon@hse.ie</a></td>
</tr>
<tr>
<td>Maura Hanly</td>
<td>071 9177090</td>
<td><a href="mailto:maura.hanly@hse.ie">maura.hanly@hse.ie</a></td>
</tr>
<tr>
<td>Cliodhna Tuohy</td>
<td>071 9177090</td>
<td><a href="mailto:cliodhna.tuohy1@hse.ie">cliodhna.tuohy1@hse.ie</a></td>
</tr>
<tr>
<td>Fax Number</td>
<td>071 9177746</td>
<td></td>
</tr>
</tbody>
</table>
Appendix V
CNME S/L Governance Structure

HSE Clinical Strategy and Programmes Division

Office of the Nursing & Midwifery Service Director (ONMSD)

Nursing & Midwifery Planning and Development Unit (NMPDU)

Centre of Nursing & Midwifery Education Sligo/Leitrim (CNME S/L) Board of Management

Director of CNME S/L

CNME S/L Staff
Nurse/Midwifery Educators
Specialist Co-ordinators
Administration Staff

Sessional Input
Clinical Nurse/Midwifery Specialists
Advanced Nurse & Midwifery
Practice Development Co-ordinators
Practitioners & Midwifery
Allied Health Professional
Clinical Nurse Managers

Role Summary
- Provide education and training programmes of professional development across all divisions of nursing & Midwifery, Soalta Hospital Group & CHO Area 1
- Identify, in partnership with Directors of Nursing/Midwifery Planning and Development Unit, the education, training and development of all nurses within the centre's remit.
- Provide a comprehensive training and development programme in accordance with annually agreed objectives.
- Promote evidence-based practice and research utilisation reflective of service needs.

Support Structures
Administration / Clerical
Library – Research and Education Foundation, Sligo University Hospital
Library – HSE Cregg Services, Sligo.
Many of the courses/programmes on offer in the Centre of Nursing & Midwifery Education, Sligo/Leitrim are proposed at level 5 – 8 of the National Framework of Qualifications. Therefore, under the European Transfer System (ECTS) participants attending and completing the courses/programmes may receive the recognised/proposed credit level.