

# DUDIT

The DUDIT is also available as an online self-assessment tool on <http://drugs.ie/test>.

Male			Female		
How often do you use drugs other than alcohol?	Never	Once a month	2-4 times per month	2-3 times per week	4 times a week or more often
Do you use more than one type of drug on the same occasion?	Never	Once a month	2-4 times per month	2-3 times per week	4 times a week or more often
How many times do you take drugs on a typical day when you use drugs?	0	1-2	3-4	5-6	7 or more
How often are you influenced heavily by drugs?	Never	Less than once a month	Every month	Every week	Daily or almost daily
Over the last year have you felt that your longing for drugs was so strong that you couldn't resist it?	Never	Less than once a month	Every month	Every week	Daily or almost daily
Has it happened over the past year that once you started taking drugs you couldn't stop?	Never	Less than once a month	Every month	Every week	Daily or almost daily
How often over the past year have you taken drugs then neglected to something you should have done?	Never	Less than once a month	Every month	Every week	Daily or almost daily
How often over the past year have you needed to take a drug the morning after heavy drug use the day before?	Never	Less than once a month	Every month	Every week	Daily or almost daily
How often over the past year have you had guilty feelings or a bad conscience because you used drugs?	Never	Less than once a month	Every month	Every week	Daily or almost daily
Have you or anyone else ever been hurt (physically or mentally) because you used drugs?	No	Yes but not over the past year		Yes, over the past year	
Has a relative, a friend, a doctor, a nurse or anyone else been worried about your drug use or said to you that you should stop taking drugs?	Nor	Yes but not over the past year		Yes, over the past year	

## DUDIT Scoring

Questions 1 to 9 are scored on a scale of 0 to 4 while questions 10 and 11 are scored 0, 2 or 4. A positive score for males is 6 and above for females it is 2 and above. Scores of 25 and above for both sexes indicate probable drug dependence on one or more drugs.