

An Oifig Náisiúnta don Chuimsiú Sóisialta Rannóg Cúram Príomhúil Feidhmeannacht na Seirbhíse Sláinte Lána an Mhuilinn Baile Phámar Baile Átha Cliath 20

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National Social Inclusion Office Primary Care Division Health Service Executive Mill Lane Palmerstown Dublin 20

26<sup>th</sup> July, 2016

Deputy Jack Chambers Dáil Eireann Kildare Street Dublin 2

## PQ 19074/16

\* To ask the Minister for Health the number of cases of substance abuse treated in the past ten years per county, in tabular form; the number of these which received methadone treatment; and if he will make a statement on the matter.

Dear Deputy Chambers,

The Health Service Executive has been requested to reply directly to your above Parliamentary Question which you submitted to the Minister for Health for response. I have examined the matter and the following outlines the position:

The best source of complete and accurate information for the numbers in methadone substitution is from the Central Treatment List (CTL). Table 1 identifies the total number of patients in treatment as of the end of December of the particular year.

Table 2 outlines the number of cases treated for problem alcohol and other drug use in the past 10 years (2005 and 2014) as per the National Drug Treatment Reporting System (NDTRS). Data for 2015 will be available in September. Note that the CTL and the NDTRS **cannot be directly compared.** This is because the CTL includes all those in methadone treatment, both new and in continuous treatment, while the NDTRS includes only those reported as entering treatment in that particular year. See attached Appendix on the NDTRS.

**Table 1**Number of patients in treatment as of the end of December of the particular year by County.

|        | 2005                            | 2006 | 2007 | 2008 | 2009 | 2010 | 2011 | 2012 | 2013 | 2014 | 2015 |  |
|--------|---------------------------------|------|------|------|------|------|------|------|------|------|------|--|
|        | Total Patients at End of Period |      |      |      |      |      |      |      |      |      |      |  |
| Carlow | 21                              | 27   | 31   | 38   | 34   | 37   | 40   | 48   | 56   | 62   | 68   |  |
| Cavan  | <10                             | 10   | 27   | 34   | 37   | 50   | 50   | 56   | 58   | 63   | 75   |  |
| Clare  | 10                              | 9    | 9    | 14   | 15   | 20   | 19   | 23   | 23   | 23   | 24   |  |

| Cork      | 16   | 22   | 65   | 93   | 163  | 188  | 207  | 230  | 268  | 304  | 350  |
|-----------|------|------|------|------|------|------|------|------|------|------|------|
| Donegal   | <10  | 0    | <10  | <10  | <10  | <10  | <10  | <10  | <10  | <10  | <10  |
| Dublin    | 6626 | 6864 | 7075 | 7138 | 7288 | 7351 | 7207 | 7181 | 7168 | 7139 | 7081 |
| Galway    | 24   | 31   | 52   | 72   | 71   | 74   | 79   | 89   | 104  | 99   | 119  |
| Kerry     | <10  | <10  | <10  | <10  | <10  | 15   | 38   | 49   | 50   | 57   | 68   |
| Kildare   | 59   | 66   | 86   | 80   | 79   | 81   | 97   | 103  | 118  | 133  | 135  |
| Kilkenny  | 0    | 0    | 0    | <10  | 12   | 15   | 34   | 48   | 49   | 52   | 57   |
| Laois     | 39   | 45   | 58   | 61   | 67   | 65   | 75   | 92   | 108  | 149  | 110  |
| Leitrim   | <10  | <10  | <10  | <10  | <10  | <10  | <10  | <10  | <10  | <10  | <10  |
| Limerick  | 89   | 100  | 142  | 141  | 138  | 169  | 178  | 197  | 195  | 217  | 276  |
| Longford  | 0    | 0    | 0    | 0    | <10  | <10  | <10  | 16   | 17   | 20   | 17   |
| Louth     | 41   | 75   | 86   | 83   | 85   | 79   | 74   | 77   | 63   | 78   | 103  |
| Мауо      | <10  | <10  | <10  | <10  | <10  | 11   | <10  | <10  | <10  | <10  | <10  |
| Meath     | 48   | 46   | 38   | 46   | 53   | 50   | 53   | 55   | 98   | 92   | 97   |
| Monaghan  | 0    | 0    | 0    | 0    | 0    | 0    | 0    | 0    | 0    | 0    | 0    |
| Offaly    | 0    | 0    | <10  | <10  | <10  | <10  | 15   | 26   | 27   | 45   | 42   |
| Roscommon | <10  | <10  | <10  | <10  | <10  | <10  | <10  | <10  | <10  | <10  | <10  |
| Sligo     | <10  | <10  | <10  | <10  | <10  | <10  | <10  | <10  | <10  | <10  | <10  |
| Tipperary | <10  | <10  | 12   | 14   | 14   | 10   | <10  | <10  | 36   | 85   | 94   |
| Waterford | 15   | 20   | 21   | 22   | 22   | 24   | 36   | 74   | 109  | 113  | 142  |
| Westmeath | 44   | 67   | 87   | 88   | 112  | 118  | 147  | 172  | 92   | 195  | 201  |
| Wexford   | <10  | 11   | 14   | 14   | 19   | 20   | 28   | 38   | 48   | 64   | 82   |
| Wicklow   | 204  | 229  | 265  | 284  | 305  | 326  | 312  | 309  | 309  | 320  | 326  |

**Table 2**Number of cases treated for problem alcohol and other drug use, 2005 to 2014 (NDTRS)

|                 | 2005  | 2006  | 2007  | 2008  | 2009  | 2010  | 2011  | 2012  | 2013  | 2014  |
|-----------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Alcohol         | 5526  | 5876  | 7312  | 7940  | 7816  | 7866  | 8604  | 8336  | 7549  | 7541  |
| Other drugs     | 5176  | 5475  | 5977  | 6576  | 6668  | 7876  | 7600  | 7363  | 8259  | 9046  |
| Total Alcohol   |       |       |       |       |       |       |       |       |       |       |
| and other drugs | 10702 | 11351 | 13289 | 14516 | 14484 | 15742 | 16204 | 15699 | 15808 | 16587 |

I trust this further information is of assistance to you but should you have any further queries please contact me.

Yours sincerely,

Joseph Doyle

National Planning Specialist

## **Appendix**

## **Background to the National Drug Treatment Reporting System (NDTRS)**

Treatment for problem alcohol and drug use in Ireland is provided by statutory and nonstatutory services, including residential centres, community-based addiction services, general practices and prison services.

For the purpose of the NDTRS, treatment is broadly defined as 'any activity which aims to ameliorate the psychological, medical or social state of individuals who seek help for their substance misuse problems'. Clients who attend needle-exchange services are not included in this reporting system. From 2004 onwards, clients who report alcohol as their main problem drug have been recorded by the system. These data have been presented in an earlier paper in the HRB Trends Series (Fanagan *et al.* 2008). Drug treatment options include one or more of the following: medication (detoxification, methadone reduction, substitution programmes and psychiatric treatment), brief intervention, counselling, group therapy, family therapy, psychotherapy, complementary therapy, and/or life-skills training.

Compliance with the NDTRS requires that one form be completed for each new client coming for first treatment and for each previously treated client returning to treatment for problem drug use. Service providers at treatment centres throughout Ireland collect data on each individual who attends for first treatment or returns to treatment in a calendar year.

Staff at the NHIS unit in the HRB compile anonymous, aggregated data, which are analysed and reported at national and EU levels.

The main elements of the reporting system are defined as follows:

All cases treated – describes cases who receive treatment for problem drug and/or alcohol use at each treatment centre in a calendar year, and includes:

Cases assessed only - describes cases who were assessed but who did not progress to treatment

*Previously treated cases* – describes cases who were treated previously for problem drug/alcohol use at any treatment centre and have returned to treatment in the reporting year;

New cases treated – describes cases who have never been treated for problem drug/alcohol use; and

Status unknown – describes cases whose status with respect to previous treatment for problem drug/alcohol use is not known.

<sup>\*</sup> It is very important to note that **each case refers to an episode of treatment**, not an individual. Therefore 'previously treated cases' could appear more than once in the database, in a calendar year, if for example they receive treatment at more than one centre or at the same centre more than once per year. The NDTRS also does not include those cases in continuous care i.e. cases who remained in treatment without a break from one year to the next. It also does not include those treated in psychiatric hospitals.